

Angela Carlin
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Biography

Dr Angela Carlin is a Lecturer and Course Director in the School of Sport within the Faculty of Life and Health Sciences. Angela was awarded a BSc and PhD from Ulster University and is a Fellow of the Higher Education Academy. Angela's research interests include the development and evaluation of interventions to promote physical activity in children and adolescents, the determinants of physical activity across the lifecycle, and the use of technology to promote physical activity and reduce sedentary behaviour. Angela has been involved in several national and international research projects and supervises doctoral students. Angela is Principal Investigator on the Y-PATH NI project, involving the development and testing of the Youth – Physical Activity Towards Health intervention in post-primary schools in Northern Ireland. Angela's current research collaborations also include the Walking In Schools (WISH) Trial: A peer-led, school based walking intervention for adolescent girls, and EUMOVE, an Erasmus+ Project aimed at implementing a comprehensive set of strategies and resources to enable the educational community to promote healthy lifestyles. Angela recently led the all-island research working group for the 2022 Ireland North and South Report Card on Physical Activity for Children and Youth. Angela has published >30 peer-reviewed research articles and disseminated her research at national and international conferences.

Qualifications

Fellow of the Higher Education Academy
Award Date: 12 Feb 2019

PhD, Promoting physical activity in adolescence: using a mixed methods approach to deliver a peer-led school-based walking intervention in adolescent females. Ulster University.
Award Date: 15 Dec 2015

Bachelor, Human Nutrition (Hons, First Class), Ulster University
Award Date: 2 Jul 2012

Research outputs

"Including us, talking to us and creating a safe environment" - Youth Patient & Public Involvement and the Walking In Schools (WISH) Study: Lessons learned: Lessons learned

Gallagher, A. M., O'Kane, M., Doherty, L., Faulkner, M., McDermott, G., Jago, R., Lahart, I., Murphy, M. H. & Carlin, A., 6 Oct 2023, (Published online) In: Health Expectations. p. 1-14 14 p.

A peer-led walking intervention for adolescent girls (the WISH study): a cluster-randomised controlled trial

Murphy, M. H., O'Kane, M., Carlin, A., Lahart, I., Doherty, L., Jago, R., McDermott, G., Faulkner, M. & Gallagher, A. M., 22 Sept 2023, (Accepted/In press) In: The Lancet.

Implementation and evaluation of the Walking In Schools (WISH) Trial in adolescent girls: mixed-methods process evaluation of a clustered randomised control trial using RE-AIM

Carlin, A., Doherty, L., O'Kane, M., Jago, R., McDermott, G., Gallagher, A. M., Lahart, I., Faulkner, M. & Murphy, M. H., 11 Sept 2023, In: European Journal of Public Health. 33, S1, p. i113-i113

School-based interventions to promote physical activity amongst children and adolescents

Carlin, A. & Murphy, M. H., 11 Sept 2023, In: European Journal of Public Health.

The effectiveness of a peer-led school-based walking intervention on adolescent girls' physical activity: the Walking In Schools (WISH) study

Carlin, A., O'Kane, M., Doherty, L., Gallagher, A. M., Lahart, I., Jago, R., McDermott, G., Faulkner, M. & Murphy, M. H., 11 Sept 2023, In: *European Journal of Public Health*. 33, S1, S12-2.

Physical Activity in Childhood and Adolescence and Future Depressive Symptoms: An 11-Year Prospective Cohort Study
Knowles, C., Paradis, K., Breslin, G., Shannon, S. & Carlin, A., 24 Aug 2023, (Published online) In: *European Journal of Public Health*. 33, 5, p. 878-883 6 p.

Overcoming the challenges associated with accelerometer wear-time and returns: practical insights from the Walking In ScHools (WISH) Study

O'Kane, M., Carlin, A., Gallagher, A. M., Doherty, L., Lahart, I., Jago, R., McDermott, G., Faulkner, M. & Murphy, M. H., 2 Aug 2023, (Accepted/In press) In: *Journal of Sports Sciences*.

Exploring the Potential of Technology to Promote Exercise Snacking for Older Adults Who Are Pre frail in the Home Setting: User-Centered Design Study

Stawarz, K., Liang, I. J., Alexander, L., Carlin, A., Wijekoon, A. & Western, M. J., 24 May 2023, (Published online) In: *JMIR aging*. 6, e41810.

Exploring the potential of technology to promote “exercise snacking” for pre-frail older adults in the home setting: User-Centered Design Study

Stawarz, K., Carlin, A., Western, M., Liang, I. J., Alexander, L. & Wijekoon, A., 26 Feb 2023, (Accepted/In press) In: *JMIR Aging*.

Status and Trends of Physical Activity Surveillance, Policy, and Research in 164 Countries: Findings From the Global Observatory for Physical Activity—GoPAI 2015 and 2020 Surveys

Ramírez Varela, A., Hallal, P. C., Mejía Grueso, J., Pedišić, Ž., Salvo, D., Nguyen, A., Klepac, B., Bauman, A., Siefken, K., Hinckson, E., Oyeyemi, A. L., Richards, J., Salih Khidir, E. D., Inoue, S., Amagasa, S., Jauregui, A., Da Silva, M. C., Lee, I., Ding, M., Kohl, H. W., & 146 others Ekelund, U., Heath, G. W., Powell, K. E., Foster, C., Memon, A. R., Doumbia, A., Rather, A. R., Razaque, A., Diouf, A., Hino, A. A., Damasceno, A., Abebe, A. D., Florindo, A. A., Mannocci, A., Aringazina, A., Juričan, A. B., Poffet, A., Decelis, A., Carlin, A., Enescu, A., Ochoa Avilés, A. M., Kontsevaya, A., Somhegyi, A., Vuillemin, A., El Hamdouchi, A., Théodore, A. A., Masanovic, B., Lynch, B. M., Medina, C., Del Campo, C., Abdeta, C., Moreways, C., Ranasinghe, C., Howitt, C., Cameron, C., Jurakić, D., Martinez-gomez, D., Tladi, D., Diro, D. T., Adlakha, D., Mitić, D., Bjelica, D., Biernat, E., Chisati, E. M., Lambert, E. V., Cerin, E., Lee, E., Riso, E., Cañete Villalba, F., Assah, F., Lovrić, F., Araya-vargas, G. A., La Torre, G., Cruz, G. I. N., Baltaci, G., Al Sabbah, H., Nalecz, H., Nashedi, H. L., Park, H., Revuelta-sánchez, I., Nusurupia, J. J., Zamora, J. L., Kopcakova, J., Brazo-sayavera, J., Oppert, J., Nie, J., Spence, J. C., Bradley, J. S., Mota, J., Mitáš, J., Chen, J., Hylton, K. S., Fromel, K., Milton, K., Borodulin, K., Moustapha, K. A., Martinez-folgar, K., Nasreddine, L., Christiansen, L. B., Malisoux, L., Malette, L., Grepoujalao, L. C., Monteiro, L. Z., Al Subhi, L. K., Dakskobler, M., Alnaji, M., Garro, M. C., Hagströmer, M., Murphy, M. H., Mclaughlin, M., Rivera-morales, M., Scheinowitz, M., Shkodra, M., Piątkowska, M., Chaudhury, M., Alrashdi, N. Z., Mutrie, N., Murphy, N., Ahmad, N. H., Obeidat, N. A., Gómez, N. Y. R., Liangruenrom, N., Arnesto, O. D., Flores-flores, O., Incarbone, O., Chimeddamba, O., Bovet, P., Magalhães, P., Jousilahti, P., Katwongsa, P., Gómez, R. A. L., Shihab, R. A., Ocansey, R., Veress, R., Marine, R., Carrizales-ramos, R., Saeed, S. Y., El-ashker, S., Green, S., Kasoma, S., Beretervide, S., Baldew, S., Nichols, S., Khoo, S., Hosseini, S. A., Goenka, S., Gholamalishahi, S., Kosen, S., Compennolle, S., Enescu, S. P., Popovic, S., Paudel, S., Andrade, S., Titze, S., Davidson, T., Dusingizimana, T., Dorner, T. E., Kolbe-alexander, T. L., Huong, T. T., Sychareun, V., Jarevska-simovska, V., Puloka, V. K., Onywera, V., Wendelvos, W., Dionyssiotis, Y. & Pratt, M., 19 Dec 2022, (Published online) In: *Journal of Physical Activity and Health*. p. 1-17 17 p.

Irish Para Report Card on physical activity of children and adolescents with disabilities

Ng, K., Healy, S., O'Brien, W., Rodriguez, L., Murphy, M. H. & Carlin, A., 18 Nov 2022, (Published online) In: *Adapted Physical Activity Quarterly*. 40, 3, p. 504-512 9 p.

Adherence to aerobic and muscle-strengthening components of the physical activity guidelines and mental health

Shannon, S., Carlin, A., Woods, C. B., Alan, N., Murphy, N. & Murphy, M. H., 26 Oct 2022, In: *Health Promotion International*. 37, 5, p. 1-11 11 p., daac083.

Global Matrix 4.0 Physical Activity Report Card Grades for Children and Adolescents: Results and Analyses From 57 Countries

22 Oct 2022, (Published online) In: *Journal of Physical Activity and Health*. 19, 11, p. 700-728 29 p.

DE-PASS Best Evidence Statement (BEST): modifiable determinants of physical activity and sedentary behaviour in children and adolescents aged 5–19 years—a protocol for systematic review and meta-analysis

Khudair, M., Marcuzzi, A., Ng, K., Tempest, G. D., Bartoš, F., Peric, R., Maier, M., Beccia, F., Boccia, S., Brandes, M., Cardon, G., Carlin, A., Castagna, C., Chaabene, H., Chalkley, A., Ciaccioni, S., Cieślińska-Świder, J., Čingienė, V., Cortis, C., Corvino, C., & 44 others de Geus, E. J. C., Di Baldassarre, A., Di Credico, A., Drid, P., Fernández Tarazaga, R. M., Gallè, F., García Sánchez, E., Gebremariam, M., Ghinassi, B., Goudas, M., Hayes, G., Honorio, S., Izzicupo, P., Jahre, H., Jelsma, J., Juric, P., Kolovelonis, A., Kongsvold, A., Kouidi, E., Mansergh, F., Masanovic, B., Mekonnen, T., Mork, P. J., Murphy, M., O'Hara, K., Torun, A. O., Palumbo, F., Popovic, S., Prieske, O., Puharic, Z., Ribeiro, J. C., Rumbold, P. L. S., Sandu, P., Sorić, M., Stavnsbo, M., Sympas, I., van der Ploeg, H. P., Van Hoya, A., Vilela, S., Woods, C., Wunsch, K., Caprinica, L., MacDonncha, C. & Ling, F. C. M., 20 Sept 2022, (Published online) In: *BMJ Open*. 12, 9, e059202.

S06-1 Putting young people at the heart of physical activity research design: The Walking In Schools (WISH) Study

Murphy, M. H., Gallagher, A. M., Carlin, A., O'Kane, S. M., Doherty, L. C., Lahart, I. M., Jago, R. & Faulkner, M., 29 Aug 2022, In: *European Journal of Public Health*. 32, Supplement_2, 1 p.

S06-5 The Walking In Schools (WISH) study: Development and evaluation of a peer-led school-based walking intervention in adolescent girls from pilot to fully-powered trial

Murphy, M. H., Gallagher, A. M., Carlin, A., O'Kane, S. M., Doherty, L. C., McDermott, G., Lahart, I. M., Jago, R. & Faulkner, M., 29 Aug 2022, In: *European Journal of Public Health*. 32, Supplement_2, p. 1

S06 Engaging peers, parents and pupils to increase physical activity among adolescents

O'Kane, M., Murphy, M. H., Carlin, A. & Gallagher, A., 29 Aug 2022, In: *European Journal of Public Health*. 32, Supplement_2, 1 p.

The 2022 Ireland North and South Report Card on Physical Activity for Children and Adolescents

Carlin, A. & Murphy, M. H., 25 Aug 2022

"When You Move You Have Fun": Perceived Barriers, and Facilitators of Physical Activity From a Child's Perspective

Nally, S., Ridgers, N. D., Gallagher, A. M., Murphy, M. H., Salmon, J. & Carlin, A., 7 Mar 2022, (Published online) In: *Frontiers in Sports and Active Living*. 4, 15 p., 789259.

Changes in physical activity, sleep, mental health and social media use during COVID-19 lockdown among adolescent girls: a mixed methods study.

O'Kane, M., Lahart, I., Gallagher, A. M., Carlin, A., Faulkner, M., Jago, R. & Murphy, M. H., 30 Jun 2021, In: *Journal of Physical Activity and Health*. 18, 6, p. 677-685 9 p.

The Effectiveness of School-Based Interventions on Obesity-Related Behaviours in Primary School Children: A Systematic Review and Meta-Analysis of Randomised Controlled Trials

Nally, S., Carlin, A., Blackburn, N., Baird, J., Salmon, J., Murphy, M. H. & Gallagher, A. M., 8 Jun 2021, In: *Children*. 8, 6, 21 p., 489.

Development and Feasibility of a Family-Based Health Behavior Intervention Using Intelligent Personal Assistants: Randomized Controlled Trial

Carlin, A., Logue, C., Flynn, J., Murphy, M. H. & Gallagher, A. M., 28 Jan 2021, In: *JMIR Formative Research*. 5, 1, p. 1-14 14 p., e17501.

Global Observatory for Physical Activity Northern Ireland Country Card

Carlin, A. & Murphy, M. H., 27 Jan 2021

Physical Activity, Sport and Physical Education in Northern Ireland School Children: A Cross-Sectional Study

Connolly, S., Carlin, A., Johnston, A., Woods, C., Powell, C., Belton, S., O'Brien, W., Saunders, J., Farmer, O., Duff, C. & Murphy, M. H., 19 Sept 2020, In: *International Journal of Environmental Research and Public Health*. 17, 18, 17 p., 6849.

The Walking In Schools (WISH) Study: A clustered randomised controlled trial (c-RCT) to evaluate the effectiveness of a peer-led school-based walking intervention in adolescent females

O'Kane, M., Carlin, A., Gallagher, A. M., Lahart, I., Jago, R., Faulkner, M. & Murphy, M. H., 29 Aug 2020.

Get A Move On: Using intelligent personal systems to promote behaviour change within the home setting – A process evaluation

Logue, C., Murphy, M. H., Gallagher, A. M. & Carlin, A., 10 Jun 2020, (Published online).

A study protocol for a clustered randomised controlled trial to evaluate the effectiveness of a peer-led school-based walking intervention on adolescent girls' physical activity: The Walking in Schools (WISH) study

O'Kane, M., Carlin, A., Gallagher, A. M., Jago, R., Lahart, I., Faulkner, M. & Murphy, M. H., 21 Apr 2020, In: BMC Public Health. 20, 1, p. 1-12 12 p., 541.

Associations of self-reported physical activity and anxiety symptoms and status among 7,874 Irish adults across harmonised datasets: a DEDIPAC-study

Mc Dowell, C., Carlin, A., Capranica, L., Dillon, C., Harrington, J., Lakerveld, J., Loyen, A., Chun Man Ling, F., Brug, J., Mac Donncha, C. & Herring, M., 20 Mar 2020, In: BMC Public Health. 20, 1, 365.

Peer social network processes and adolescent health behaviors: A systematic review

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Physical activity: concepts, assessment methods and public health considerations

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The Effects of Continuous Compared to Accumulated Exercise on Health: A Meta-Analytic Review

Murphy, M. H., Carlin, A., Lahart, I. & Murtagh, E., 31 Oct 2019, In: Sports Medicine. 49, 10, p. 1585-1607 23 p.

A loyalty scheme to encourage physical activity in office workers: a cluster RCT

Hunter, R., Gough, A., Murray, J., Tang, J., Brennan, S., Chrzanowski-Smith, O., Carlin, A., Patterson, C., Longo, A., Hutchinson, W. G., Prior, L., Tully, M., French, D., Adams, J., McIntosh, E., Xin, Y. & Kee, F., 3 Sept 2019, In: Public Health Research. 7, 15, p. 1-144 144 p.

Using the School Environment to Promote Walking amongst Adolescent Females: A Mixed-Method Study

Carlin, A., Murphy, M. H. & Gallagher, A., 23 Mar 2019, In: Children. 6, 3

Biological determinants of physical activity across the life course: A “determinants of diet and physical activity” (dedipac) umbrella systematic literature review

Aleksovska, K., Puggina, A., Giraldi, L., Buck, C., Burns, C., Cardon, G., Carlin, A., Chantal, S., Ciarapica, D., Colotto, M., Condello, G., Coppinger, T., Cortis, C., D'haese, S., Craemer, M. D., Blasio, A. D., Hansen, S., Iacoviello, L., Issartel, J., Izzicupo, P., & 19 others Jaeschke, L., Kanning, M., Kennedy, A., Ling, F., Luzak, A., Napolitano, G., Nazare, J. A., Perchoux, C., Pischon, T., Polito, A., Sannella, A., Schulz, H., Sohun, R., Steinbrecher, A., Schlicht, W., Ricciardi, W., Macdonncha, C., Capranica, L. & Boccia, S., 8 Jan 2019, In: Sports Medicine - Open. 5, 1, 2.

Active Students Are Healthier and Happier Than Their Inactive Peers: The Results of a Large Representative Cross-Sectional Study of University Students in Ireland

Murphy, M. H., Carlin, A., Woods, C., Nevill, A., MacDonncha, C., Ferguson, K. & Murphy, N., 1 Oct 2018, In: Journal of Physical Activity and Health. 15, 10, p. 737-746 10 p.

Associations of self-reported physical activity and depression in 10,000 Irish adults across harmonised datasets: a DEDIPAC-study

Mc Dowell, C., Carlin, A., Capranica, L., Dillon, C., Harrington, J., Lakerveld, J., Loyen, A., Ling, F. C. M., Brug, J., MacDonncha, C. & Herring, M., 1 Jul 2018, In: BMC Public Health. 18, p. 1-8 8 p., 779 (2018).

Socio-economic determinants of physical activity across the life course: a "determinants of diet and physical activity" (DEDIPAC) umbrella literature review

O'Donoghue, G., Kennedy, A., Puggina, A., Aleksovska, K., Buck, C., Burns, C., Cardon, G., Carlin, A., Ciarapica, D., Colotto, M., Condello, G., Coppinger, T., Cortis, C., D'Haese, S., De Craemer, M., Di Blasio, A., Hansen, S., Iacoviello, L., Issartel, J. & Izzicupo, P., 19 Jan 2018, PLoS.

Effects of a peer-led Walking In Schools intervention (the WISH study) on physical activity levels of adolescent girls

Carlin, A., Murphy, M., Nevill, A. & Gallagher, A., 11 Jan 2018, (Published online) In: *Trials*. 19:31

A life course examination of the physical environmental determinants of physical activity behaviour: A "Determinants of Diet and Physical Activity" (DEDIPAC) umbrella systematic literature review

Carlin, A., Perchoux, C., Puggina, A., Aleksovska, K., Buck, C., Burns, C., Cardon, G., Chantal, S., Ciarapica, D., Condello, G., Coppinger, T., Cortis, C., D'Haese, S., Marieke, D. C., Di Blasio, A., Hansen, S., Iacoviello, L., Issartel, J., Izzicupo, P., Jaeschke, L., & 18 others Chun Man Ling, F., Kanning, M., Kennedy, A., Lakerveld, J., Luzak, A., Napolitano, G., Nazare, J.-A., Pischon, T., Polito, A., Sannella, A., Schulz, H., Sohun, R., Steinbrecher, A., Schlicht, W., Walter, R., MacDonncha, C., Capranica, L. & Boccia, S., 7 Aug 2017, (Published online) In: *PLoS ONE*. 12, 8, p. 1-26 26 p., e0182083.

Behavioral determinants of physical activity across the life course: a "determinants of diet and physical activity" (DEDIPAC) umbrella systematic literature review

Condello, G., Puggina, A., Aleksovska, K., Buck, C., Burns, C., Cardon, G., Carlin, A., Simon, C., Ciarapica, D., Coppinger, T., Cortis, C., D'Haese, S., De Craemer, M., Di Blasio, A., Hansen, S., Iacoviello, L., Issartel, J., Izzicupo, P., Jaeschke, L. & Kanning, M., 2017, *BioMed Central*.

Identifying and sharing data for secondary data analysis of physical activity, sedentary behaviour and their determinants across the life course in Europe: general principles and an example from DEDIPAC

Lakerveld, J., Loyen, A., Chun Man Ling, F., De Craemer, M., van der Ploeg, H. P., O'Gorman, D. J., Carlin, A., Capranica, L., Kalter, J., Oppert, J.-M., Chastin, S., Cardon, G., Brug, J. & MacDonncha, C., 2017, *BMJ Publishing Group*.

Policy determinants of physical activity across the life course: a 'DEDIPAC' umbrella systematic literature review

Puggina, A., Aleksovska, K., Buck, C., Burns, C., Cardon, G., Carlin, A., Chantal, S., Ciarapica, D., Condello, G., Coppinger, T., Cortis, C., D'Haese, S., De Craemer, M., Di Blasio, A., Hansen, S., Iacoviello, L., Issartel, J., Izzicupo, P., Jaeschke, L. & Kanning, M., 2017, *Oxford University Press*.

Psychological determinants of physical activity across the life course: A "Determinants of Diet and Physical Activity" (DEDIPAC) umbrella systematic literature review

Cortis, C., Puggina, A., Pesce, C., Aleksovska, K., Buck, C., Burns, C., Cardon, G., Carlin, A., Simon, C., Ciarapica, D., Condello, G., Coppinger, T., D'Haese, S., De Craemer, M., Di Blasio, A., Hansen, S., Iacoviello, L., Issartel, J., Izzicupo, P. & Jaeschke, L., 2017, *PLoS*.

Socio-cultural determinants of physical activity across the life course: a 'determinants of diet and physical activity' (DEDIPAC) umbrella systematic literature review

Jaeschke, L., Steinbrecher, A., Luzak, A., Puggina, A., Aleksovska, K., Buck, C., Burns, C., Cardon, G., Carlin, A., Chantal, S., Ciarapica, D., Condello, G., Coppinger, T., Cortis, C., De Craemer, M., D'Haese, S., Di Blasio, A., Hansen, S., Iacoviello, L. & Issartel, J., 2017, *BioMed Central*.

Results From Ireland North and South's 2016 Report Card on Physical Activity for Children and Youth

Harrington, D., Murphy, M. H., Carlin, A., Coppinger, T., Donnelly, A., Dowd, K., Keating, T., Murphy, N., Murtagh, E., O'Brien, W., Woods, C. & Belton, S., 16 Nov 2016, In: *Journal of Physical Activity and Health*. 13, S2, p. s183-s188

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Current influences and approaches to promote future physical activity in 11–13 year olds: a focus group study
Carlin, A., Murphy, M. & Gallagher, A., 21 Dec 2015, In: BMC Public Health. 15, p. 1270

Do Interventions to Increase Walking Work? A Systematic Review of Interventions in Children and Adolescents
Carlin, A., Murphy, M. & Gallagher, A., 1 Dec 2015, In: Sports Medicine. 46, 4, p. 515-530

The WISH study: The effect of peer-led Walking In ScHools on school-time physical activity
Carlin, A., Murphy, M. H. & Gallagher, A. M., 11 Sept 2015, (Published online).

Exploring the attitudes of 11–14 year olds to physical activity: a focus group study
Carlin, A., Murphy, M. H. & Gallagher, A. M., 24 Sept 2014, (Published online).

Activities

Results from the 2022 Ireland North and South Report Card on Physical Activity for Children and Adolescents
Angela Carlin (Contributor) & Lauren Rodriguez (Speaker)
22 Jun 2023

"Including us, talking to us and creating a safe environment"- Youth Public and Patient Involvement (PPI) in the Walking In ScHools (WISH) Study
Angela Carlin (Speaker) & Marie Murphy (Speaker)
17 Jun 2023

Results from the Ireland North and South Report Card on Physical Activity for Children and Adolescents
Angela Carlin (Speaker)
15 Jun 2023

Physical activity research in schools: How can we influence change?
Angela Carlin (Organiser) & Maria O'Kane (Organiser)
12 May 2023

Physical activity research in schools: How can we influence change?
Angela Carlin (Speaker)
12 May 2023

The Walking In ScHools (WISH) study online dissemination event
Angela Carlin (Speaker) & Maria O'Kane (Speaker)
25 Apr 2023

Population strategies, activity guidelines and surveillance
Angela Carlin (Speaker)
19 Jan 2023

Demographic trends and participatory patterns in children's physical activity
Angela Carlin (Speaker)
6 Oct 2022

COVID -19 Moving On: Physical Activity and Sedentary Behaviour in our new normal
Angela Carlin (Organiser)
14 Oct 2020

Get A Move On study dissemination event
Angela Carlin (Organiser & Speaker)
4 Oct 2019

Using intelligent personal systems to promote behaviour change within the home setting: A process evaluation

Angela Carlin (Speaker)

29 Aug 2019

The effects of continuous compared to accumulated exercise on health: a meta-analytic review

Angela Carlin (Speaker)

7 Jun 2019

Using intelligent personal systems to promote behaviour change within the home setting

Angela Carlin (Speaker)

6 Jun 2019

Prizes

Best Overall Student Oral Communication

Carlin, Angela (Recipient), 20 Jun 2014

Best Student Poster Presentation

Carlin, Angela (Recipient), 6 Jun 2015

Press/Media

5 ways to get more women playing sport

Angela Carlin

9/09/19

1 Media contribution

Children and teens not getting recommended levels of physical activity — study

Angela Carlin

26/08/22

1 item of Media coverage

Exploring the effect of an intervention on families using an intelligent personal system to deliver behaviour change techniques, compared to non-technology based delivery

Angela Carlin

7/06/19

1 Media contribution

How to get healthier with Alexa

Angela Carlin

28/06/19

1 Media contribution

Report finds less than fifth of young people with disabilities getting recommended exercise

Angela Carlin

26/08/22

1 Media contribution

The challenge of encouraging more teenage girls to be physically active

Angela Carlin

7/06/19

1 Media contribution

Under 20% of children with disabilities getting daily exercise

Angela Carlin

26/08/22

1 item of Media coverage

Awards

The role of intelligent personal systems within the home environment for promoting and maintaining physical activity and other health-related behaviours

Murphy, M., Carlin, A., Logue, C. & Gallagher, A.

1/09/18 → 31/05/20

Student theses