



A review of energy optimization modelling tools for the decarbonisation of wastewater treatment plants

Nakkasunchi, S., Hewitt, N., Zoppi, C., & Brandoni, C. (2021). A review of energy optimization modelling tools for the decarbonisation of wastewater treatment plants. *Journal of Cleaner Production*, 279, 1-20. Article 123811. <https://doi.org/10.1016/j.jclepro.2020.123811>

[Link to publication record in Ulster University Research Portal](#)

Published in:

Journal of Cleaner Production

Publication Status:

Published (in print/issue): 10/01/2021

DOI:

[10.1016/j.jclepro.2020.123811](https://doi.org/10.1016/j.jclepro.2020.123811)

Document Version

Author Accepted version

General rights

The copyright and moral rights to the output are retained by the output author(s), unless otherwise stated by the document licence.

Unless otherwise stated, users are permitted to download a copy of the output for personal study or non-commercial research and are permitted to freely distribute the URL of the output. They are not permitted to alter, reproduce, distribute or make any commercial use of the output without obtaining the permission of the author(s).

If the document is licenced under Creative Commons, the rights of users of the documents can be found at <https://creativecommons.org/share-your-work/licenses/>.

Take down policy

The Research Portal is Ulster University's institutional repository that provides access to Ulster's research outputs. Every effort has been made to ensure that content in the Research Portal does not infringe any person's rights, or applicable UK laws. If you discover content in the Research Portal that you believe breaches copyright or violates any law, please contact pure-support@ulster.ac.uk

A review of energy optimization modelling tools for the decarbonisation of wastewater treatment plants

Shalini Nakkasunchi^{*a}, Neil J Hewitt^a, Claudia Zoppi^b and Caterina Brandoni^a

*Corresponding author: Nakkasunchi-S@ulster.ac.uk

^a Centre for Sustainable Technologies, Belfast School of Architecture and the Built Environment, Faculty of Computing, Engineering and the Built Environment, University of Ulster, Newtownabbey, County Antrim BT37 0QB, United Kingdom.

^b Aset Spa, Wastewater utility, Via Enrico Mattei 17, Fano PS 61032, Italy.

Abstract

Wastewater treatment plants strongly contribute to the Greenhouse Gas emissions of the water industry and are responsible for the 3% of the global energy demand. This proportion of energy is expected to double in the coming decade. It is therefore important to correctly investigate the optimal use of energy in wastewater treatment facilities that can reduce their Greenhouse Gas emissions. A review was developed on modelling tools that can be used for the analysis of the water-energy nexus in wastewater facilities, from over 200 research articles collected from different scientific resources published in the last 15 years. The aim was to analyse the state of art of existing tools to provide an aid for researchers and professionals to identify the most suitable tool to investigate decarbonisation strategies for wastewater facilities. Studies were grouped on the basis of the main intervention analysed: i) reduction of energy demand, ii) energy production from wastewater and iii) integration of the available renewable sources on-site (e.g. PV, hydro). The work developed also provides an overview of the most applicable decarbonisation strategies and their potential to reduce the CO₂ emissions of wastewater facilities. Results show that identifying the best tool strongly depends on the main aim of the intervention. Existing tools, in fact, can help to analyse separately either technologies to reduce the energy demand or the integration of the most common renewable sources from both wastewater (i.e. biogas and heat recover) and renewable sources exploitable on site. However, the full decarbonisation of wastewater facilities can only happen by integrating different energy savings and renewables solutions. There is, therefore, the need for a comprehensive energy-water optimization tool able to understand how key water parameters influence the energy demand and to identify, on a single platform, the best energy saving solutions and the benefits coming from integrating different renewable sources. Such platform could help in enhancing

32 the benefits of combined solutions, helping to maximise the reuse of the renewable energy
33 produced onsite and any opportunity of energy savings.

34 **Keywords**

35 Modelling tools, Wastewater treatment, Energy optimization, Energy recovery, Renewable
36 energy.

37 **Highlights**

- 38 • Wastewater treatment plants account for 56% greenhouse gas emissions of the water
39 industry.
- 40 • An overview of potential energy decarbonisation strategies is presented.
- 41 • Analysis of energy optimisation tools for wastewater treatment plants is developed.
- 42 • Modelling tools for assessing either the energy benchmarking or renewables are
43 available
- 44 • Need to integrate energy benchmarking, resource recovery and renewables in a single
45 platform.

46 **Abbreviations**

AA	Aerobic and Anoxic
AC	Alternative current
A ² O	Anoxic-Anaerobic-Oxic
AAS	Altering activated sludge process
AD	Anaerobic digester
A _T	Alkalinity
AFF	Artificial neural network
AFR	Average flow rate
A/O	Anaerobic/Oxic
ASPs	Activated sludge process
BNR	Biological nitrogen removal

BOD	Bio-chemical oxygen demand
CHP	Combined heat and power
CLEW	Climate, Land-use, Energy and Water
COD	Chemical oxygen demand
DC	Direct current
DO	Dissolved oxygen
DS	Dry solid content
DYNO	Dynamic optimization solver
EB	Energy benchmarking
EC	Electro-coagulation
ED	Energy demand
EED	Electrical energy demand
EO	Electro-oxidation
EOS	Energy Online System
ER	Energy recovery
EQ	Effluent quality
FL	Fuzzy logic
FOG	Fat, oil and grease
FR	Flow rate
GA	Genetic algorithm
GAMS	General Algebraic Modelling Software
GHGs	Greenhouse gases
HP	Heat pump
HRT	Hydraulic retention time

IRENA	International Renewable Agency
KPIs	Key performance indicators
LBE-INRA	Inra-Lbe Laboratorie De Biotechnologie De L'environnement
LIST	Luxembourg Institute of Science and Technology
MBR	Membrane bioreactor
MC	Moisture content
mgd/MGD	Million gallons per day
MFC	Microbial fuel cell
MHP	Micro-hydropower
MLE	Modified Ludzack-Ettinger
MR	Maximizing revenue
MTC	Minimization of total cost of the system
MuSIASEM	Multi-scale Integrated Analysis of Societal and Ecosystem Metabolism
NexSym	Nexus Simulation System
N	Nitrogen
N ₂ O	Nitrous oxide
NH ₃	Ammonia concentration
NH ₃ -N	Ammonical nitrogen content
NO ₂ ⁻	Nitrite concentration
NO ₃ ⁻	Nitrate concentration
NPV	Net present value
NR	Nutrient recovery
OL	Organic load
PE	People equivalent

PNS	Process Network Synthesis
PRIMA	Platform for Regional Integrated Modelling and Analysis
PV	Photovoltaic
R ₁	Reduce
R ₂	Recover
R ₃	Renewables
RE	Renewable energy
RF	Rainfall/precipitation
SCMFC	Single cell microbial fuel cell
SHC	Specific heat capacity
SHP	Small hydropower
SMBR	Single membrane bioreactor
SMC	Sludge moisture content
SPSS	Statistical Package for Social Sciences
SRR	Sludge recycling rate
SRT	Solid retention time
SS	Suspended solids
SS-AD	Solid state anaerobic digester
SSTP	Sewage sludge treatment process
SWW	Solid waste and wastewater management system
TED	Thermal energy demand
TF	Trickling filter
TIAM-FR	TIMES Integrated Assessment Model
TIMES	The Integrated MARKAL-EFOM System

TN	Total nitrogen
TOC	Total organic carbon
TP	Total phosphorous
TS	Total solids
TSS	Total suspended solids
UAMFC	Up-flow anaerobic microbial fuel cell
UASB	Up-flow anaerobic sludge blanket
USEPA	United States Environmental Protection Agency
UV	Ultraviolet
VFA	Volatile fatty acids
VS	Volatile solids
VSS	Volatile suspended solids
W	Watt
WC	Water content
WEF	Water-Energy-Food
WEFO	Water-Energy-Food Security Nexus Optimization
WR	Water resources
WRRF	Water Resource Recovery Facilities
WW	Wastewater
WSHP	Water source heat pump
WWSHP	Wastewater source heat pump
WWT	Wastewater treatment
WWTPs	Wastewater treatment plants
Y	Year

47 **Symbols**

48	%	Percentage
	H	Efficiency
	✓	Applicable
	X	Not applicable

48

49 **1. Introduction**

50 Wastewater treatment plants (WWTPs) account for about 56% of the greenhouse gas (GHG)
51 emissions among the water industry (Ainger et al., 2009). Concentration of the GHGs above
52 the permissible limit in the environment can lead to global warming, formation of smog and
53 haze, acid rains, acidification of oceans and photochemical oxidation (USEPA, 2013).
54 Numerous onsite processes like degradation of biosolids by aerobic treatment process,
55 dewatering and degradation of sludge are the direct contributors of GHGs into the environment
56 (Sweetapple et al., 2013). However, direct GHG emissions from WWTPs are not accounted
57 under the carbon footprint calculations due to their biogenic origin (Griffiths-Sattenspiel and
58 Wilson, 2009). The present paper will focus on indirect GHG emissions coming from the
59 energy consumption (mainly electricity) of WWTPs, which is recognised as the major source
60 of their GHG emissions (Hao et al., 2015). Globally, about 3-5% of the electricity is used by
61 WWTPs (McCarty et al., 2011). Considering the 2019 electricity global demand and a CO₂
62 emission factor for electricity of 475 gCO₂/kWh (EPA, 2019), it means 350 million ton of CO₂
63 per year, that it is almost the CO₂ emission of the entire UK. The 20% of this value comes from
64 the energy used for fully treated wastewater (WW) and the 80% from partially treated WW.
65 Today over 80% of the WW produced is directly discharged into the environment without
66 proper treatment (UNESCO, 2017), creating major problem on the environment and people
67 health. The problem will need to be addressed and as a result, energy analysts expect that the
68 energy demand for WW treatment plants will double by 2050 (World Energy Outlook, 2019).
69 Looking at existing review papers on the use of energy in wastewater facilities (water-energy
70 nexus), authors have either discussed and reviewed energy benchmarking data (Longo et al.,
71 2016) to provide target parameters to understand how energy is used in the facility or have
72 discussed and compare different decarbonisation strategies. For examples, Gu et al. (2017)

73 have looked in details at energy recovery technologies like anaerobic digesters (AD), microbial
74 fuel cells (MFC), algal biofuels and heat pumps. Larsen (2015) has discussed the opportunities
75 coming from thermal energy recovery from household and sewer WW, and the optimization of
76 aerobic treatment process and nutrient recovery. Bastone and Viridis (2014) reviewed the
77 economic feasibility of low energy intensive nutrient recovery processes, like annamox and
78 chemical precipitation and energy recovery process, like AD. Gude (2015) reviewed different
79 energy recovery technologies such as chemical (AD, MFC, algal biofuels and microbial
80 desalination cell), thermal (heat pump) and hydraulic (hydropower) to understand how to
81 transform energy intensive WWTPs into energy positive facilities. Mo and Zhang (2013)
82 reviewed the water reuse opportunities and nutrient recovery technologies to reduce the energy
83 consumption and management cost of wastewater facilities. Venkatesh et al (2014) examined
84 the key factors influencing the carbon emissions of the water industry (including collection and
85 treatment of WW) by analysing four case studies belonging to four different cities.

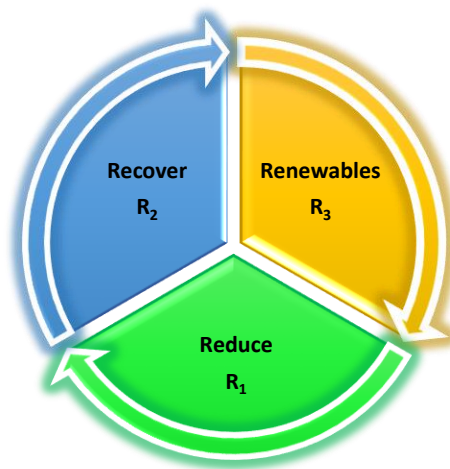
86 The analysis of existing studies shows that researchers have analysed and reviewed either a
87 single or a combination of decarbonisation strategies, but none of them have looked at the
88 modelling tools that can be used for the analysis. The present paper fills the gap with the aim
89 to guide researchers and professionals to identify the best tools to assess the optimal use of
90 energy in WW facilities. Furthermore, the study of the tools used in literature has provided the
91 opportunity to critical analyse the most common decarbonisation strategies and compare their
92 potential to reduce the CO₂ emissions.

93 Selection of resources and screening of the data for developing this review is detailed in Section
94 2. Section 3, 4 and 5 give an overview of the modelling tools and low carbon strategies aimed
95 at, respectively, reducing the energy demand, recover energy from wastewater and integrate
96 renewable sources onsite. Section 6 compares the different models and show the potential to
97 reduce the CO₂ emissions from different decarbonisation strategies. Finally, section 7 provides
98 the conclusive remarks.

99 **2. Methodological approach**

100 Methodological workflow adopted in developing this review is given in Figure 2. In order to
101 review the modelling tools and strategies to reduce the energy demand for WWTP
102 decarbonisation, resources were rigorously searched from Scopus. The terminology used in
103 finding the relevant resources are ‘water energy nexus’, ‘wastewater energy consumption’,

104 'low carbon wastewater treatment', 'wastewater energy optimization', 'energy from
105 wastewater', 'renewables for wastewater' and 'sustainable wastewater treatment. Other
106 resources like Government and Environmental Agency reports, technical guides and reports
107 on/by WWTPs were also collected for understanding how energy is used in different processes.
108 Overall, 220 resources were gathered for this study. Further to this, looking at the selected
109 literature we have identified the modelling tools used for the analysis. The result is 43 resources
110 that will be discussed in the following sections. Based on the main aim of the decarbonisation
111 strategy analysed we have grouped the studies into three categories i.e., Reduce, Recover and
112 Renewables (3R's) (Figure 1).



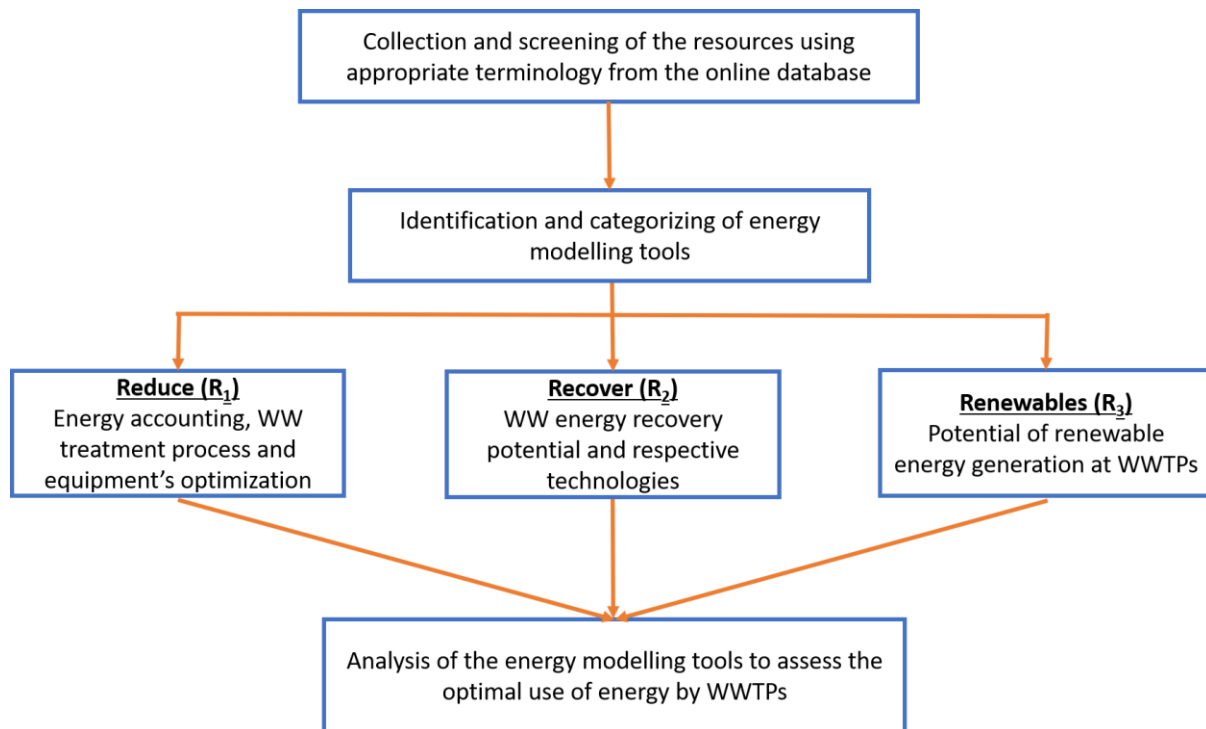
113

114 **Figure 1:** Categories used to group the studies analysed.

115

116 The category "Reduce (R₁)" looks at tools to reduce the energy demand of processes and
117 devices, such as replacing pumps and air blowers. Although being waste, WW is a source of
118 energy estimated to be 9-10 higher than the energy used for WW treatments (Shizas and
119 Bagley, 2004). Modelling aimed at optimising the energy recovery potential and the respective
120 technologies are categorised as "Recover (R₂)". WWTPs have also a good opportunity of
121 generating their own energy by exploiting local available renewable energy resources like
122 solar, hydro and wind. Such tools are categorised as "Renewables (R₃)".

123

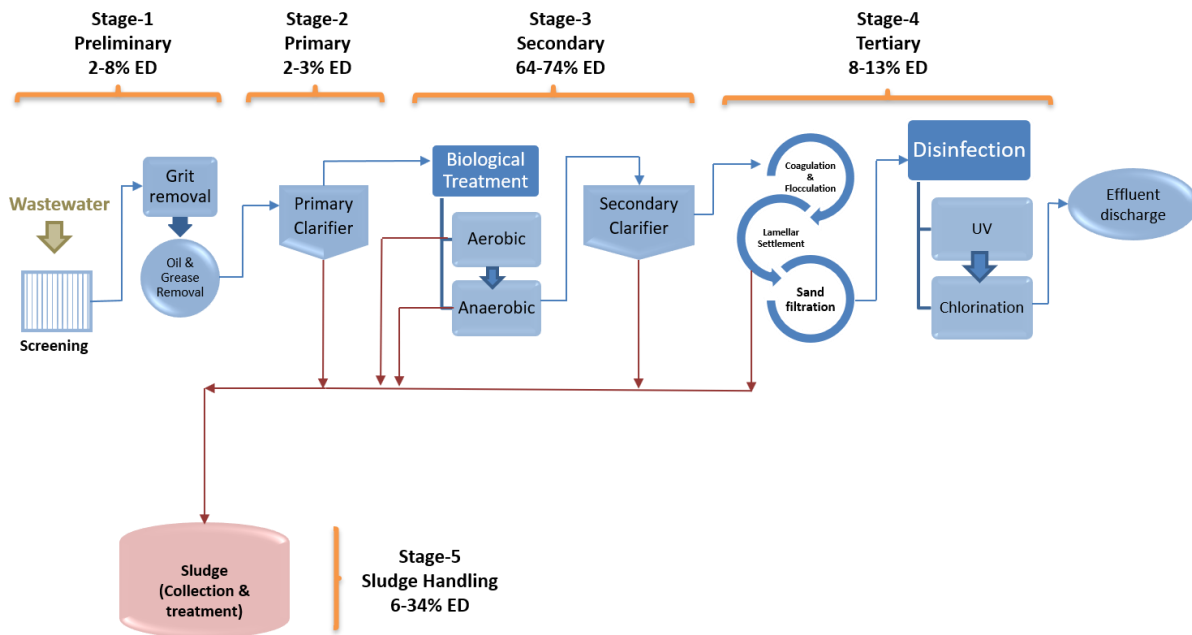


124

125 **Figure 2: Methodological approach adopted**

126 **3. An overview of wastewater treatment and its energy consumption**

127 The main purpose of WWTPs is to protect the public health and the environment and, when
 128 possible, reduce the water scarcity through the water reuse (Massoud, Taehini and Nasr, 2008).
 129 Treatment of WW occurs in 5 stages at WWTPs such as preliminary, primary, secondary,
 130 tertiary and sludge treatment. An overview of the WW treatment stages and its energy demand
 131 (kWh/m³) is given in Figure 3.



132

133 **Figure 3: Wastewater treatment stages and its energy demand (ED)(Longo et al., 2016)**

134

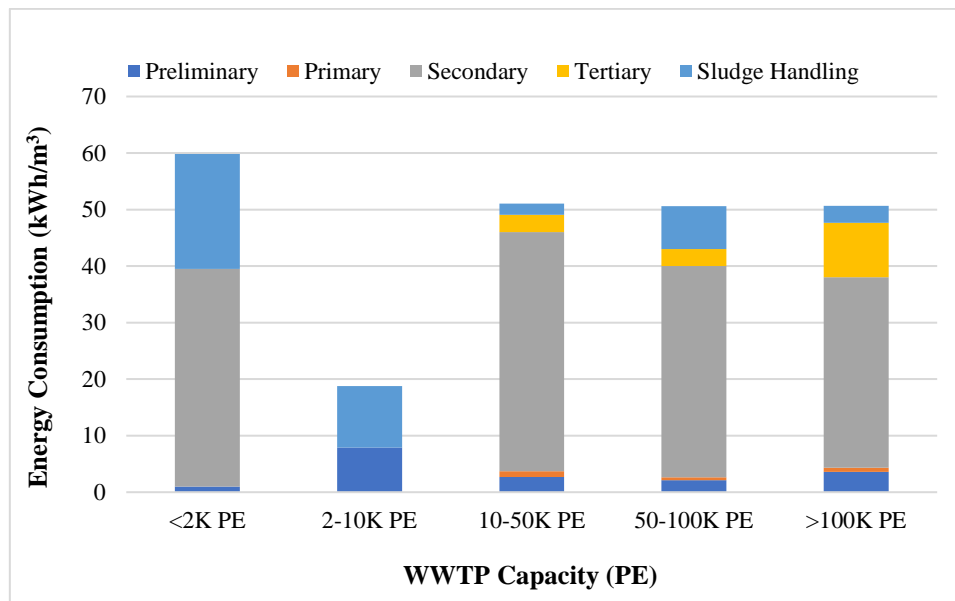
135 WW collected from the source primarily undergoes preliminary treatment, where WW is
 136 screened for the removal of the coarse and floatable solids like paper, plastics, rags, rubber,
 137 metals, fruit and vegetable waste. Following this, WW is transferred to grit removal chamber
 138 for the removal of gravel, sand and cinder to avoid any clogging in the pipelines and pumps
 139 (EPA Fact Sheet, 2013). Energy demand of the preliminary treatment ranges between 0.009-
 140 0.018 kWh/m³, which represents 2-8% of the total energy demand of the WW treatment process
 141 (Longo et al., 2016). Effluent from the preliminary treatment is then transferred to the primary
 142 clarifier/sedimentation tank, where suspended solids are separated by gravity in a circular tank
 143 with a mechanical scrapper for the removal of scum. Solids settled in this process are called
 144 primary sludge, which are collected in the hopper and sent for further treatment. About 50-70%
 145 of total suspended solids (TSS) and 25-40% of the biochemical oxygen demand (BOD) are
 146 removed by this process. Efficiency of this process can further be increased by addition of the
 147 coagulants prior to the sedimentation process (Metcalf and Eddy, 2014). This stage of WW
 148 treatment demands for 2-3% of the energy demand of the treatment (Longo et al., 2016).
 149 Following this, a secondary/biological WW treatment is applied for the removal of dissolved
 150 organic solids. Where, the aerobic or anaerobic bacteria degrades dissolved organic solids in
 151 WW. Aerobic WW treatment processes include activated sludge process, high-rated oxidation
 152 pond, oxidation ditch, carrousel, tapered aeration, step-aeration, contact stabilization, aeration

153 pond, rotating biological contactors and trickling filters. Of these, activated sludge, trickling
154 filters and aeration ponds are the most commonly used processes. The most used anaerobic
155 treatment processes include up-flow anaerobic sludge blanket (UASB) and fluidized bed
156 bioreactor (Boari, Mancini and Trulli, 1997). Membrane bioreactor is an efficient biological
157 treatment process that can be operated in aerobic and anaerobic conditions (Yeh and Perito,
158 2011). Biological techniques such as anaerobic-oxic (A/O), anaerobic-anoxic-oxic (A²O),
159 Bardenpho, Ludzack-Ettinger and modified Ludzack-Ettinger (MLE) are few of the biological
160 nutrient removal techniques followed by the WWTPs (ENERWATER, 2018). Effluent from
161 the secondary treatment is then transferred to the secondary clarifier/sedimentation tank, where
162 microbes settled are partially recirculated to the biological treatment tank and rest is removed
163 as secondary sludge (Nathanson and Ambulkar, 2019). Biological WW treatment with
164 secondary clarification process forms third stage of the WW treatment. The efficiency of this
165 stage ranges within 0.15-0.77 kWh/m³ based on the applied treatment technique (Longo et al.,
166 2016). Effluent from secondary clarifier is then transferred to the tertiary treatment tank for
167 the nutrient removal and disinfection. Chemical precipitation, adsorption, chemical oxidation,
168 phostrip (Boari, Mancini and Trulli, 1997) and filtration are some of the physio-chemical
169 nutrient techniques. Chlorination and UV disinfection techniques are the most used disinfection
170 process. Ozonation is also a disinfection technique followed by some WWTPs (Longo et al.,
171 2016). The type of the tertiary treatment applied varies with the level of nutrients and pathogen
172 in the secondary effluent and the regulations of the respective geographic location. The energy
173 demand of the tertiary treatment processes accounts for about 8-13% (Longo et al., 2016).
174 Finally, the sludge generated during different stages of WW treatment is collectively treated
175 i.e., stabilized (aerobic or anaerobic), dewatered (mechanical or thermal) and disposed (land or
176 water) (Hall, 1999) at an energy demand of 0.012-0.27 kWh/m³ (Longo et al., 2016).

177 **4. Energy reduction tools and strategies (R₁)**

178 The energy demand of WWTPs varies from one plant to the other. Energy demand of the
179 WWTP with nutrient recovery facility ranges between 0.5-2.0 kWh/m³, whereas for plants
180 without nutrient removal facilities is lower than 0.5 kWh/m³ (Gude, 2015). From the energy
181 data represented in Figure 4 (gathered from different literature), medium to large scale WWTPs
182 are more likely to have nutrient recovery facilities. It is also shown that the energy demand of
183 WWTPs increases with the increase in the level of the WW treatment (i.e., number of WW
184 treatment stages). It is also evident from Figure 4 that the energy intensity per cubic meter of

185 WW treated decreases with increase in the size of the WWTP, mainly due to the effects of
 186 economies of scale (PIER/EPRI, 2002).



187

188 **Figure 4:** Average energy consumption of the WWTPs based on plants capacity and level of
 189 treatment (Longo et al., 2016)

190 One of the initial steps in assessing the energy demand of WWTPs and its carbon emissions is
 191 by energy auditing. Energy auditing helps in identifying the significant energy consumers
 192 (processes and equipment) of the WWTPs (Daw et al., 2012). According to some studies in
 193 literature, old or aging equipment is reported as inefficient, cost and energy intensive. Regular
 194 evaluation of equipment (electro-mechanic devices) condition, performance and lifespan helps
 195 in the repair and replacement. Preventative maintenance practices are the most suggestive
 196 evaluation measures for an appropriate maintenance of the equipment (Hernández-Chover et
 197 al., 2020). Around 5% of the energy can be saved by regular maintenance of the electro-
 198 mechanic devices and repair and replacement of the inefficient systems.

199 The modelling tools belonging to the R1 category can be classified as: i) energy auditing and
 200 benchmarking tools, ii) energy management tools, aimed at improving the energy efficiency of
 201 specific process/equipment and iii) decision support tools. Some tools are specific for the
 202 facility for which they have been developed while others can be more widely applied.

203 The European project “ENERWATER” developed one of the most comprehensive energy
 204 benchmarking model. Energy benchmarking can be seen as the first step to understand how
 205 energy is used in the WWTPs. However, energy benchmarking of WWTPs is a difficult task,

206 as there is no standard key performance indicator (KPI) to analyse the energy demand of
207 different wastewater facilities, furthermore since the energy demand is strongly influenced by
208 the characteristics of the wastewater treated and the process used, the challenge is to identify
209 common benchmarking values. “ENERWATER” attempted to address such challenges by
210 developing an MS-Excel tool that analyses the energy consumption of the WWTPs based on
211 the size of the plant, flowrate and quality of the influent WW and type of the WW treatment
212 techniques applied. According to this study, kWh per People Equivalent (PE) per year
213 (kWh/PE*y) and kWh of Chemical Oxygen Demand (COD) removed (kWh/kg COD) are the
214 most reliable water-energy indexes over kWh per cubic meter of treated WW (kWh/m³). The
215 energy benchmarking in this study was developed using different KPIs based on pollutant load
216 such as COD, total nitrogen, total phosphorus and total suspended solids aligning with the
217 purpose of treatment stages. Average influent flow rate and characteristics, equipment
218 inventory with nominal power load and number of working hours are the major inputs of this
219 tool. The output is the energy breakdown of the treatment processes and equipment. This tool
220 is freely available for any manager of a WWTP who may get guidance on how to improve the
221 energy on site (Longo et al., 2019). Similarly, Sabia et al (2020) developed an energy
222 benchmark model to evaluate WWTP energy performance.

223 “Energy Online System (EOS)” is an example of energy auditing and benchmarking tool that
224 can be used by researchers, local and regional water facilities. The methodology was developed
225 by Torregrossa et al (2018) at Luxembourg Institute of Science and Technology (LIST). The
226 tool provides a daily benchmark analysis under limited database conditions. Different from
227 ENERWATER the tool is completely dependent on the data received from sensors installed at
228 the WW facility. The data recorded by sensors is collected, analysed and the outputs are
229 represented as daily Key Performance Indicators (KPIs). Information gathered can be used to
230 optimize the pumps, blowers and the anaerobic digesters for the sludge treatment. Support
231 vector regression, Fuzzy logic (FL), Artificial neural network (ANN) and Random forest (RF)
232 are the optimization techniques (machine learning methods) applied for the development of
233 this tool. Similarly, Ramli and Hamid (2019) developed a prediction model to optimize the
234 WWTP equipment and machines using machine learning method ANN. The main purpose of
235 this study was to minimize the energy demand of the WWTP by predicting the energy demand
236 one month in advanced. The final goal was to make wastewater treatment plants affordable for
237 underdeveloped regions. WWTP in Peninsular Malaysia configured with aerated lagoons and

238 Conventional Activated Sludge (CAS) was considered for this study. Energy savings of 2.23%
239 were predicted by this model.

240 Looking at energy auditing tools developed for specific wastewater facilities, Long and Cudney
241 (2012) developed a multilinear regression model to analyse the key operating parameters
242 influencing the energy consumption of Rolla Missouri Southeast WWTP and to identify the
243 most energy demanding processes. The energy was accounted on the basis of an average
244 influent flowrate and pollutant load (Biological Oxygen Demand, BOD, and suspended solids).
245 Based on the treatment and building efficiencies, an energy rating of the plant was developed.
246 The highest energy demanding equipment identified was the blowers in oxidation ditch, pumps
247 in trickling filter, and clarifier. This study also highlighted a high GHG emissions from old
248 equipment used at the plant and suggested an upgrade of such technologies.

249 Another example of management tool was developed by Holanda et al. (2007). The aim of this
250 study was to improve the activated sludge process for an efficient removal of pollutants
251 especially nitrogen, reduce the energy consumption and the sludge generation. The modelling
252 tool is aimed at optimally manage the Altering Activated Sludge (AAS) process. In the work
253 aerobic and anoxic (AA) treatment was initiated in a single tank to optimize energy
254 consumption and reduce sludge generation. Genetic algorithm (GA) is the optimization
255 technique followed to develop this biological nitrogen removal (BNR) model. Maximum
256 pollutant removal efficiency of the process was evaluated by the effluent quality (EQ) index.
257 According to this study, the influent quality plays a vital role in the selection of the aeration
258 time, number of cycles and energy consumption of the process. It also states that the efficiency
259 of the treatment increases by increasing the number of aeration cycles (up to 26 cycles) and
260 decreases with the increase in aeration time of each cycle (i.e., above 20 minutes). Application
261 of this model and process is suggested to reduce the pollutant load and energy consumption by
262 about 10% to the conventional process. Alongside its benefit, this model has low computational
263 intensity, which can be minimized by the identification of the initial pollutant load of the WW
264 and appropriate selection of optimization parameters (Holanda et al., 2007).

265 A mathematical model was developed by Novak and Horvat (2012) for improving the treatment
266 and energy efficiency of the aerobic WW treatment process. This model involves optimizing
267 the oxygen electrode type (oxygen diffusion layers around the cathode) and position (within
268 bioreactor and in outlet shaft) in an aerobic bioreactor. The biological process modelling was
269 based on the ASM-3_2N model i.e., a modified activated sludge model number 3 with two-

270 step nitrification-denitrification process. Optimization of this model was based on cost module
271 i.e., the total functional cost of the WWT that varies with the volume of the bioreactor. It is a
272 MATLAB launch code for activated sludge model with three benchmark input files (third
273 modified version of original model) developed by researchers at the University of Florence.
274 According to this study, the electrode with (1) an outer membrane layer and (2) electrolytic gel
275 between membrane layer and cathode are highly efficient for the treatment of WW due to its
276 reaction mechanism. It also states that the increased number of oxic/anoxic cycles with low
277 cycling time for oxygen electrode placed within bioreactor is more efficient over the oxygen
278 electrode placed in an outlet shaft. The WW parameters such as Dissolved Oxygen (DO), COD,
279 BOD for 5 days (BOD₅), Suspended solids, nitrates, nitrites and ammonia were analysed to
280 assess the efficiency of the treatment process.

281 Machine Learning Techniques represent the most innovative approach to reduce the energy
282 demand of the WWTPs, which was discussed earlier in this section for WW treatment
283 equipment's energy optimization. Similarly, other researchers like Cao and Yang (2020)
284 developed a model using Online Sequential Extreme Learning Machine (OS-LEM). OS-LEM
285 is a modified neural network. This model is based on Benchmark Simulation Model No.1
286 (BSM1), which consists of two anoxic and three anaerobic zones that are designed from
287 Activated sludge model no.1 (ASM1). The main purpose of this model is to improve the supply
288 of dissolved oxygen (DO) to the treatment zones considering various factors such as influent
289 and effluent WW quality and weather. Around 40% of the energy savings is suggested by
290 controlled DO supply to the aerobic/anoxic treatment tanks (Cao and Yang, 2020).

291 Molinos-Senante et al (2015) assessed (by modelling) the CO₂ shadow price that represents the
292 economic value of the externalities linked to the energy consumed by WWTPs. The model uses
293 directional distance functions. Directional distance function is a generalised form of
294 Shephard's output distance function that allows elaboration of the desired output and curtails
295 the undesired ones. General Algebraic Modelling Software (GAMS) in combination with
296 CPLEX solver was used in addressing the problem (linear) and estimating the directional
297 distance functional parameters. The study involves 25 WWTPs in Spain with capacity ranging
298 between 0.5-1.5M m³/year. Energy, staff and other costs are the main inputs of this analysis to
299 return the desired outputs like volume of the treated WW and the quantity of the WW pollutants
300 removed (like COD, suspended solids, nitrogen and phosphorus). According to this study, the
301 CO₂ shadow price of WWTPs ranges between 5 to 35% the price of the treated water. The
302 study also states that large WWTPs and plants with the tertiary treatment process are more

303 likely to have high CO₂ shadow price. Sewage sludge treatment was also suggested as the most
304 influential factor affecting the value of CO₂ shadow pricing and concluded that anaerobic
305 treatment is the better option over other techniques due to its energy recovery potential.

306 Another example of decision support tool is TIAM-FR developed by researchers at the MINES
307 Paris Tech Centre for Applied Mathematics. The model aimed at optimising the future energy
308 demand of the water sector in region under severe water scarcity like Middle East countries
309 (Arabian Peninsula, Caucasus, Iran and other regions near East) (Dubreuil et al., 2013). The
310 TIAM-FR is a TIMES integrated water allocation assessment model that was developed based
311 on resulted efficiencies of the three simulation studies (1) only water, (2) only energy module
312 and (3) combination of water and energy module. Optimization of the developed simulation
313 model was based on the total discounted cost of the energy system, which includes investment
314 cost, fixed cost, variable costs of the processes and commodities, taxes and subsidies, elastic
315 demand adjustment cost and salvage. Water allocation technologies, water reuse (non-
316 conventional) and efficient irrigation technologies were analysed under the water module of
317 the model. Whereas, energy demand for water abstraction, treatment and supply to the end-
318 users such as rainfed agriculture, irrigation, municipal and industrial sectors was considered
319 under the energy module. The time frame considered for this study is from 2005 to 2050 with
320 a time series of 10 years. The energy intensity of the water use, such as technical strategies and
321 available water management options were suggested as the best analysers of the Water-Energy
322 nexus tool (which also includes WW) (Dubreuil et al., 2013).

323 Padrón-Páez et al (2020) conducted a case study on municipal WWTPs in Mexico to guide
324 policy makers in designing new polices for future (new) plants. Different optimization methods
325 like Mixed-integer non-linear programming (MINLP), Lexicographic and ϵ constraint methods
326 were used in the analysing various factors influencing the cost and energy demand of the
327 treatment plants. Finally, the results obtained from different techniques were compared using
328 Technique for order of preference by similarity to ideal solution (TOPSIS) method for the best
329 solution. According to this, the energy and total cost of the plant can be reduced by 20% and
330 93% respectively by appropriate selection of treatment techniques and optimization of flowrate
331 and pollutant load for treatment.

332 Table 1 gives an overview of the different modelling studies on wastewater treatment energy
333 optimization discussed earlier in this section.

334 ***Table 1. Overview of Wastewater treatment energy optimization***

Reference	Wastewater treatment process considered	Model goal	Energy reduction/savings achievable	Study location
Longo et al., 2019	Entire WW facility	Energy benchmarking	-	-
Long and Cudney, 2012	Not Specified	Minimise the consumption of pumps, motors and other electro-mechanic devices	10-20%	Rolla, Missouri Southeast WWTP, USA
Torregrossa et al., 2018	Aerobic treatment and anaerobic sludge digestion	Minimise the consumption of pumps, blowers and AD	50-80%	Europe
Ramli and Hamid, 2019	Aerated lagoons and CAS	Minimizing the energy consumption of pumps and blowers	2.23%	WWTP in Peninsular Malaysia
Fikar et al., 2005	Activated sludge process	Minimise the energy demand of the activated sludge process	20-30%	Small scale WWTP in France
Holanda et al., 2007	Altering activated sludge/Biological nutrient removal	Minimise the number and time of aeration cycles	10%	-
Novak and Horvat., 2012	Activated sludge process	Minimise the oxygen used	20-25%	WWTP in Croatia
Molinos-Senante et al., 2015	Entire WW facility	Minimise the CO2 shadow prices linked to the energy used by 25 WWTPs	Up to 50%	-
Dubreuil et al., 2013	Not specified	Minimise the forecasted energy demand of the water sector (considering WW facilities)	5-30%	Middle East countries
Cao and Yang, 2020	Anoxic and aerobic treatment (ASM1)	Controlled DO supply through cost minimization	Up to 40%	WWTP in China
Padrón-Pález et al., 2020	Not specified	Minimizing the total cost and energy consumption of the WWTPs for designing sustainable WWTPs	Up to 20.2%	Municipal WWTP in Mexico

335

336 The studies developed so far show that the energy demand of WWTPs depend on several
337 factors: the influent flowrate and pollution load, size of the WWTP, type of the treatment
338 technologies employed and level of the WW treatment applied. COD, suspended solids,
339 nitrogen and phosphorus are the most commonly considered load parameter that influence the

340 energy consumption of the plant and the treatment efficiency. Regular evaluation of the influent
341 and effluent operational parameters, that are highly influenced by seasonal variations, time of
342 the day and other characteristics help in controlling the operations of the plant (Daw et al.,
343 2012). Pumps used at the WWTPs are reported as the most energy consuming equipment in
344 the literature, whose optimization can save 5-30% of the total energy demand (Panepinto et al.,
345 2016). Timely identification of infiltration breaks and leaks in the pipes enables its possible
346 repair or replacement along with energy and financial saving. Coming to the treatment
347 processes, the aerobic treatment is the most widely used secondary treatment at high energy
348 input. There is a good scope of energy saving in this process, estimated at about 20-50%
349 (Georges et al., 2009) by installation of automatic control system for aeration and installation
350 of energy efficient aerating devices. Installation of the automatic system for monitoring the
351 equipment, treatment processes and influent and effluent quality can further improve the energy
352 efficiency of the WWTP and increases flexibility in supervision of the plant. Further,
353 replacement of the aerobic treatment (where possible) with anaerobic reduces the CO₂
354 emissions up to 60% (Keller and Hartley, 2003). Next to the aerobic treatment, WWTPs with
355 tertiary treatment and sludge treatment are also suggested to increase the energy demand of the
356 plant, which are purely based on the treatment techniques employed by the plant. Smart
357 selection of the technology for sludge treatment can help the WWTPs to reduce the energy
358 demand and, as we will discuss in the following section, to produce energy.

359 **5. Energy recovery tools and technologies (R₂)**

360 Although the current study focuses on energy optimization of the WWTPs, effluent quality is
361 of primary significance to avoid any negative impacts on our health and environment. In some
362 cases, the most efficient WW treatment remains a high energy intensive process even after
363 energy optimization. Such WWTPs still have a room of opportunity for reducing its
364 dependency on grid electricity by energy recovery from WW or, as discussed in section 5 by
365 integrating local available renewable sources. Wastewater is a good carrier of energy and
366 nutrients (van Loosdrecht et al., 2014) and defined by some researchers as “Water Resource
367 Recovery Facilities (WRRF)” (Bala, 1997). The economic value of the resources such as water,
368 nutrients (Nitrogen, Phosphorus and Potassium), energy (biogas) and biofertilizer (treated
369 nutrient rich sludge) recovered from the WW is \$0.47/unit WW (Verstracte et al., 2009). As
370 mentioned above, WW contains an organic energy of about 9-10 times greater than the energy
371 used for its treatment (Shizas and Bagley, 2004) and 3 times more thermal energy (Dürrenmatt

372 and Wanner, 2014). The major source of organic energy at WWTPs is the sludge generated by
373 the WW treatment. Sludge is a heterogeneous mixture of undigested and partially digested
374 organic matter, fat, oil and grease (FOG), micro-organisms, inorganic material and moisture
375 (water) (Tyagi and Lo, 2013). Landfill, agriculture use, ocean disposal and incineration have
376 been the commonly used sludge management techniques for many years. Few of these
377 techniques are banned in some regions and few others are limited in application due to their
378 adverse effects on the environment, marine ecosystem, ground water resources and in turn on
379 human health (Frišták et al., 2018). The anaerobic sludge treatment can serve as an economical
380 and ecologically efficient process due to biogas production (World Energy Outlook 2019).
381 Anaerobic digestion (AD) is a well-known technology that is highly efficient in extracting the
382 organic energy from sludge (Hao et al., 2015). Anaerobic digestion is a degradation of the
383 organic matter by diverse micro-organisms in the absence of oxygen to produce biogas. There
384 are four stages in the AD process: (i) hydrolysis- breakdown of carbohydrates, proteins and
385 lipids to simpler molecules i.e., sugars, amino acids and long chain fatty acids, (ii)
386 acidogenesis- production of acids (acetic, propionic and butyric acids) and alcohols (ethanol
387 and lactate) from simple molecules formed in hydrolysis, (iii) acetogenesis- conversion of acids
388 and alcohols formed in acidogenesis to acetate, hydrogen and carbon dioxide and (iv)
389 methanogenesis- production of biogas (CH₄, CO₂, H₂ and other gases) and nutrient rich
390 digestate (Meegoda et al., 2018). According to the IPCC (2007), carbon emissions from the
391 combustion of the biogas are considered as short-cycle and are not accounted under the GHG
392 emissions from the wastewater treatment facilities. Although, anaerobic digestion (AD)
393 increases the rate of sludge production, its CO₂ emissions are five times less than the other
394 sludge treatment processes (especially aerobic) (Mayhew and Stephenson, 1997). Utilizing the
395 digestate from anaerobic digester as a biofertilizer reduces -7.04×10^{-2} kg CO₂ of global
396 warming caused due to the chemical fertilizer manufacturing (Pasqualino et al., 2009).

397 The models belonging to R₂ group are aimed at assessing and maximising the energy
398 production from wastewater. Majority of models have been developed for the biogas
399 production from sludge, being the main source of energy production from wastewater.
400 Additional models have looked at the recovery of thermal energy and hydrogen production
401 from wastewater.

402 Considering the energy and environmental benefits of sludge, two municipal WWTPs in
403 Austria have successfully proved to be energy positive by efficient utilization of energy
404 recovered from sludge. One of these plants are Wolfgangsee-Ischl WWTP in Austria. The

405 positive energy balance of this WWTPs was reported due to the long life of the plant (in
406 operation since mid-1980s) along with optimized mechanical devices and aeration process at
407 the plant. Further to this, this plant generated 7% surplus electricity from biogas generated from
408 anaerobic digestion sludge. Whereas the other municipal WWTPs “Strass” was reported with
409 an average surplus electricity generation of 6.3% from sludge anaerobic digestion during 2005-
410 2007. This value was further increased to 80% by co-digestion of sludge with kitchen waste in
411 2008. Most of the WWTP anaerobic digesters are designed oversized, whose extra space can be
412 efficiently utilized by co-digestion with other organic wastes like kitchen waste, restaurant
413 waste, animal waste etc. This not only helps in improving the quantity of biogas produced but
414 also the quality i.e., increases methane concentration in biogas. The produced biogas can
415 efficiently be utilized at the site for energy generation or can be supplied to grid or
416 neighbourhood to reduce its wastage and emission into the environment (World Energy
417 Outlook 2019). The digestate generated from the two Austrian WWTPs was dewatered and
418 used in land application (as fertilizer). Despite the surplus energy generation, these two
419 WWTPs rely on the grid electricity for their peak electricity supply (Nowak et al., 2015).

420 Another group of researchers Puchongkawarin et al (2015) developed a methodology for
421 resource recovery and energy generation from WW by superstructure modelling. The
422 optimization of the model is based on maximizing the net present value (NPV) of the system,
423 for which the cost data was derived from CAPDETWORKSTM costing software. A WW
424 simulator, GAP-XTM was used to predict the efficiency of different treatment integrations. To
425 demonstrate the efficiency of this model, a case study was conducted on wine distillery WW.
426 The superstructure model of the case study involved two biological treatment units i.e., up-
427 flow anaerobic sludge blanket reactor (UASB) and single membrane bioreactor (SMBR), two
428 filtration units i.e., sand filter and membrane unit and two nutrient recovery units i.e., struvite
429 crystallizer and zeolite adsorption as a part of the investigation. Three scenarios of integrated
430 treatment and resource recovery were considered in this study. In the first scenario, 60% of the
431 WW was treated by UASB and 40% was transferred directly to the recovery unit. In the second
432 scenario, major of the WW was treated by UASB and very little volume was transported to the
433 extraction unit directly without any treatment and in third scenario WW was initially treated
434 by UASB then followed by ion exchange. Among these, the first scenario was found efficient
435 over other two scenarios due to better treatment of WW at low capital expenditure and high
436 revenue from energy and nutrient recovery. Further, the authors recommended broad range of

437 technological exploration for this methodology to be considered as a decision support tool for
438 energy and nutrient recover by WWTPs.

439 Similarly, Sun et al (2020) developed a composite model to assess the sustainability and
440 resilience of the WW management through four alternative approaches by Analytical hierarchy
441 method. These approaches include (i) centralised WW treatment by activated sludge (AS) and
442 MBR, (ii) decentralised approach of UASB and trickling filter (TF), and (iii) centralised-
443 decentralised hybrid system (based on the type of WW). A decentralised and hybrid approach
444 was resulted in higher sustainability and resilience over others (centralised CAS and MBR)
445 with 7-17% higher trade-off cost and energy and nutrient recovery. Alternatively, decentralised
446 WW treatment was suggested as the best approach, except for the regions with the increased
447 risk of eutrophication. Likewise, Sarpong et al (2019) assessed energy self-sufficiency of the
448 small scale WWTPs under different combinations of WW treatment (including advanced
449 treatment) and energy recovery technologies . Combination of anammox process followed by
450 activated sludge process and anaerobic digestion of sludge was reported with higher energy
451 reduction/recovery (115%). This was further increased (above 225%) by co-digestion of sludge
452 with FOG. According to this study, selection of an appropriate treatment technique and co-
453 digestion of sludge can make small scale WWTPs energy self-sufficient.

454 Soda et al (2010) evaluated energy recovery potential of sludge by AD along with estimation
455 of energy demand and GHG emissions of a sewage sludge treatment plant (SSTP) in Osaka
456 (Japan) by a modelling approach. Energy demand of different processes such as sludge
457 thickening, sludge dewatering, anaerobic digestion, sludge incineration and melting applied at
458 the plant were accounted. Different treatment configuration with AD energy recovery was
459 formed to identify economic and environment friendly approach. Treatment configuration with
460 high loading rate of AD was found economically feasible but landfilling of partially digested
461 sludge from AD had high risk of CH₄ and N₂O release into the environment. To address this,
462 two solutions i.e., (1) environment friendly- application of incineration and melting to the
463 digested sludge to reduce the risk of environmental emissions, although at high energy demand
464 or (2) economical- disposal of digested sludge to landfills for high energy recovery (by landfill
465 gas collection) were suggested by the authors. Incineration is a thermochemical process
466 majorly employed for volume reduction of waste and destruction of the harmful substances in
467 the sludge at very high temperature prior its disposal (Syed-Hassan et al., 2017). It is a heavily
468 regulated and socially opposed issue to incinerate the sludge due to its emissions into the
469 atmosphere such as mercury, dioxins, ash etc. The ash produced during the process of

470 incineration are to be handles as the hazardous waste or are to be landfilled to avoid its impact
471 on the environment (Palme et al., 2005). Hence, this technology is applicable at facilities with
472 limited disposal space and lower odour tolerance plants such as municipalities with high
473 population (Werther and Ogada, 1999). In some cases, heat generated by incineration of sludge
474 is recovered for its further application as thermal energy. For example, in heating boilers for
475 steam generation at steam power plants (Cui et al., 2006). A group of researchers in USA
476 analysed the status of energy recovery of sludge by anaerobic digestion and incineration
477 techniques. According to this study, WWTPs above 19,000 m³/day are suitable for energy
478 recovery by AD. It also reported that an electricity generated from biogas and biosolid
479 incineration can reduce the energy dependency of the WWTPs by 2.1-26% and 2.5-57%
480 respectively in Texas city. Whereas, combination of AD and incineration can reduce the energy
481 dependency between 4.7-83% in Texas city and 2.6-27% in whole USA (Stillwell et al., 2010).
482 This study also reported that some of the WWTPs in USA does not make efficient use of the
483 biogas produced and flare it into the atmosphere. This has a risk of increasing GHGs in the
484 environment. Collection of this biogas and efficient use or treatment of this gas (less impact
485 gas) before releasing into the environment is important. An integrated waste management tool
486 “Solid waste and WW management system (SWW)” was developed by Maalouf and El-Fadel
487 (2020) to minimize the carbon emissions and cost of the system. Due to integrated waste
488 management system, the biological WW treatment such as aerobic (CAS) and anaerobic
489 (lagoons and septic tank) and sludge management are the significant processes considered
490 under WW management. Here, the energy was recovered using AD and incineration in
491 combination with MSW. Along with energy recovery, sludge disposal methods like
492 composting and controlled landfilling were reported to reduce the carbon emissions of the
493 integrated system by about 90% by smart selection of the technologies/treatment process.
494 Although incineration seems an interesting technique for energy recovery but incurs additional
495 cost (10% of the total cost of the system). This tool is highly suitable for the regions with
496 integrated waste management systems (solid and WW treatment together).

497 Some of the models developed in literature consider the energy recovery in combination with
498 nutrient recovery. An example is given by an excel based simulation model was developed by
499 Khiewwijit et al (2015) for future Dutch WWTPs. The model was built based on data collected
500 from 29 Dutch WWTPs, data available in the literature and lab scale experiments. The
501 treatment technologies considered for this design are: bio-flocculation, AD, phosphorus
502 recovery through micro-algae, chemical precipitation and biological process, annamox process

503 for nitrogen recovery and conventional activated sludge. The design of this model consists of
504 five steps, first is setting up a key performance indicator, second is the selection of efficient
505 treatment and resource recovery technologies, third is to integrate all the selected technologies,
506 fourth is to perform a steady-state simulation for energy balance and finally conducting
507 sensitivity analysis of the developed model. Different configuration of the energy recovery
508 processes considered were analysed. Of which, three combinations i.e., Bio-flocculation with
509 AD, Annamox process (only) and chemical precipitation and biological phosphorus recovery
510 was reported to be the most efficient with 0.24 kWh/m³ net electricity generation and 35%
511 reduction in the carbon emissions. The organic load was reported as the rate limiting factor in
512 the energy consumption and generation.

513 As abovementioned, WW is good carrier of thermal energy, it is a good opportunity for the
514 WWTPs to recover that energy and use on site, the key aspect is to identify a heat load on site
515 or nearby, since WWTPs consume mainly electricity. Water source heat pumps (WSHP) are
516 the most used technology for heat recovery from WW. Net electricity equivalence of heat
517 recovered from WW is 0.26 kWh per m³ effluent cooled by 1°C (Dürrenmatt and Wanner,
518 2014). Due to lower electrical conversion efficiency of thermal energy recovered by WSHP,
519 heat generated can be used at WWTPs towards biological treatment process like AD, sludge
520 drying, heating and cooling of WWTP. The surplus thermal energy recovered can also be
521 supplied to the neighbourhood buildings (Gude, 2015). A decentralised approach of thermal
522 energy recovery from sewer WW and electricity from organic kitchen waste of small residential
523 community in USA was reported by Yang and Shen (2014). The main purpose of this study
524 was to reduce waste at source. Electricity of 2.98x10⁵ kWh, which is equivalent to 8% of the
525 total electricity demand of the community was generated from anaerobic digestion of kitchen
526 waste. Thermal energy required for the waste digestion was recovered from the sewer WW,
527 which is equivalent to 1.5x 10¹² J of useful heat per year. To maximize the energy and nutrient
528 recovery from municipal WWTPs in Austria, a simulation model was developed using Process
529 Network Synthesis (PNS) method (Kretschmer et al., 2016). PNS is a bipartite graph method
530 used in structuring the optimization problem. According to one of the case studies on this
531 model, electric energy from anaerobic digestion of sludge and thermal energy recovery from
532 WW using heat pumps is higher than the plant demand. Supply of the surplus electricity to the
533 neighbouring buildings or society was suggested as an alternative and revenue making option.
534 A simple system management to decarbonize the domestic WW from its generation
535 (household) to treatment and discharge (into water bodies) was studied by Larsen (2015).

536 Efficiency of different aerobic treatment processes (like conventional, annamox and
537 mainstream), electric energy recovery potential of sludge and thermal energy recovery
538 potential of household and sewer WW were analysed for low carbon options. As per the
539 analysis, heat recovery from the household WW (less heat dissipation) and WW treatment by
540 annamox process were found energy efficient and environment friendly. Another study
541 evaluated the energy generation potential of the dewatered sludge at Balingian and Mannheim
542 WWTPs in Germany by gasification and combustion (Yang et al., 2016). Gasification is a
543 thermochemical process that transforms organic matter in sludge to syngas (CO_2 and H_2) in the
544 presence of gasifying agents (e.g. controlled amount of oxygen, air, CO_2) at high temperature
545 ($>700^\circ\text{C}$) (Situmorang et al., 2020). Heat generated by combustion of syngas or heat released
546 from cooling of syngas was used as a source of heat in drying sludge for gasification at these
547 WWTPs. Electricity potential of 24-28% of the total plant demand was estimated from the
548 combustion of syngas. The moisture content and equivalence ratio of 25% and 2.3,
549 respectively, were reported as the optimum conditions of sludge gasification. The equivalence
550 ratio is a ratio of stoichiometric air-fuel mass ratio to actual air-fuel mass ratio.

551 Simultaneous, WW treatment and electricity generation were demonstrated by Subha et al
552 (2019) through a mathematical modelling (Monod Kinetics) of Up-flow anaerobic microbial
553 fuel cell (UAMFC) at lab scale. It is an integrated process of UASB and Single cell microbial
554 fuel cell (SCMFC). The UAMFC consists of an anode covered with biofilm (growth of
555 microorganisms on surface of solids) that degrade the organic matter present in the WW and
556 produces electrons and hydrogen ions. These electrons from anode chamber travels to cathode
557 through an external circuit to produce an alternative current (AC from DC current) (Al-Megren,
558 2009). The anode was separated from cathode by a proton exchange membrane (Nafion 117).
559 WW (Chocolateries manufacturing) for treatment and electricity generation was supplied to
560 the anode chamber through a WW holder at the bottom of the anode. The maximum power
561 density of 98 mW/m^2 and 104.9 mW/m^2 was observed at an optimum HRT and OLR of 15 h
562 and 0.8 g/L COD respectively. An overall COD reduction of 70% was reported by UAMFC.
563 Similarly, another group of researchers in USA have evaluated the economic feasibility of the
564 MFC in treatment of the food processing WW for its reuse in irrigation. According to this
565 study, although MFC seems to be highly expensive, it can be ideal for (i) drought/arid regions,
566 where the cost of water is high and (ii) regions with high electricity prices. Preliminary research
567 conducted by these researchers also states that the replacement of the conventional aerobic

568 system with MFC can treat the WW at 9% of the total cost of the aerobic system. Further,
 569 techno-economic feasible study is required for scaling up of this technology.

570 An overview of different modelling studies whose main aim is the WW energy recovery is
 571 given in Table 2.

572 **Table 2: Overview of the energy recovery and WW treatment process energy optimization**
 573 **models**

Reference	WW treatment technique	Energy recovery technology	Energy optimization goal	Energy generation	Study location	
Nowak et al., 2015	Aerobic treatment and Anaerobic treatment	WW and sludge	AD	Pump and blowers; overall AD process	100%	WWTPs in Austria
Khiewwijit et al., 2015	Bio-flocculation, Activated process, Chemical precipitation and Annamox	sludge and	AD & Heat pump (HP)	WW treatment, AD and HP	Up to 50%	WWTPs in Netherlands
Puchongkawarin et al., 2015	Single membrane bioreactor (SMBR), Sand filtration, Membrane filtration, Struvite crystallizer and Zeolite adsorption		Up-flow anaerobic sludge blanket reactor (UASB)	Optimal configuration of WW treatment and biogas recovery	Up to 50%	-
Sun et al., 2020	Centralised- CAS & MBR, Decentralised- UASB and Trickling filter		UASB	WW treatment and maximizing biogas production	24% (average) of sludge organic energy	-
Soda et al., 2010	Incineration, Melting and Landfill		AD	Maximise the biogas production and digested sludge disposal	Above 50%	Sewage sludge treatment plant in Osaka (Japan)
Sarpong et al., 2019	Enhanced sedimentation, Nitrification/anammox and biofiltration	CAS,	AD (co-digestion)	Maximizing energy and nutrient recover by cost minimization	35 to >100% based on the treatment process and co-digestion	Gresham WWTP (USA) and Strass WWTP (Austria)
Stillwell et al., 2010	-		AD and Incineration	Maximise the Biogas and Incineration heat	3.0-83%	Texas and USA
Maalouf and El-Fadel, 2020	Aerobic (CAS) and Anaerobic (anaerobic lagoon and septic tank)		AD and Incineration	Minimizing cost and carbon emissions	31-96% (integrated MSW)	MSW and WW in Beirut, Lebanon

Yang and Shen, 2014	-	AD and HP	Maximise biogas and heat recovery	8% electricity and up to 50% heat	Small community in USA
Kretschmer et al., 2016	-	AD and HP	Maximise biogas and heat recovery	Above 50%	Municipal WWTP in Austria
Larsen, 2015	Activated sludge process, Anammox and Mainstream process	AD and HP (from sewer)	Improve Aeration and maximise biogas and heat recovery	30-40%	-
Yang et al., 2016	-	Gasification and Combustion	Syngas generation	25.4-28.4%	Balingian and Mannheim WWTPs in Germany
Abourached et al., 2016	MFC	MFC	Cost minimization of the treatment process and energy generation	40% (MFC efficiency in electricity generation)	Food processing WW treatment in San Joaquin Vally, California
Subha et al., 2019	Up-flow anaerobic microbial fuel cell (UAMFC)	UAMFC	Maximizing power generation from organic fraction of WW	40-60% (104.9mW/m ²)	Muttathara WWTP in Trivandrum, India

574

575 On the basis of the model analysed, we can conclude that the anaerobic digestion of sludge is
576 a widely explored option for electric recovery and heat pump for thermal energy recovery.
577 Although AD is widely used, it is highly recommended for medium to large scale WWTPs due
578 to its high sludge production rate and the high capital and operational cost of AD. Alongside
579 this, any WWTPs with poor quality sludge can co-digest the sludge with other locally available
580 organic waste to enhance the biogas production. This concept of co-digestion can also be
581 employed by small scale WWTPs by efficient planning. The other opportunity of energy
582 recovery for small plants with low sludge generation could be gasification, incineration
583 (combustion) and microalgae cultivation. These technologies can also be applied in
584 conjugation with AD at larger plants to reduce burden on landfills. Another energy recovery
585 technology is MFC, although seems efficient in energy generation, however further research is
586 required for its commercialization. Most of the energy recovery models seems to be plant
587 specific based on the treatment configuration and resource availability. These can only give an
588 overview of the available technologies, but none provide any benchmark for WW energy
589 recovery. There are no specific tools so far developed exclusively for energy recovery from the
590 WW, but some of these technologies are integrated with the renewable energy modelling tools

591 like HOMER, RETScreen etc. The carbon reduction reported in Table 2 is expressed as the
592 percentage of the energy demand supplied from the recovered energy in the respective study.

593 **6. Tools and opportunities for integrating local available renewable** 594 **energy sources (R₃)**

595 WWTPs have a good opportunity of generating its own energy from locally available
596 renewable resources like hydropower (treated effluent) and solar energy. The use of locally
597 available renewable energy sources can reduce the electricity supply from the grid and the
598 relative CO₂ emissions. A group of researchers evaluated the potential of micro hydropower
599 (MHP) for WWTPs in Ireland and UK (Power et al., 2014). According to this study, flowrate
600 of the WWTPs is of significance in hydro turbine installation. The seasonal variations
601 (especially the rainfall and precipitation) and feed-in-tariffs of the respective geographic
602 locations are said to influence the power output and economic viability of the hydropower
603 system. Considering these, this study recommends MHP installation for large scale plants (due
604 to high flow) and onsite utilization of the generated power (for low payback period).
605 Fluctuation in the WW flow can be a rate limiting factor for MHP. To address this, a small
606 scale WWTP “Kiheung Respia” in Yongin (South Korea) with highly fluctuated WW flow was
607 investigated (Chae et al., 2015). MHP system of this study consists of effluent forebay tank to
608 store the treated effluent and transfers it to the micro-turbine through the pressurized penstock
609 (water level tracker), a system bypass that is used to divert the flow during very high flow
610 conditions, self-induction generator and sensors to measure the flow. A semi-Kaplan turbine
611 with adjustable blades and simple mechanical structure was used in this process due to its high
612 efficiency and cost-effectiveness. According to this study, steady energy generation ranges
613 within 57-123% of designed flow with (0.35 m³/s) with turbine efficiency of 91.3% and overall
614 electrical efficiency of 80.3%. It also reported that the system can work below the designed
615 flow (< 23%) at lower efficiency. The efficiency of the turbine in this study was interpreted by
616 the hill-chart diagram plotted with the model performance and prototype turbine data at varying
617 conditions. Although the electric efficiency of this system is high, it can only supply 0.83% of
618 the total electricity demand of the plant annually. High flow adjustability of this model provides
619 an opportunity for WWTPs with extreme flow variations to assess their power generation
620 potential through MHP (Chae et al., 2015). Head of the turbine is also of significance in MHP
621 generation. Considering this, an evaluation model was developed by Ak et al (2017) for Tatlar
622 WWTP in Ankara (Turkey) using multicriteria fuzzy-logic tool. Kaplan and Archimedean

623 screw are the two low-head hydropower technologies considered for this study. Archimedean
624 screw turbine was reported as highly efficient low-head hydropower turbine. This is due to
625 better power generation (34% total energy demand of WWTP), low construction time (nine
626 months) and payback period (2.4 years).

627 Chae and Kang (2013) assessed sustainability of the Kiheung Respia municipal WWTP in
628 Korea by integrating the renewable energy technologies such as Solar PV (100kW), Small
629 Hydropower (SHP) (10kW) and thermal energy recovery by heat pump (HP) (25 refrigeration
630 ton). Solar energy is a green and affordable energy with inexhaustible and inherent nature and
631 can benefit in long-term energy planning (Zhang et al., 2013). The total energy demand of 2%
632 was reported from solar PV positioned at optimum tilt angle. This was further increased to 6-
633 8% by coating PV with super hydrophilic nanoparticles. Whereas, the SHP proved inefficient
634 with very low energy generation (<1% of total energy demand) due to low turbine head.
635 Evaluation of thermal energy potential of this plant reported in thermal energy greater than the
636 demand of the plant. The electricity generation potential of PV and SHP was analysed using
637 RETScreen energy modelling tool, whereas the thermal energy recovery was manually
638 calculated using mathematical equations from the literature. An ordinary least square
639 regression model was developed by Yang et al (2020) to evaluate energy self-sufficiency of
640 the WWTPs and guide the policy makers in constructing new WWTPs (medium scale) in
641 China. According to this study, WWTPs with influent COD of 200-400 mg/L and flowrate of
642 55K m³/d are more likely to attain higher energy self-sufficiency. Above 35% of thermal
643 energy and 20% of the electric energy generation potential was reported with further increase
644 in this percentage by renewable energy integration. Feasibility of sludge incineration was
645 suggested for WWTPs with sludge water content below 57%.

646 Nguyen et al (2020) developed a power management model using Fuzzy-TOPSIS tool for
647 optimal sizing of hybrid renewable energy and storage system for WWTPs. The optimal
648 renewable energy configuration of the wind (5) and solar PV (165) was reported in 85% of the
649 total energy demand of the plant considering economic and environmental demands. The total
650 annual cost of this hybrid system was reported to be high with in electricity generation (AC)
651 range of 10-70%. This was further suggested to decrease with reduction in the load and number
652 of wind turbines at the study location. Another group of researchers tried to improve the
653 environmental sustainability of WW treatment plants through electricity supply from solar PV
654 (Han et al., 2013). Solar PV used in this study was without any battery storage to make the
655 process economical. Here, aerobic-anoxic-anaerobic treatment of WW was carried out in a

656 single tank. The electricity supply from PV enhanced the aerobic and anoxic treatment of WW,
657 thanks to the presence of sun (therefore electricity production) during the day and absence of
658 sun in the night that led to anaerobic treatment of the WW. Finally, the resulted effluent of this
659 process was proved efficient with great reduction in COD (88%), ammoniacal nitrogen (98%),
660 total nitrogen (70%) and total phosphorous reduction (83%). Similarly, García-García et al
661 (2015) evaluated electro-chemical treatment of industrial WW by power supply from ERDM
662 225TP/6 solar module with 1.50 m² catchment area. Here, electro-coagulation (EC) of the WW
663 was conducted in monopolar electro-chemical cell with copper electrodes (anode and cathode)
664 in batches for 50 minutes with the current supply of 1-3 A. Followed by electro-oxidation
665 process in batches with a boron-doped diamond anode and copper electrode for 180 minutes
666 (3 hr). Application of electro-oxidation was initiated due to poor efficiency of organic carbon
667 removal by the electro-coagulation. This combined technology resulted in reduction of 70%
668 TOC, 99.7% COD, 100% (colour) and 95% (turbidity) in the effluent. pH and current density
669 of the process are reported as the significant factors for organic solids reduction in WW. A
670 municipal WWTP in Benijing (China) with Anoxic-anaerobic-aerobic treatment evaluated its
671 carbon neutrality by energy recovery (AD, heat pump) and renewable energy generation (solar
672 PV) (Hao et al., 2015). About 50% of the plant electric and thermal energy supply was reported
673 from anaerobic digestion of sludge and heat recovered from WW using heat pump. Whereas,
674 the solar PV mounted on the top of the anaerobic digester contributed 10% of the total
675 electricity demand of the plant. Another similar study was conducted by Taha and Al-Sa'ed
676 (2017) for WWTPs in three Palestinian cities- Nablus, Al-Bireh and Altira. Conventional
677 activated sludge, extended aeration and membrane bioreactor are the three WW treatment
678 techniques at these plants that were supplied with the electricity from anaerobic digestion of
679 sludge and solar PV. The power supply from PV was just a backup for emergency situations
680 like power-cuts at pumping station. Supply of total electricity demand of the plant solar PV
681 was reported as cost effective over Combined Heat and Power (CHP) of the biogas produced
682 by AD. Alternatively, combination of grid connected CHP and off-grid solar PV was reported
683 economical for the WWTPs in Palestine. Brandoni and Bošnjaković (2017) assessed the cost-
684 effectiveness of renewable energy integration with WWTPs (with ASP and MBR) in Sub-
685 Saharan Africa for efficient treatment of WW and its reuse in the agriculture. The assessment
686 was carried out using renewable energy modelling tool 'HOMER'. This software is specifically
687 developed to assess the optimal hybrid microgeneration system. Solar PV, Wind and AD are
688 the energy sources considered in assessing and developing a hybrid micro-generation system
689 for Bahir Dar town in Ethiopia, Sub-Saharan region. Different scenarios such as (i) baseline

690 (varying cost energy), (ii) emergency (use of diesel engine) and (iii) selling back the renewable
691 electricity generated to grid was analysed. This assessment reported in supply of 33-55% of
692 the total energy demand of the plant from renewable energy system at high investment cost.
693 Ali et al (2020) demonstrated the energy generation potential and 100% renewable electricity
694 utilization at WWTPs in Australia. Energy sources such as anaerobic digestion of sludge,
695 biomass energy, solar energy (rooftop and centralised), wind and hydro were considered
696 alongside the load-shifting of the WWTPs. Some WWTPs practice load shifting i.e., partial
697 storage of the daytime WW influent in a storage tanks and treating in the night when the
698 electricity cost is low (Simon-Várhelyi et al., 2020). Data of 30 WWTPs in Australia was
699 collected on hourly basis for a year from Geographic Information System (GIS) and was
700 simulated in MATLAB environment. The load-shifting of six hours and electricity generation
701 from wind (39%), solar (29%), sludge digestion (1%) and biomass (31%) was suggested to
702 make WWTPs in Australia carbon free. An overview of different modelling studies on WW
703 treatment optimization, energy recovery technology and renewable energy integration are
704 given in Table 3.

705 **Table 3: Overview of the models on WW treatment energy optimization, Energy recovery**
706 **technologies and Renewables**

Reference	WW treatment technique	Energy recovery technology	Renewable technology	Energy optimization goal	Energy generation	Study location
Power et al., 2014	Not specified, however mainly based on Activated	-	Micro hydropower (MHP)	Minimisation of flow variation and payback	Up to 50%	Ireland and UK
Chae et al., 2015	-	-	MHP	Effluent flow	0.83%	Kiheung Respia WWTP in Yongin (South Korea)
Ak et al., 2017	-	-	MHP	Type of turbine and payback period	34%	Tatlar WWTP in Ankara (Turkey)
Chae and Kang et al., 2013	-	HP	Solar PV and Small hydropower	Optimizing size of the energy system	7-9% electricity and over 100% heat	Kiheung Respia municipal WWTP in Korea
Han et al., 2013	Oxidation ditch	-	Solar PV	COD, Nitrogen and	100% electricity	-

				Phosphorus removal			
García-García et al., 2015	Electro-coagulation and Electro-oxidation	-	Solar cell	TOC, Colour and Turbidity removal	COD and	100%	-
Hao et al., 2015	-	AD and HP	Solar PV	Energy generation process		upto 60%	Municipal WWTP in Benijing (China)
Brandoni and Bošnjaković, 2016	Activated sludge process and Membrane bioreactor	AD	Solar PV and Wind	Optimal combination of energy sources		33-55%	Bahir Dahr, Ethiopia, Africa
Taha and Al-Sa'ed, 2017	Activated sludge process, Extended aeration and Membrane bioreactor	AD	Solar PV	Energy generation process		9-15%	WWTPs in Palestinian
Yang et al., 2020	Anaerobic-Anoxic-Aerobic (AAO) process	Incineration and HP	Solar PV	Optimal combination of energy generation at source (WW and renewables)		Above 40%	WWTPs in China
Nguyen et al., 2020	-	-	Solar PV, Wind, battery and hydrogen storage	Optimal combination of renewable energy and storage system		Approximately 85%	WWTP in Vietnam
Ali et al., 2020	NA	AD	Solar PV, Wind and Hydropower	Load-shifting and optimal combination of renewable energies		69%	WWTPs in Australia

707

708 Most studies on WWTP energy integration have focused on solar energy, since it is the most
709 economic and widely applicable. Modelling studies on micro hydropower mentioned in this
710 section opens room of opportunity for WWTPs to become energy self-sufficient and carbon
711 neutral. But, the MHP is highly suitable for WWTPs with high flow rates i.e., for larger
712 WWTPs than the smaller ones. Larger WWTPs can be transformed to energy self-sufficient by
713 WW energy recovery and renewable energy integration. Whereas, the small scale WWTPs with
714 high energy demand and low/no scope of energy recovery from wastewater can be sustainable
715 and energy self-sufficient by integration of renewable energy sources locally available. The
716 idea of solar energy systems integrated with energy intensive treatment processes may be

717 replicated at the plants that are economically weak (like decentralised WW treatment and
718 small-scale WWTPs). WWTPs that have already optimized the treatment processes and
719 devices and partially supply the energy demand by WW energy recovery can evaluate the
720 renewable energy potential of the plant using different energy modelling tools like HOMER
721 and RETScreen. Load-shifting of WWTPs as per the design of the WWTP can also serve as
722 one of the good options for cost cutting in WWTPs. Although, load-shifting reduces the cost
723 of the WW treatment, it still contributes to carbon emissions due to electricity supply from grid
724 (fossil fuel-based electricity).

725 **7. Comparison of energy optimisation modelling tools and strategies for** 726 **WWTP decarbonisation**

727 Table 4 compares the main characteristics of all the models developed so far for the study of
728 the use of energy in wastewater treatment facilities. The references reported in the previous
729 Tables have been reported in Table 4 for a full comparison and to provide further information
730 on different tools. Table 4 shows different categories: model type, modelling environment used
731 (when specified), purpose of study, optimization goal, Water-Energy nexus focus, time frame,
732 time series, validation, applicability and CO₂ reduction potential of the study. The category
733 “Model type” gives information about the type of the model i.e., regression model or kinetic
734 model or superstructure model or chemical equilibrium model etc, used in addressing the nexus
735 issue by the respective studies. Main reason behind developing the model or tool i.e.,
736 parameters, technologies, treatment conditions etc are categorised as “Purpose of study”. The
737 aim of the decarbonisation strategies (energy optimization) analysed such as energy reduction
738 (R₁), energy recovery (R₂), renewable energy (R₃) is reported in the “Decarbonisation strategy”
739 column. The time series and time frame considered in developing the model/tool and its
740 validation at any WWTPs or community are mentioned under the respective category name.
741 Flexibility of the model in terms of applicability to different size of WWTPs and geographic
742 location are given under “Applicability”. The carbon emissions reduction (%) of different
743 modelling studies are calculated based on the results achieved from the individual studies such
744 as reduction in energy consumption or percentage of the energy demand covered from local
745 available renewable sources or energy recovered from wastewater.

746 **Table 4:** Wastewater-Energy modelling studies by different researchers

Source of Information	Purpose of study	Water source	Input	Output	Model Type	Modelling environment	Time series	Time frame	Applicability	Validation	Decarbonisation strategy			CO ₂ emission reduction (%)
											R ₁	R ₂	R ₃	
Long and Cudney, 2012	Integration of Energy and Environmental system	WWTP	BOD, SS, FR and RF	Energy and emission efficiencies	Multi-linear regression	NA	Monthly	2 years	Any WWTP	Rolla, Missouri Southeast WWTP	✓	X	X	10-20 ^a
Novak and Horvat, 2012	Improve efficiency of aeration	WWTP	BOD, DO, FR, SRR, NH ₃ , NO ₂ ⁻ , NO ₃ ⁻	Reduction in the oxygen consumption	Mathematical	MATLAB/Simulink	Seconds	Hours	Any WWTP-aerobic process	WWTP in Croatia	✓	X	X	20-25 ^a
Dubreuil et al., 2013	Energy optimization for water allocation	Surface, ground, rain agriculture drained, saline and brackish, WW etc	WR and FR	Energy demand and efficiency	Bottom-up Energy model	TIAM-FR (CLEW)	Years	years	Any water and WWTP in Arid regions	NA	✓	X	X	5-30 ^b
Holenda et al., 2007	Improve aeration efficiency of aerobic process	WWTP	Average FR, OL and Nitrogen	Water quality and energy efficiency	Genetic algorithm	MATLAB	Hours	Days	Any WWTP-aerobic process	NA	✓	X	X	10 ^g
Ramli and Hamid, 2019	Minimize energy consumption	WWTP	WW flow	Power	Artificial Neural Network	SPSS	Months	Years	Any WWTP	NA	✓	X	X	2.23 ^b

Cao and Yang, 2020	Improving aerobic/anaerobic treatment	WWTP	Influent and effluent quality, weather data	Treatment efficiency	Online Sequential Extreme Learning Machine	MATLAB		Days	Weeks	Any WWTP with aerobic/anaerobic	NA	✓	X	X	Up to 40 ^b
Padrón-Páez et al., 2020	Sustainable designing of WWTPs	WWTP	Quality and quantity of WW, regional regulation	Level of treatment, optimum flowrates	MINLP, Lexicographic, TOPSIS	MATLAB and GAMS			Year	Any WWTP focusing on sustainable treatment	NA	✓	X	X	Up to 20.2 ^k
Molinos-Senante et al., 2015	Account the CO ₂ emission price	WWTP	Composition of the WW & FR	GHG emissions	Directional distance functional approach	NA		NA	NA	Any WWTP	NA	X	✓	X	>50 ^a
Stillwell et al., 2010	Implementation of sustainable energy policy	WWTP	FR, DS	Energy recovery	Mathematical	NA		NA	NA	WWTP >5mgd (million gallon per day)	NA	X	✓	X	Texas=4.7-83 ^g ; US=2.6-27 ^g
Yang and Shen, 2014	Energy recover using HP & SS-AD	Sewers (small community)	FR, OL & WW temperature	Thermal energy	NA	NA		Days	NA	Large flow plants	1000 houses residential area in USA	X	✓	X	8 ^a
Nowak et al., 2015	Energy recover using AD & HP	WWTP	COD & FR	Electricity	NA	NA		NA	Years	Any WWTP	NA	X	✓	X	>50 ^a
Khiewwijit et al., 2015	Potential of energy and nutrient recovery	WWTP	COD, TN, TP	Energy (electric and thermal) and CO ₂ emission reduction	Simulation	MS-Excel		NA	NA	Any WWTP	NA	X	✓	X	35 ^h

Yang et al., 2016	Energy recover by thermal technics	WWTP	OL & SMC	Electric energy	Chemical equilibrium	NA		Any WWTP with sludge treatment	NA	X	✓	X	25.4–28.4 ^d
							NA						
Maalouf and El-Fadel, 2020	Integrated waste management and emission reduction	Municipal WW	Quality and quantity of MSW and WW, cost modules of respective processes	Cost of the Integrated waste management, emission reduction	Linear optimization	MS-Excel		Any Integrated waste management system	NA	X	✓	X	30-90 ^h
							Year	Years					
Power et al., 2014	Evaluated hydropower generation from WWTP outlet	WWTP	flow rate and head pressure	Electricity and payback	Evaluation	NA		Large WWTPs in urban area	NA	X	X	✓	Up to 50 ^d
							Days	Years					
Chae et al., 2015	Application of Hydro power at small scale municipal WWTPs	WWTP	FR, H	Electricity	Hill-Chart method	HydroHillChart		Small scale WWTPs	NA	X	X	✓	0.83 ^d
							Hours	Year					
Ak et al., 2017	Evaluation of low head hydropower technology	WWTP	Turbine head, FR, flow duration	Investment cost, payback period, energy generation performance, construction duration, fish-friendliness, and aeration capacity	Fuzzy logic	MATLAB/Simulink		Low head effluent discharge WWTPs	NA	X	X	✓	< 34 ^d
							Seconds	Year					

Nguyen et al., 2020	Optimal sizing of hybrid renewable energy and storage system	WWTP	Energy demand, cost modules, wind speed, solar irradiance	Cost, optimal size, reliability and CO2 emissions of the hybrid system	Fuzzy-TOPSIS	NA		Any WWTP	NA	X	X	✓	Around 85 ^d
							Days	Year					
Kretschmer et al., 2016	Transform WWTP into regional energy cell (heat recovery)	WWTP	FR, OL, TN, TP, TED, EED, SHC	Thermal (WW through HP & AD) and electric (AD) energy generated and process energy efficiency (Aerobic)	Process network synthesis (PNS)	MS-Excel		Any WWTP with sludge treatment	NA	✓	✓	X	>50 ^d
							Years	NA					
Soda et al., 2010	Evaluation of energy consumption of sludge treatment plant	WWTP	Sludge load, WC, Solid load	Energy efficiency of the sludge treatment and thermal energy recoverable	Analytical	NA		Any Sludge treatment plant	NA	✓	✓	X	>50 ^a
							Days	NA					
Larsen, 2015	Evaluation of CO2 neutrality processes of the WWTPs	WWTP & Sewer	COD, NH3 & WW temperature	Energy efficiency, recoverable thermal energy, N2O & CH4 emissions	NA	NA		Any WWTP	NA	✓	✓	X	30-40 ^a
							NA	NA					
Puchongkawarin et al., 2015	Resource recover from WW	WWTP	COD, TN, TSS & TP	Energy and resources recoverable	Super structure	GPS-X TM and CAPDETWORKS TM		Any WWTP	NA	✓	✓	X	10-50 ^d
							Hours	Years					
Subha et al., 2019	Simultaneous WW treatment and energy generation	WWTP	COD, OLR, Flow rate	Optimum OLR, HRT, Electricity generated	Monod Kinetic model	NA		Any lab scale experiment	NA	✓	✓	X	40-60 ^{id}
							Hours	Days					

Abourached et al., 2016	Cost effective WW treatment and electricity generation	WWTP	Cost modules, HRT, COD, flow rate	Cost of WW treatment and electricity generation by MFC	NA	NA		Lab scale	NA	✓	✓	X	40 ⁱ
							Hours		NA				
Sun et al., 2020	Centralised and decentralised WW treatment and energy recovery (AD) of medium scale WWTPs	Residential WW and WWTP	WW quality (COD, TN, TP), sludge generated, cost modules of WW treatment and energy recovery	Sustainability (energy generated, CO2 reduced and potential of eutrophication) and resilience	Assessment	Analytical Hierarchy process		Regions with around 30K PE	NA	✓	✓	X	24 ^j
							Days						
							Months						
Longo et al., 2019	Energy benchmarking of the WWTP	WWTP	Water flow, Organic load (COD), TS, TSS, TN, TP	Energy consumption and load reduction	Mass-balance	ENERWATER		Any	NA	✓	✓	X	30-80 ^{df}
							Yearly		NA				
Torrehrossa et al., 2018	Energy optimization of WWTP	WWTP	AFR, BOD, biogas composition, sludge, pH and digester temperature	Final pH & Temperature of digester, SRT and biogas volume	Fuzzy logic, Support Vector Regression, Random Forest and Artificial Neural Network	Energy Online System (EOS)		WWTPs in European Union only	Burg-Solingen (Germany) and Hidden-City (Netherlands)	✓	✓	X	50-80 ^{df}
							Daily						
							Monthly and weekly						
Sarpong et al., 2019	Evaluation of energy self-sufficiency of the small	WWTP	Influent and effluent COD, Nitrogen and	Energy consumption, energy recovery and energy self-sufficiency	Mass-balance	NA		Small scale WWTPs	Gresham WWTP (USA) and Strass	✓	✓	X	35 to >100 ^d
							Day						
							Year						

	scale WWTPs		Phosphorus, Cost modules of WW treatment and energy recovery						WWTP (Austria)						
Han et al., 2013	Utilization of RE for aerobic WWT process	WWTP	COD, NH ₃ -N, TN, TP & Solar irradiance	Portable water and energy	Prediction model	NA		Days	NA	Solar resource available WWTP	NA	✓	X	✓	100 ^e
García-García et al., 2015	Effective pollutant removal from Industrial WW and energy generation	WWTP	COD, TOC and Solar irradiance	Clean/potable water and energy	Mass-balance	NA		Minutes	NA	Industrial WW (solar rich regions)	NA	✓	X	✓	100 ^e
Chae and Kang, 2013	Energy self-sufficient WWTP	WWTP	T, SHC, η_{th} , FR, head of turbine and solar irradiance	Electrical (PV+SHP) and thermal (HP) energy and payback.	Evaluation	RETScreen		Monthly	Yearly	Any WWTP	NA	X	✓	✓	Up to 5% ^d
Hao et al., 2015	To Achieve Energy neutral WWTP	WWTP	COD, T & Solar irradiance	Electric and thermal energy	Evaluation	NA		Days	Year	WWTPs in China	Municipal WWTP in Beijing, China	X	✓	✓	Up to 60 ^d
Brandoni and Bošnjaković, 2016	To assess cost effectiveness of renewable energy integration to WWTPs	WWTP	Different renewable energy system efficiency, cost and lifespan	Levelized cost and configuration of the hybrid energy system	Assessment	HOMER		Hours	Years	WWTPs in Sub-Saharan Africa	NA	X	✓	✓	33-55 ^d

Yang et al., 2020	Energy self-sufficiency guide for future WWTPs	WWTP	Influent quality, flow rate, WW temperature, surface area for PV, geographic coordinates, effluent temperature	Annual energy consumption of the plant, annual excess sludge production and carbon footprint of the bioreactor	Ordinary least square regression analysis	MATLAB and SPSS		Day Year	WWTPs in China	NA	X	✓	✓	> 45 ^d
Ali et al., 2020	Zero carbon WWTPs	WWTP	WW treatment process, Cost modules, weather data	Energy demand, Energy generation potential, Optimal size of the renewable energy system	Simulation model	GIS and MATLAB		Hour Year	Any WWTP	WWTPs in Australia	X	✓	✓	69 ^d
Taha and Al-Sa'ed, 2017	To make WWTP energy efficient	WWTP	BOD, SS, TN and solar irradiance	Energy efficiency and energy generated (PV)	Assessment	NA		Days Year	NA	NA	✓	✓	✓	9-15 ^d
Zhang and Vesselinov, 2017	WEF Nexus	Ground, surface and recycled (WWTP)	Water, energy and food demand, availability of coal and natural gas, water resources	Electricity and Food production	Linear	Water-Energy-Food security nexus Optimization (WEFO)		NA NA	NA	NA	X	X	X	NA
Daher and Mohtar, 2015	WEF Nexus	Surface, ground, rain and WWTP	Types and characteristics of food, water and energy system	Water requirement, local energy requirement, low carbon emissions, land requirements, financial	Dynamic	WEF Nexus Tool 2.0		NA NA	NA	NA	X	X	X	NA

					requirements, import energy consumption and carbon emission								
Giampietro et al., 2013 & 2014	WEF Nexus	All the available water sources	Socio-economic indicators (including workforce evolution), availability of the land, climate change impacts, characterization of all flows.	Energy (fossil fuels & electricity), Water (drinking, domestic use, irrigation, industrial processes etc) and Food flow in the society	Flow fund	MuSIASEM		NA	NA	X	X	X	NA
										NA	NA		
Shinde, 2017	WEF Nexus	Surface water (lake, river & sea), ground water, WW	Energy balance, water and food resources for energy types and systems, policy and regulations in energy context	Water, energy and food requirements for various scenarios. Cost associated with different scenarios, Acceptability of different policies through index-based approach	Nexus assessment model	IRENAS's Preliminary Nexus Assessment Tool		NA	NA	X	✓	X	NA
										NA	NA		
Foreseer Beta, 2018	WEF Nexus	Surface and ground water, precipitation, saline	Energy sources and systems; land use types and food characteristics	Natural resources supply, transformation and use, GHG emissions and other measures	Simulation	Foreseer		NA	NA	X	X	X	NA
										NA	NA		

		water and WW	cs; water sources, systems and demands; socio-economic and policy related information	of stress (like ground water depletion)									
Martinez-Hernandez et al., 2017	WEF Nexus	WWTP & aquifers	Climate and ecosystem data, water, energy & food demand	Trends of ecosystem states and services, Demand satisfaction/resource sufficiency, Nexus resource overview, Export/import flows, Contribution analysis, Total emission/waste flows, Land use and Other indicators	Dynamic and algebraic	NexSym		NA	NA	X	X	X	NA
							NA	NA					
Kraucunas et al., 2015	WEF Nexus	Surface and ground water	Climate data, water resources and land availability, Available energy technologies	GHG emissions, Electricity load, Energy price, Electricity generation technology mix (includes biofuel), water availability (for power plants	NA	PRIMA		NA	NA	X	X	X	NA
							NA	NA					

and
agriculture),

747 **Note:** AFR=Average flow rate, A_T=Alkalinity, BOD=Biochemical oxygen demand, COD=Chemical oxygen demand, DO= Dissolved oxygen,
748 DS=Dry solid content, EED= Electric energy demand, ER=energy recovery, FR=flow rate, η_{th} =Heat transfer efficiency, NH₃=Ammonia
749 Concentration, NO₂⁻=Nitrite concentration, NO₃⁻=Nitrate concentration, OL=Organic load, RE=Renewable energies, RF=Rainfall/precipitation,
750 SHC=Specific heat capacity, SMC=Sludge moisture content, SRR=Sludge recycling rate, SS=suspended solids, T=Temperature of the effluent,
751 TED=Thermal energy demand, TN=Total nitrogen, TOC=Total organic carbon, TP=Total phosphorus, TSS=Total suspended solids,
752 VFA=Volatile fatty acids, VSS=Volatile suspended solids, WC=Water content, WR=Water resources, SRT=Solid retention time, MTC=
753 Minimization of total cost of the system, MR=Maximizing revenue, UAMFC= Up-flow anaerobic microbial fuel cell.

754 a= Reduction in energy consumption (%) from (Georges et al., 2009); b= Reduction in energy consumption (%) from (Panepinto et al., 2016); c=
755 From (Hwang and Hanaki, 2000); d= Energy recovered or generated at site (%); e= All the electricity required for the process is from Solar
756 technology, considering 100% carbon emission reduction; f= (Gude, 2015); g= Carbon emission reduction equivalent to reduction in the energy
757 demand of WWTP (%); h= Carbon reduction mentioned in the article; i= Electricity generation efficiency of the system (Chen et al., 2013); j= %
758 of biogas produced; k= Energy reduction mentioned in the study.

759 Very few studies have focused so far on the water and energy issues together. In addition to
760 the models discussed in the previous sections, Table 4 reports additional nexus tools that
761 involve water and energy as components of the tool, but they were developed for a different
762 purpose, mainly understanding the nexus between the use of energy, water and food. For those
763 tools it is not always possible to clearly gather detailed information such as the WW treatment
764 techniques applied, energy recovery solutions from WW. These tools include IRENA's
765 Preliminary Nexus Assessment Tool (Shinde, 2017), Water-Energy-Food Security Nexus
766 Optimization (WEFO) (Zhang and Vesselinov, 2017), Water Food Energy Nexus Tool 2.0
767 (Daher and Mohtar, 2015), Multi-scale Integrated Analysis of Societal and Ecosystem
768 Metabolism (MuSIASEM) (Giampietro et al., 2013, 2014), Forseer (Forseer beta, 2018),
769 NexSym (Martinez-Hernandez et al., 2017) and Platform for Regional Integrated Modelling
770 and Analysis (PRIMA) tool (Kraucunas et al., 2015).

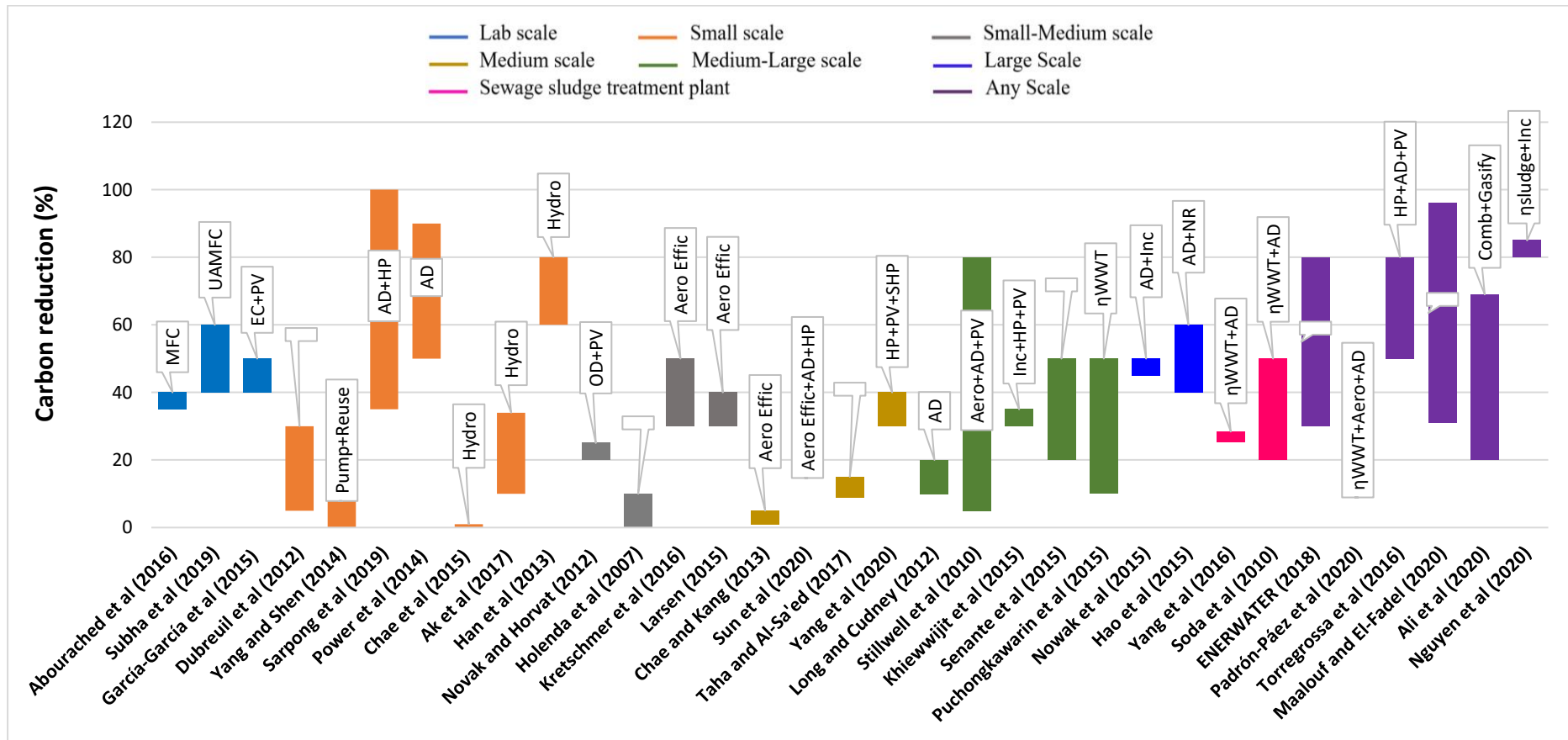
771 Most of the studies shown in Table 4 are aimed at improving the WWT process efficiency
772 along with energy and resource recovery. Models are mostly analytical or deterministic (Mass
773 balance models) providing a clear view of underlying process mechanism and energy
774 consumption of specific treatment techniques such as Aerobic process, electric energy recovery
775 by AD and MFC, thermal energy recovery etc.

776 Main reason for grouping all the modelling studies in Table 4 is to compare the level of
777 decarbonisation strategies (3R's) discussed in different studies and identify gap in existing
778 energy decarbonisation tools for WWTP application. The expected carbon reduction of
779 different modelling studies is further compared in Figure 7. As already mentioned, the energy
780 intensity of the WWTP (including sludge treatment) differs from plant to plant based on the
781 quality of influent WW, treatment techniques employed and its efficiency. The optimal
782 configuration of the WW treatment (i.e., selection of the treatment techniques) based on the
783 influent WW quality and desired effluent quality is suggested to reduce the carbon footprint of
784 the plant up to 20% (Long and Cudney, 2012). Optimization of the equipment and machines
785 involved in the WW treatment can further reduce the energy demand (Ramli and Hamid, 2019).
786 Energy recovery from sludge using AD can reduce the CO₂ emissions by 50% (Molinos-
787 Senante et al., 2015). The most frequently used and efficient biological treatment technique is
788 the activated sludge process which is also the main energy consumer in the WW process.
789 Improving the energy efficiency (optimizing) of the aeration process can reduced carbon
790 emissions between the 10-30%, as mentioned in the earlier sections and up to 40% with
791 machine learning control strategies (Cao et Yang, 2020). When considering energy recovery

792 technologies, AD is the most commonly used for electricity and heat generation. AD not only
793 treats the organic content of the sludge generated at the WWTP, but also generates up to 50%
794 of the energy used by the plant based on (i) the energy content of the organic fraction of sludge
795 and (ii) working conditions of the AD (Soda et al., 2010). Nowak et al (2015) reported that an
796 increased energy efficiency of the AD by co-digestion of the sludge with other locally available
797 organic waste can make WWTPs 100% carbon neutral. Integration of AD with other thermal
798 techniques like incineration (under controlled conditions including gas capture) for sludge
799 treatment can increase the energy production and reduce carbon footprint above 50. The value
800 depends on the sludge availability and regional regulation (Stillwell et al., 2010). Heat recovery
801 from sewer WW (using heat pumps) can reduce carbon emissions of about 8% (Yang and Shen,
802 2014). As already mentioned in the initial section of this paper that the thermal energy stored
803 in the WW is higher than that demand, which can be supplied to the neighbourhood buildings
804 (Kretschmer et al., 2016). WWTPs with less scope for organic energy recovery, especially
805 small-scale WWTPs can reduce their carbon footprint in the range of 30-40% by optimizing
806 their aerobic treatment process and by thermal energy recovery through wastewater heat pumps
807 (Larsen, 2015). Supply of the electricity from the solar PV towards the biological treatment
808 process (Han et al., 2013) or electro-chemical treatment process (Garcia-Garcia et al., 2015)
809 can reduce the carbon footprint of the specific treatment techniques due to electricity supply
810 from the renewable resource (:), however storage would be needed in order to provide a
811 continuous load and due to the low power density of PV systems, the solution would require
812 an excessive investment and large area available to be able to cover the energy demand of the
813 most common activated sludge plants. Installation of micro hydropower turbine at low head
814 WWTPs can reduce carbon emissions related to grid power consumption of about 30% (Ak et
815 al., 2017), whereas the same strategy at large flow plants (urban WWTPs) can reduce carbon
816 emissions associated with electricity consumption of up to 50% (Power et al., 2004).
817 Integration of water pumps alone with solar PV can reduce 9-15% of the total energy demand
818 and related carbon emissions (Taha and AL-Sa'ed, 2017). Plants with low scope for
819 biochemical process of energy recovery can apply techniques such as gasification/combustion,
820 which not only generated energy in the range of 25-28%, but also reduces the air emissions and
821 reduces the waste volume to be disposed to landfill site (Yang et al., 2016).

822 Modelling studies on efficient WW treatment through electrochemical methods (García-García
823 et al., 2015) and A²O (anoxic-anaerobic-oxic) process (Han et al., 2013) by electricity supply
824 from solar PV have good CO₂ reduction but are limited in application i.e., to lab-scale and

825 small WWT facilities, respectively. Application of MFC (Subha et al., 2019) for electricity
826 generation and simultaneously treatment of WW has good potential to reduce carbon emission
827 from WW but are also limited similar to electro-chemical methods due to scalability issues.
828 The modelling works based on AD integration with heat pump (for heat recovery) (Yang and
829 Shen, 2014) or nutrient recover techniques (Khiewwijit et al., 2015) or aeration optimization
830 (Kretschmer et al., 2016) have achieved good carbon reduction efficiency, which ranges
831 between 40 to 60%. Further, the carbon reduction efficiency of WWTPs can be improved (up
832 to 80%) by integrating AD with thermo-chemical technologies like Pyrolysis, Gasification and
833 combustion, which not only helps in recovery of energy from the digested sludge, but also
834 reduces the quantity of sludge sent to landfills. Further, excess electricity generated at the
835 WWTPs can further be stored in hydrogen storage tank and can be utilised when required as
836 mentioned in Nguyen et al (2020).



838

839 **Figure 7.** Carbon reduction of different modelling studies on Water-Energy Nexus of WWTPs

840 (*Note:* η WWT= Improvement in the wastewater treatment process; MFC= Microbial fuel cell; EC= Electro-coagulation; PV= Solar photovoltaic
 841 cell; Reuse= water reuse; Aero Effic= Improving efficiency of the aerobic treatment process by process parameter optimization; AD= Anaerobic

842 digester; HP= Heat pump; Hydro= Hydro power; OD= Oxidation ditch; SHP= Small-scale hydropower; Inc= Incineration; NR= Nutrient recovery;
843 Comb= Combustion; Gasify= Gasification; η sludge= Improving the sludge treatment; EB= Energy benchmarking; LS= Load-shifting; H₂=
844 Hydrogen storage).

845

846 **8. Conclusion**

847 WWTPs are reported as the highest energy consumers and CO₂ emitters among the water
848 industry, therefore it is important to access dedicated tools to investigate the best
849 decarbonisation strategies for WWTPs. The study shows that identifying the perfect tool is not
850 straightforward. Modelling tools available in literature have been developed with different
851 purposes, either for improving the efficiency of the energy used by the facility or for integrating
852 renewable energy sources. Furthermore, several modelling tools have been developed for
853 specific WWTPs. Energy Online System is one of the few examples that could be widely
854 applied for optimizing the use of energy intensive devices like pumps and blowers and
855 improving the efficiency of AD. Another interesting tool is ENERWATER, an energy
856 benchmarking model that can help wastewater managers to understand how efficient they use
857 energy. However, the benchmarks used come from data collected from some European
858 wastewater facilities and they are not always applicable to WWTPs belonging to other
859 geographic areas.

860 The studies analysed in the present paper clearly indicate that the complete decarbonisation of
861 the wastewater sector is possible, but only through the integration of both the energy saving
862 and renewable energy production technologies. The challenge is to access a decision support
863 tool that can help wastewater managers to identify all possible decarbonisation strategies and
864 prioritise the investments. Although, there are dedicated energy optimisation tools like
865 HOMER and RETscreen for renewable sources, such tools have not been developed for
866 wastewater applications. It is not possible to link the energy demand to the main WW
867 parameters and to assess energy saving initiatives. In authors' opinion there is still the need to
868 develop a single platform able to understand how to reduce the energy demand of the
869 wastewater process and to identify possible synergies between energy saving and renewable
870 sources exploitable in the wastewater facilities. The possibility to understand with a single tool
871 how to: i) use the excess electricity produced by intermittent renewable sources, ii) improve
872 the efficiency of the wastewater treatments, iii) shift the electrical loads to minimise the energy
873 consumption and iv) optimise the energy generation from programmable renewable sources,
874 could, for example, increase the energy self-sufficiency of the WWTP and therefore show a
875 better CO₂ emission reduction and profitability of the entire investment.

876 **Acknowledgment**

877 Authors are thankful to the University of Ulster and Horizon 2020 ALICE project. ALICE
878 project has received funding from the European Union's Horizon 2020 research and innovation
879 programme under the Marie Skłodowska-Curie grant agreement No 734560. This publication
880 reflects only the authors' view and the Research Executive Agency, REA, is not responsible
881 for any use that may be made of the information it contains.

882 **References**

- 883 Abourached, C., English, M.J. and Liu, H., 2016. Wastewater treatment by microbial fuel cell
884 (MFC) prior irrigation water reuse. *J. Clean. Prod.* 137, 144-149.
885 <http://dx.doi.org/10.1016/j.jclepro.2016.07.048>
- 886 Ainger, C., Butler, D., Caffor, I., Crawford-Brown, D., Helm, D., Stephenson, T., 2009. A Low
887 Carbon Water Industry in 2050. Resource Efficiency Programme. [online] Bristol:
888 Environment Agency.
889 https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data
890 [/file/291635/scho1209brob-e-e.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/291635/scho1209brob-e-e.pdf) [Accessed 4 Jan. 2019].
- 891 Ak, M., Kentel, E., Kucukali, S., 2017. A fuzzy logic tool to evaluate low-head hydropower
892 technologies at the outlet of wastewater treatment plants. *Renew. Sust. Energ. Rev.* 68, 727-
893 737. <https://doi.org/10.1016/j.rser.2016.10.010>
- 894 Allwood, J.M., Bajzelj, B., Curmi, E., Dennis, J., Fenner, R., Gilligan, C., Kopec, G., Linden,
895 P., McMahon, R., Pyle, J., Ralph, D., Richards, K., 2012. Foreseer [computer
896 software]. <https://www.foreseer.group.cam.ac.uk/> (accessed 22 July 2017). AI-Megren, H.A.,
897 2009. Hydrodesulfurization of thiophene over bimetallic Ni-Mo sulfide catalysts prepared by
898 different methods. *Arab. J. Sci. Eng.* (Springer Science & Business Media BV), 34.
- 899 Ali, S.M.H., Lenzen, M., Sack, F. and Yousefzadeh, M., 2020. Electricity generation and
900 demand flexibility in wastewater treatment plants: Benefits for 100% renewable electricity
901 grids. *Appl Energy.* 268, s114960. <https://doi.org/10.1016/j.apenergy.2020.114960>
- 902 Bala, B.K., 1997. Computer modelling of the rural energy system and of CO₂ emissions for
903 Bangladesh. *Energy.* 22 (10), 999-1003. [https://doi.org/10.1016/S0360-5442\(97\)00025-X](https://doi.org/10.1016/S0360-5442(97)00025-X)

904 Batstone D J, Viridis B. The role of anaerobic digestion in the emerging energy economy.
905 *Curr Op in Biotechnol* 2014; 27: 142–9. <https://doi.org/10.1016/j.copbio.2014.01.013>
906

907 Bernard, O., Hadj-Sadok, Z., Dochain, D., Genovesi, A., Steyer, J.P., 2001. Dynamical model
908 development and parameter identification for an anaerobic wastewater treatment process.
909 *Biotechnol. Bioeng.* 75 (4), 424-438. <https://doi.org/10.1002/bit.10036>
910

911 Boari, G., Mancini, I. M., & Trulli, E. (1997). Technologies for water and wastewater
912 treatment. *Options Mediterraneennes. Serie A: Seminaires Mediterraneens (CIHEAM)*.

913 Brandoni, C., and Bošnjaković, B. (2017). HOMER analysis of the water and renewable energy
914 nexus for water-stressed urban areas in Sub-Saharan Africa. *Journal of cleaner*
915 *production*, 155, 105-118. <https://doi.org/10.1016/j.jclepro.2016.07.114>

916 Cao, W. and Yang, Q. (2020). Online Sequential Extreme Learning Machine Based Adaptive
917 Control for Wastewater Treatment Plant. *Neurocomputing*.
918 <https://doi.org/10.1016/j.neucom.2019.05.109>

919 Chae, K.J., Kang, J., 2013. Estimating the energy independence of a municipal wastewater
920 treatment plant incorporating green energy resources. *Energy Convers. Manag.* 75, 664-672.
921 <https://doi.org/10.1016/j.enconman.2013.08.028>

922 Chae, K.J., Kim, I.S., Ren, X., Cheon, K.H., 2015. Reliable energy recovery in an existing
923 municipal wastewater treatment plant with a flow-variable micro-hydropower system. *Energy*
924 *Convers. Manag.* 101, 681-688. <https://doi.org/10.1016/j.enconman.2015.06.016>

925 Chen, B.Y., Liu, S.Q., Hung, J.Y., Shiau, T.J., Wang, Y.M., 2013. Reduction of carbon dioxide
926 emission by using microbial fuel cells during wastewater treatment. *Aerosol Air Qual. Res.* 13
927 (1), 266-274. <https://doi.org/10.4209/aaqr.2012.05.0122>

928 Cui, H., Ninomiya, Y., Masui, M., Mizukoshi, H., Sakano, T., Kanaoka, C., 2006. Fundamental
929 behaviors in combustion of raw sewage sludge. *Energy Fuels.* 20, 77–83.
930 <https://doi.org/10.1021/ef050188d>

931 Dürrenmatt, D.J., Wanner, O., 2014. A mathematical model to predict the effect of heat
932 recovery on the wastewater temperature in sewers. *Water Res.* 48, 548–558.
933 <https://doi.org/10.1016/j.watres.2013.10.017>

934 Daher, B., Mohtar, R., 2015. Water-energy-food (WEF) Nexus Tool 2.0: guiding integrative
935 resource planning and decision-making. *Water Int.* 1–24.
936 <https://doi.org/10.1080/02508060.2015.1074148>

937 Daw, J., Hallett, K., DeWolfe, J., Venner, I., 2012. Energy efficiency strategies for municipal
938 wastewater treatment facilities (No. NREL/TP-7A20-53341). National Renewable Energy
939 Laboratory (NREL), Golden, CO.

940 Dubreuil, A., Assoumou, E., Bouckaert, S., Selosse, S. and Maizi, N., 2013. Water modeling
941 in an energy optimization framework - the water-scarce middle east context. *Appl. Energy.*
942 101, 268–279. <http://dx.doi.org/10.1016/j.apenergy.2012.06.032>.

943 ENERWATER, 2018. Enerwater Online Methodology V0 - Enerwater. [online] Available at:
944 <http://www.enerwater.eu/enerwater-online-methodology-v0/> [Accessed 1 Oct. 2018].
945

946 Fikar, M., Chachuat, B., Latifi, M.A., 2005. Optimal operation of alternating activated sludge
947 processes. *Control Eng.* 13 (7), 853-861. <https://doi.org/10.1016/j.conengprac.2004.10.003>

948 Foreseer beta. (2018). Foreseer tool. [online] Available at:
949 <https://www.foreseer.group.cam.ac.uk/> [Accessed 19 Sep. 2018].

950 Frišták, V., Pipiška, M., Soja, G., 2018. Pyrolysis treatment of sewage sludge: a promising way
951 to produce phosphorus fertilizer. *J. Clean. Prod.* 172, 1772–8.
952 <https://doi.org/10.1016/j.jclepro.2017.12.015>

953 García-García, A., Martínez-Miranda, V., Martínez-Cienfuegos, I.G., Almazán-Sánchez, P.T.,
954 Castañeda-Juárez, M., Linares-Hernández, I., 2015. Industrial wastewater treatment by
955 electrocoagulation–electrooxidation processes powered by solar cells. *Fuel.* 149, 46-54.
956 <https://doi.org/10.1016/j.fuel.2014.09.080>

957 Georges, K., Thornton, A., Sadler, R., 2009. Transforming wastewater treatment to reduce
958 carbon emissions. Resource Efficiency Programme. [online] Bristol: Environment Agency.
959 Available at:
960 [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/291633/scho1209brnz-e-e.pdf)
961 [/file/291633/scho1209brnz-e-e.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/291633/scho1209brnz-e-e.pdf) [Accessed 4 Jan. 2019].

962 Giampietro, M., Aspinall, R.J., Bukkens, S.G.F., Cadillo Benalcazar, J., Flammini, A.,
963 Gomiero, T., Kovacic, Z., Madrid, C., Ramos Martín, J. and Serrano Tovar, T. 2013a. An

964 innovative accounting framework for the food-energy-water nexus: Application of the
965 MuSIASEM approach to three case studies. FAO, Roma (Italia).

966 Giampietro, M., Aspinall, R., Ramos-Martín, J., Bukkens, S.G.F., 2013b. Resource accounting
967 in sustainability assessments: establishing a nexus between land, water, food, energy and
968 wealth using the MuSIASEM* approach.

969 Giampietro, M., Aspinall, R.J., Ramos-Martin, J. and Bukkens, S.G. eds. (2014). Resource
970 accounting for sustainability assessment: The nexus between energy, food, water and land use.
971 Routledge, UK.

972 Griffiths-Sattenspiel, B. and Wilson, W., 2009. The carbon footprint of water. River Network,
973 Portland.

974 Gu, Y., Li, Y., Li, X., Luo, P., Wang, H., Robinson, Z.P., Wang, X., Wu, J., Li, F., 2017. The
975 feasibility and challenges of energy self-sufficient wastewater treatment plants. Appl.
976 energy, 204, 1463-1475. <https://doi.org/10.1016/j.apenergy.2017.02.069>

977 Gude, V.G., 2015. Energy and water autarky of wastewater treatment and power generation
978 systems. Renew. Sust. Energy Rev. 45, pp.52-68. <https://doi.org/10.1016/j.rser.2015.01.055>

979 Hall, J. (1999) Ecological and economical balance for sludge management options. Problems
980 around sludge, Session 3: Technology and innovative options related to sludge management,
981 18-19 November 1999, Stresa (Italy). European comession, 155-205.

982

983 Hall, L.M., Buckley, A.R., 2016. A review of energy systems models in the UK: Prevalent
984 usage and categorisation. Appl. Energy. 169, 607-628.
985 <https://doi.org/10.1016/j.apenergy.2016.02.044>

986 Han, C., Liu, J., Liang, H., Guo, X., Li, L., 2013. An innovative integrated system utilizing
987 solar energy as power for the treatment of decentralized wastewater. J. Environ. Sci. 25 (2),
988 274-279. [https://doi.org/10.1016/S1001-0742\(12\)60034-5](https://doi.org/10.1016/S1001-0742(12)60034-5)

989 Hao, X., Liu, R., Huang, X., 2015. Evaluation of the potential for operating carbon neutral
990 WWTPs in China. Water Res. 87, 424-431. <https://doi.org/10.1016/j.watres.2015.05.050>

991 Hernández-Chover, V., Castellet-Viciano, L. and Hernández-Sancho, F., 2020. Preventive
992 maintenance versus cost of repairs in asset management: An efficiency analysis in wastewater
993 treatment plants. Process Saf Environ. <https://doi.org/10.1016/j.psep.2020.04.035>

994 Hoff, H., 2011. Understanding the Nexus, Background Paper for the Bonn 2011 Conference:
995 The Water, Energy and Food Security Nexus, Stockholm Environment Institute, Stockholm.

996 Holenda, B., Domokos, E., Redey, A., Fazakas, J., 2007. Aeration optimization of a wastewater
997 treatment plant using genetic algorithm. *Optim. Contr. Appl Met.* 28 (3), 191-208.
998 <https://doi.org/10.1002/oca.796>

999 Hwang, Y., Hanaki, K., 2000. The generation of CO₂ in sewage sludge treatment systems: life
1000 cycle assessment. *Water Sci. Technol.* 41(8), 107–113. <https://doi.org/10.2166/wst.2000.0149>

1001 Iacopozzi, I., Innocenti, V., Marsili-Libelli, S., & Giusti, E. (2007). A modified Activated
1002 Sludge Model No. 3 (ASM3) with two-step nitrification–denitrification. *Environmental*
1003 *Modelling & Software*, 22(6), 847-861. <https://doi.org/10.1016/j.envsoft.2006.05.009>

1004 International Energy Agency (IEA) (2019) Global Energy and CO₂ Status Report 2019. Paris,
1005 France: IEA. <https://www.iea.org/reports/global-energy-co2-status-report-2019/emissions>

1006 IPCC, 2007. Climate Change 2007: Synthesis Report. Contribution of Working Groups I, II
1007 and III to the Fourth Assessment Report of the Intergovernmental Panel on Climate Change
1008 IPCC, Geneva, Switzerland.

1009 Keller, J., Hartley, K., 2003. Greenhouse gas production in wastewater treatment: process
1010 selection is the major factor. *Water Sci. Technol.* 47 (12), 43-48.
1011 <https://doi.org/10.2166/wst.2003.0626>

1012 Khiewwijit, R., Temmink, H., Rijnaarts, H., Keesman, K.J., 2015. Energy and nutrient
1013 recovery for municipal wastewater treatment: how to design a feasible plant layout?. *Environ.*
1014 *Modell. Softw.* 68, 156-165. <https://doi.org/10.1016/j.envsoft.2015.02.011>

1015 Kraucunas, I., Clarke, L., Dirks, J., Hathaway, J., Hejazi, M., Hibbard, K., 2015. Investigating
1016 the nexus of climate, energy, water, and land at decision-relevant scales: the Platform for
1017 Regional Integrated Modeling and Analysis (PRIMA). *Clim Change.* 129, 573–88.
1018 <https://doi.org/10.1007/s10584-014-1064-9>.

1019 Kretschmer, F., Neugebauer, G., Kollmann, R., Eder, M., Zach, F., Zottl, A., Narodslawsky,
1020 M., Stöglehner, G., Ertl, T., 2016. Resource recovery from wastewater in Austria: wastewater
1021 treatment plants as regional energy cells. *J. Water Reuse Desalination.* 6 (3), 421-429.
1022 <https://doi.org/10.2166/wrd.2015.119>

- 1023 Larsen, T.A., 2015. CO₂-neutral wastewater treatment plants or robust, climate-friendly
1024 wastewater management? A systems perspective. *Water Res.* 87, 513-521.
1025 <https://doi.org/10.1016/j.watres.2015.06.006>
- 1026 Lee, U., Dong, J., Chung, J.N., 2016. Production of useful energy from solid waste materials
1027 by steam gasification. *Int. J. Energy Res.* 40, 1474–88. <https://doi.org/10.1002/er.3529>
- 1028 Liu, H., Ramnarayanan, R., Logan, B.E., 2004. Production of electricity during wastewater
1029 treatment using a single chamber microbial fuel cell. *Environ. Sci Technol.* 38 (7), 2281-2285.
1030 <https://doi.org/10.1021/es034923g>
- 1031 Long, S., Cudney, E., 2012. Integration of energy and environmental systems in wastewater
1032 treatment plants. *Int. J. Energy Environ.* 3, 521-530. <https://doi.org/10.1155/2019/2621048>
- 1033 Longo, S., d'Antoni, B.M., Bongards, M., Chaparro, A., Cronrath, A., Fatone, F., Lema, J.M.,
1034 Mauricio-Iglesias, M., Soares, A. and Hospido, A., 2016.
- 1035 Longo, S., Mauricio-Iglesias, M., Soares, A., Campo, P., Fatone, F., Eusebi, A.L., Akkersdijk,
1036 E., Stefani, L. and Hospido, A., 2019. ENERWATER—A standard method for assessing and
1037 improving the energy efficiency of wastewater treatment plants. *Appl Energy.* 242, 897-910.
1038 <https://doi.org/10.1016/j.apenergy.2019.03.130>
- 1039 Maalouf, A. and El-Fadel, M., 2020. A novel software for optimizing emissions and carbon
1040 credit from solid waste and wastewater management. *Sci. Total Environ.* 714, 136736.
1041 <https://doi.org/10.1016/j.scitotenv.2020.136736>
- 1042 Monitoring and diagnosis of energy consumption in wastewater treatment plants. A state of the
1043 art and proposals for improvement. *Appl Energy.* 179, 1251-1268.
1044 <https://doi.org/10.1016/j.apenergy.2016.07.043>
- 1045 Martinez-Hernandez, E., Leach, M., Yang, A., 2017. Understanding water-energy-food and
1046 ecosystem interactions using the nexus simulation tool NexSym. *Appl. Energy.* 206, 1009-
1047 1021. <https://doi.org/10.1016/j.apenergy.2017.09.022>
- 1048 Mayhew, M., Stephenson, T., 1997. Low biomass yield activated sludge: a review. *Environ*
1049 *Technol.* 18 (9), 883-892. <https://doi.org/10.1080/09593331808616607>

1050 McCarty, P.L., Bae, J., Kim, J., 2011. Domestic wastewater treatment as a net energy
1051 producer—can this be achieved? *Environ. Sci. Technol.* 45, 7100–6.
1052 <https://doi.org/10.1021/es2014264>

1053 Meegoda, J.N., Li, B., Patel, K., Wang, L.B., 2018. A review of the processes, parameters, and
1054 optimization of anaerobic digestion. *Int. J. Environ Res Public Health.* 15 (10), 2224.
1055 <https://doi.org/10.3390/ijerph15102224>

1056 Metcalf and Eddy Ltd (2014). *Wastewater Engineering: Treatment and Resource Recovery*,
1057 5th ed. McGraw-Hill, New York, NY, USA.

1058 Mo, W., Zhang, Q., 2013. Energy–nutrients–water nexus: integrated resource recovery in
1059 municipal wastewater treatment plants. *Journal of environmental management*, 127, 255-267.
1060 <https://doi.org/10.1016/j.jenvman.2013.05.007>

1061 Molinos-Senante, M., Hanley, N., Sala-Garrido, R., 2015. Measuring the CO₂ shadow price for
1062 wastewater treatment: a directional distance function approach. *Appl Energy.* 144, 241-249.
1063 <https://doi.org/10.1016/j.apenergy.2015.02.034>

1064 Nathanson, J.A. and Ambulkar, A. (2019) *Wastewater treatment*. Chicago: Encyclopaedia
1065 Britannica. Available from: <https://www.britannica.com/technology/wastewater-treatment>
1066 (accessed May 05, 2020).

1067 Novak, M., Horvat, P., 2012. Mathematical modelling and optimisation of a waste water
1068 treatment plant by combined oxygen electrode and biological waste water treatment model.
1069 *Appl. Math. Model.* 36 (8), 3813-3825. <https://doi.org/10.1016/j.apm.2011.11.028>

1070 Nowak, O., Enderle, P., Varbanov, P., 2015. Ways to optimize the energy balance of municipal
1071 wastewater systems: lessons learned from Austrian applications. *J. Clean Prod.* 88, 125-131.
1072 <https://doi.org/10.1016/j.jclepro.2014.08.068>

1073 Nguyen, H.T., Safder, U., Nguyen, X.N. and Yoo, C., 2020. Multi-objective decision-making
1074 and optimal sizing of a hybrid renewable energy system to meet the dynamic energy demands
1075 of a wastewater treatment plant. *Energy.* 191, 116570.
1076 <https://doi.org/10.1016/j.energy.2019.116570>

1077 Palme, U.; Lundin, M.; Tillman, A. M.; Molander, S. Sustainable development indicators for
1078 wastewater systems – researchers and indicator users in a co-operative case study. *Resour.*
1079 *Conserv. Recycl.* 2005, 43, 293–311. <https://doi.org/10.1016/j.resconrec.2004.06.006>

1080 Panepinto, D., Fiore, S., Zappone, M., Genon, G. and Meucci, L., 2016. Evaluation of the
1081 energy efficiency of a large wastewater treatment plant in Italy. *Appl Energy*. 161, 404-411.
1082 <https://doi.org/10.1016/j.apenergy.2015.10.027>

1083 Padrón-Páez, J.I., Almaraz, S.D.L. and Román-Martínez, A., 2020. Sustainable Wastewater
1084 Treatment Plants Design through Multiobjective Optimization. *Comput Chem Eng*. 140,
1085 106850. <https://doi.org/10.1016/j.compchemeng.2020.106850>

1086 Pasqualino, J.C., Meneses, M., Abella, M., Castells, F., 2009. LCA as a decision support tool
1087 for the environmental improvement of the operation of a municipal wastewater treatment
1088 plant. *Environmental science & technology*. 43 (9), 3300-3307.
1089 <https://doi.org/10.1021/es802056r>

1090 Pfenninger, S., Hawkes, A., Keirstead, J., 2014. Energy systems modeling for twenty-first
1091 century energy challenges. *Renew Sustain Energy Rev*. 33, 74–86.
1092 <https://doi.org/10.1016/j.rser.2014.02.003>

1093 PIER/EPRI technical report. Comparison of alternate cooling technologies for California
1094 power plants economic, environmental and other tradeoffs. In: Report no. 500-02-079F; 2002.

1095 Power, C., McNabola, A., Coughlan, P., 2014. Development of an evaluation method for
1096 hydropower energy recovery in wastewater treatment plants: Case studies in Ireland and the
1097 UK. *Sustain Energy Techn*. 7, 166-177. <https://doi.org/10.1016/j.seta.2014.06.001>

1098 Puchongkawarin, C., Gomez-Mont, C., Stuckey, D.C., Chachuat, B., 2015. Optimization-based
1099 methodology for the development of wastewater facilities for energy and nutrient recovery.
1100 *Chemosphere*. 140, 150-158. <https://doi.org/10.1016/j.chemosphere.2014.08.061>

1101 Ramli, N. A., and Hamid, M. F.A.2019. Data Based Modeling of a Wastewater Treatment Plant
1102 by using Machine Learning Methods. *J. Eng. Technol*. 6, 14-21.

1103 Sabia, G., Luigi, P., Avolio, F. and Caporossi, E., 2020. Energy saving in wastewater treatment
1104 plants: A methodology based on common key performance indicators for the evaluation of
1105 plant energy performance, classification and benchmarking. *Energ Convers Manage*. 220,
1106 113067. <https://doi.org/10.1016/j.enconman.2020.113067>

1107 Sarpong, G., Gude, V.G. and Magbanua, B.S., 2019. Energy autarky of small scale wastewater
1108 treatment plants by enhanced carbon capture and codigestion—A quantitative analysis. *Energ
1109 Convers Manage*. 199, 111999. <https://doi.org/10.1016/j.enconman.2019.111999>

- 1110 Shinde, V.R., 2017. Water-Energy-Food Nexus: Selected Tools and Models in Practice. *Water-*
1111 *Energy-Food Nexus: Principles and Practices.* 229, 67.
- 1112 Shizas, I., Bagley, D., 2004. Experimental Determination of Energy Content of Unknown
1113 Organics in Municipal Wastewater Streams. *J. Eng.* 130 (2), 45-53.
1114 [https://doi.org/10.1061/\(ASCE\)0733-9402\(2004\)130:2\(45\)](https://doi.org/10.1061/(ASCE)0733-9402(2004)130:2(45))
- 1115 Simon-Várhelyi, M., Cristea, V.M. and Luca, A.V., 2020. Reducing energy costs of the
1116 wastewater treatment plant by improved scheduling of the periodic influent load. *Environ*
1117 *Manage.* 262, 110294. <https://doi.org/10.1016/j.jenvman.2020.110294>
- 1118 Situmorang, Y. A., Zhao, Z., Yoshida, A., Abudula, A., & Guan, G. (2020). Small-scale
1119 biomass gasification systems for power generation (< 200 kW class): A review. *Renewable*
1120 *and Sustainable Energy Reviews*, 117, 109486. <https://doi.org/10.1016/j.rser.2019.109486>
- 1121 Soda, S., Iwai, Y., Sei, K., Shimod, Y., Ike, M., 2010. Model analysis of energy consumption
1122 and greenhouse gas emissions of sewage sludge treatment systems with different processes and
1123 scales. *Water Science and Technology.* 61 (2), 365-373. <https://doi.org/10.2166/wst.2010.827>
- 1124 Stillwell, A.S., Hoppock, D.C., Webber, M.E., 2010. Energy recovery from wastewater
1125 treatment plants in the United States: a case study of the energy-water nexus. *Sustainability.* 2
1126 (4), 945-962. <https://doi.org/10.3390/su2040945>
- 1127 Subha, C., Kavitha, S., Abisheka, S., Tamilarasan, K., Arulazhagan, P. and Banu, J.R., 2019.
1128 Bioelectricity generation and effect studies from organic rich chocolaterie wastewater using
1129 continuous upflow anaerobic microbial fuel cell. *Fuel.* 251, 224-232.
1130 <https://doi.org/10.1016/j.fuel.2019.04.052>
- 1131 Sun, Y., Garrido-Baserba, M., Molinos-Senante, M., Donikian, N.A., Poch, M. and Rosso, D.,
1132 2020. A composite indicator approach to assess the sustainability of wastewater management
1133 alternatives. *Sci. Total Environ.* 138286. <https://doi.org/10.1016/j.scitotenv.2020.138286>
- 1134 Sweetapple, C., Fu, G., Butler, D., 2013. Identifying key sources of uncertainty in the
1135 modelling of greenhouse gas emissions from wastewater treatment. *Water Res.* 47 (13), 4652-
1136 4665. <https://doi.org/10.1016/j.watres.2013.05.021>
- 1137 Syed-Hassan, S.S.A., Wang, Y., Hu, S., Su, S., Xiang, J., 2017. Thermochemical processing
1138 of sewage sludge to energy and fuel: Fundamentals, challenges and considerations. *Renew.*
1139 *Sustain. Energy Rev.* 80, 888-913. <https://doi.org/10.1016/j.rser.2017.05.262>

1140 Taha, M., Al-Sa'ed, R., 2017. Potential application of renewable energy sources at urban
1141 wastewater treatment facilities in Palestine: three case studies.
1142 <http://hdl.handle.net/20.500.11889/5310>

1143 Torregrossa, D., Schutz, G., Cornelissen, A., Hernández-Sancho, F., Hansen, J., 2016. Energy
1144 saving in WWTP: daily benchmarking under uncertainty and data availability limitations.
1145 *Environ. Res.* 148, 330-337. <https://doi.org/10.1016/j.envres.2016.04.010>

1146 Tyagi, V.K., Lo, S.L., 2013. Sludge: a waste or renewable source for energy and resources
1147 recovery. *Renew. Sustain. Energy. Rev.* 25, 708–28. <https://doi.org/10.1016/j.rser.2013.05.029>

1148 United Nations Educational, Scientific and Cultural Organisation (UNESCO) (2017)
1149 *Wastewater: the Untapped Resource*. Durban (South-Africa).
1150

1151 U.S. ENVIRONMENTAL PROTECTION AGENCY (USEPA), 2003. *Wastewater*
1152 *Technology Fact Sheet Screening and Grit Removal*.
1153

1154 U.S. ENVIRONMENTAL PROTECTION AGENCY (USEPA), 2013. *Local Government*
1155 *Climate and Energy Strategy: Energy Efficiency in Water and Wastewater Facilities*. Stony
1156 Point: Continuing Education and Development, Inc.

1157 USDOE, 2014. *The Water-Energy Nexus: Challenges and Opportunities*. U.S. Department of
1158 Energy DOE/EPSCA-0002.

1159 van Loosdrecht, M.C.M., Brdjanovic, D., 2014. Anticipating the next century of wastewater
1160 treatment. *Sci.* 344 (6191), 1452-1453. <https://doi.org/10.1126/science.1255183>

1161 Venkatesh, G., Chan, A., Brattebø, H., 2014. Understanding the water-energy-carbon nexus in
1162 urban water utilities: Comparison of four city case studies and the relevant influencing factors.
1163 *Energy*, 75, pp.153-166. <https://doi.org/10.1016/j.energy.2014.06.111>

1164 Verstraete, W., Van de Caveye, P., Diamantis, V., 2009. Maximum use of resources present in
1165 domestic used water. *Bioresour. Technol.* 100 (23), 5537–45.
1166 <https://doi.org/10.1016/j.biortech.2009.05.047>

1167 Werther, J., Ogada, T., 1999. Sewage sludge combustion. *Prog. Energy. Combust. Sci.* 25, 55–
1168 116. [https://doi.org/10.1016/S0360-1285\(98\)00020-3](https://doi.org/10.1016/S0360-1285(98)00020-3)

1169 World energy outlook 2019. (2019). Paris, France: Organization for Economic Co-operation
1170 and Development (OECD) / IEA.

1171 Yang, L., Shen, C., 2014. Integration of wastewater source heat pump and solid-state anaerobic
1172 digestion for residential waste treatment and energy production. *Integration*. 2 (5).
1173 <https://doi.org/10.14304/SURYA.JPR.V2N5.1>

1174 Yang, Q., Dussan, K., Monaghan, R.F., Zhan, X., 2016. Energy recovery from thermal
1175 treatment of dewatered sludge in wastewater treatment plants. *Water Sci. Technol.* 74 (3), 672-
1176 680. <https://doi.org/10.2166/wst.2016.251>

1177 Yang, X., Wei, J., Ye, G., Zhao, Y., Li, Z., Qiu, G., Li, F. and Wei, C., 2020. The correlations
1178 among wastewater internal energy, energy consumption and energy recovery/production
1179 potentials in wastewater treatment plant: An assessment of the energy balance. *Sci. Total*
1180 *Environ.* 714, 136655. <https://doi.org/10.1016/j.scitotenv.2020.136655>

1181 Yeh, D. and Prieto, A. L. (2011) *Energy from Wastewater*. Unpublished project meeting:
1182 Global Methane Initiative (GMI) Partnership-wide meeting, 12-14 October 2011, Krakow,
1183 Poland.

1184 Zhang, X., Vesselinov, V.V., 2017. Integrated modeling approach for optimal management of
1185 water, energy and food security nexus. *Adv. Water Resour.* 101, 1-10.
1186 <https://doi.org/10.1016/j.advwatres.2016.12.017>

1187 Zhang, Z.P., Du, F.H., 2013. Optimization and thermoeconomics research of a large reclaimed
1188 water source heat pump system. *Sci. World J.* 2013. <https://doi.org/10.1155/2013/893020>

1189