**Article Info**

**Article history:**
Received 14 January 2016
Received in revised form 19 April 2018
Accepted 26 April 2018

**Keywords:**
Longitudinal surveys
Android
Social interaction
GPS
Behaviour research
Social research
Smartphone-based data collection
GIS
e-research

**Abstract**

The MobiQ app for Android smartphones is a feature-rich application enabling a novel approach to data collection for longitudinal surveys. It combines continuous automatic background data collection with user supplied data. It can prompt users to complete questionnaires at regular intervals, and allows users to upload photographs for social research projects. The app has the capability to collect GPS location data, and calls and text frequency (excluding content) unobtrusively. The app transmits data to a secure cloud rather than storing research data on the phone, but can also store data temporarily if a data connection is unavailable; hence, MobiQ offers data security advantages over text- or web-based surveys using phones. MobiQ has been pilot tested in the field in a social science research project and is able to collect longitudinal social research data. Due to its modular and flexible design, MobiQ can easily be adapted to suit different research questions. Furthermore, its core design approach which allows for long-term power efficient data collection can be re-used outside the social sciences domain for other kinds of smartphone-based data-driven projects. Projects that have a requirement for communications-based, sensors-based, user-based data collection or any combination of these may find our code and design approach beneficial. For example, MobiQ code and architecture has been successfully adapted to build an app for a project investigating smartphone-based implicit authentication for mobile access control.

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Software metadata

- Current software version: v1.0
- Legal Software Licence: GPLv2
- Computing platforms/Operating Systems: Android
- Installation requirements & dependencies: 
  - If available, link to user manual - if formally published: https://github.com/suleimanyerima/MobiQ-survey-app/blob/master/App-configurations.docx
  - Support email for questions: syerima@dmu.ac.uk

1. Introduction

MobiQ is a smartphone application developed to enhance longitudinal survey data capture. Traditional methods of data collection (i.e., paper-based surveys) can be costly to conduct over a long time period. In addition, as longitudinal surveys are completed by a cohort of participants at regular intervals such as annually, the long period between surveys may limit the extent to which dynamic phenomena such as social attitudes, behaviours, health status etc. are captured. In recent decades, one approach to this challenge has been the manufacture of bespoke devices, used for ‘Ecological Momentary Assessment’ (EMA, i.e., real-time administration of survey items) around phenomena which readily fluctuate [1–3]. While issuing devices such as accelerometers and pedometers to participants is standard in physical activity research where distance or acceleration are being measured [4,5], the quality of data is dependent on participant compliance in carrying the device. By comparison, smartphones are carried routinely, which means data collection via phone overcomes these problems [6]. In addition to enabling EMA on the Android platform, MobiQ also offers a novel approach to measuring real-time social connection free from recall bias by using phone and text message contact as a measure of social interaction. MobiQ can also provide information about participants’ geographical position and thus provides a measure of interaction with the built environment.

MobiQ incorporates a modular and flexible design with several re-useable core components, hence making it easily adaptable to suit different projects. The app has been built to transparently perform the following primary functions:

(a) Administer questionnaires twice-weekly (Mondays and Thursdays) at regular intervals.
(b) Collect anonymised destinations of calls and texts from the phone. Collect anonymised phone number, phone make and model.
(c) Collect intermittent location reading via the phone’s GPS.
(d) Allow users to send comments to the research team. Enable users to send photographs to the research team.
(e) Allow users to autonomously pause and/or resume app operation at any time.
(f) Send all collected data to a secure online server when an internet connection is available.
(g) In the absence of an internet connection, securely store the data until a connection becomes available.

MobiQ has been successfully applied in the field for a pilot study concerning youth social and behavioural research. The project (Using smartphones to enhance longitudinal survey methods) was undertaken to explore the novel application of smartphones in enhancing longitudinal surveys in the social sciences. Since the app was developed primarily to collect data over a long period of time, the design has also been leveraged in other smartphone-based data-driven projects outside of the social sciences, for example in [7,8] and [9] for behaviour-based user implicit authentication.

2. Motivation and significance

Smartphones potentially provide an effective tool for objective measurements of social interactions in ways that could offer novel opportunities beyond the capabilities of traditional paper survey methods. As Eagle noted, the devices which people carry for communication purposes can effectively serve as sensors, providing insight into relational dynamics of individuals [10]. Traditional data collection tends to provide a ‘snapshot’ of the social world, rather than capturing the ‘moving parts’. Social research relies on administering surveys at discrete intervals giving little or no insight into incremental change in social ties and individual behaviour between intervals. Depiction of the social world from research data are typically devoid of personal, social or geographical context, and liable to recall or information bias [11]. With the use of smartphones, a dynamic, rich and multi-faceted dataset can be obtained by collecting geographically sensitive social network data, regularly eliciting self-reports of behaviour and participant-contributed photo-journals. Furthermore, the use of smart-phones enables cost-effective and time-saving methods to observe social networks over a sustained period.

Motivated by the need for a multi-faceted dataset, time-saving potential and cost-effectiveness, our interdisciplinary research project investigates using smartphones to enhance longitudinal survey methods. The project draws on expertise from Social Sciences, Geography, Computing, Digital Humanities and Public Health with the aim of assessing whether smartphone apps could benefit research projects across human sciences. The primary research question the project sought to answer was: to what extent can data collected using a smartphone improve our understanding of social worlds, simultaneously measuring (i) social networks and their operation, (ii) individual behaviour and (iii) how these relate to the physical environment. A secondary research question asked was: what are the ethical considerations to performing these studies, particularly in relation to the pilot test case of collecting information about illicit drug use. While other online surveys and survey phone applications were available (e.g. Qualtrics [12], Bristol Online Surveys [13], ODK (Open Data Kit) [14]), none of these met all the project requirements for: periodic and continuous survey data elicitation, passive GPS and social contact data monitoring, and the security of data collection and handling. For these reasons, the team built MobiQ, a bespoke Android application for the project. The design concepts are transferrable to other mobile OS platforms. Additionally, since MobiQ is modular, its passive elements could be integrated with other survey applications like ODK which is also open source.

The team is releasing MobiQ as an open source tool to aid other researchers who might be interested in exploring research projects from any discipline that could benefit from smartphone based data collection. MobiQ has been successfully applied for the study presented in [15]. Other recent findings made in our research studies involving MobiQ collected data will be reported in separate publications. In this paper, our main focus is on the design and implementation of the MobiQ software.
3. Software description

MobiQ implements a number of functionalities which allows it to continuously run in the background (for the duration of the survey) and periodically collect and upload data to a secure online location (i.e. a secure database created specifically to store the collected data). This innovative design ensures that the app is battery efficient by calling on functionalities to operate only when needed.

Additionally, despite being equipped with real-time data upload capability, MobiQ has the ability to operate without network connectivity, so that users have the option to enable data uploads only when connected to a Wi-Fi network for example.

3.1. MobiQ background components and app states

MobiQ is written in Java and was built on the Eclipse Android SDK platform. MobiQ implements at its core, a Broadcast receiver class called MobiQBroadcastReceiver. This acts as a watchdog that coordinates other key functionalities within the application. MobiQBroadcastReceiver listens for intents (which signal events) from an implemented AlarmManager and also a BOOT_COMPLETED intent from the system. The BOOT_COMPLETED intent signals a device reboot, and by using this to trigger the app operation each time it is received, continuous app operation is ensured as long as the app is kept in the activated state (i.e. not disabled/suspended by the user).

When the app is installed for the first time, MobiQBroadcastReceiver starts the AlarmManager. Whenever the device is restarted, MobiQBroadcastReceiver also restarts the AlarmManager, except when the MobiQ app has been explicitly disabled/suspended by the user (i.e. the app is in the suspended state of operation). The user can re-activate the app operation at any time and this also explicitly restarts the AlarmManager. The AlarmManager is implemented to send a signal to the MobiQBroadcastReceiver periodically (every 10 min). Since this signal is an intent, it incurs very low overhead thus enabling continuous app operation with a very high degree of power efficiency. Thus, instead of continuously running as a service in the background the app is effectively ‘sleep’ until an AlarmManager signal is received. When MobiQBroadcastReceiver receives a signal from the AlarmManager, the type of event that is triggered depends on the time elapsed since it was last invoked. Therefore, MobiQBroadcastReceiver maintains the state information of each event by storing the previous times the events were triggered. The events that are scanned for include: GPS location information (every 20 min), outgoing calls updates (every 60 min), outgoing SMS updates (every 120 min), repeated surveys (every Monday and Thursday afternoons). Note that the AlarmManager’s periodic signal is set to 10 min in order to capture the GPS data more accurately (since a 20 min interval for GPS data capture was set by the requirements of our pilot studies). If GPS data is required less frequently, say every hour, then the AlarmManager can be reconfigured to send its intent signals every 30 mins thus allowing the app to ‘sleep’ for longer intervals.

Fig. 1 shows a state diagram of the MobiQ app operation. The app can be in the activated, suspended, or device off states. When the app is suspended, no background data collection occurs and the survey questionnaires will also not be presented to the user. The device off state is registered by the app in order to allow MobiQBroadcastReceiver to continue the app operation in the last known state.

Normal app operation occurs during the ‘activated’ state. In this state, MobiQBroadcastReceiver listens for event signals from the AlarmManager, as depicted in the flowchart in Fig. 2. The periodically generated event signal allows different events to be recognised and various corresponding ‘Managers’ invoked to collect, update, store, and/or upload different types of data to the remote database on a secure server.

These managers are implemented as background services using the Android services class. The implementation of the managers as service components is mandated by the need for remote connectivity and communications where the HTTP protocol is used to post data to the remote database. These managers are implemented as the following classes: LocationHttpService, CallLogHttpService, SmsLogHttpService, MondayQHttpService, and ThursdayQHttpService respectively. Each of these is invoked according to the conditions illustrated in Fig. 2. A similar service called DeviceInfoHttpService is also implemented to post device information to the remote database, but this is only invoked once during the app installation in order to register the device as part of the survey so as to be able to correctly link all collected data to their originating devices.

All of these services employ ConnectionManager, FileUploader and FilesChecker objects. These are code elements (classes) designed to be shared/utilised by any background service implemented within the MobiQ app. ConnectionManager is designed to use the Android ConnectivityManager API to get network information and connectivity status. This makes it possible to recognise whether the device is connected to a Wi-Fi network or a mobile network and to also obtain the status of this connection. The FilesChecker implements methods to check data file contents. It uses the information received from the ConnectionManager object to decide whether data can be uploaded. If there is valid data in any of the files, it employs a FileUploader object to upload the file to a given remote URL (i.e. the remote database location).

3.2. MobiQ user interactive components

3.2.1. Main activity screen

Once the MobiQ app has been installed, it goes into activated mode with all the background events occurring continuously. The initial survey questionnaires are brought up to be answered by the users at the start of the survey immediately after installation. When that is completed, the user then exits the app and subsequent questionnaires will pop up as scheduled (i.e. Mondays and Thursdays).

The user can also interact with the app at any time by launching the main activity screen using the app icon. The top left screen shot in Fig. 3 shows the user interface activity that comes up when the app is launched by the user. This activity has a button that allows the user to navigate to a screen where they can report any problem with the app operation. This allows any problems encountered with the app to be notified and remedial actions to be
taken where possible by the survey administrators. There is also a button for pausing/suspending the app operation, indefinitely. The same button toggles to allow the user to resume operation again when desired. The third button allows the user to navigate to the screen where a picture can be taken and uploaded to the survey database. The fourth button on the main screen allows for the selection of an Administrator operation mode. It brings up the top right screenshot shown in Fig. 3. This operation mode requires a password to login as shown in the bottom left screenshot. The Admin mode enables the survey administrators to operate the app in a ‘privileged mode’ that can be used to demonstrate the features and operation of the app to potential survey participants. It enables the app to be operated in a 'demo' mode which is inaccessible to the regular users of the app during field operation.

3.2.2. Survey questionnaires

The questionnaires are also implemented as Android Activities. Each survey questionnaire is invoked at a designated time as shown in the flowchart of Fig. 2. However, it is preceded by a dialogue box that can allow the user have the option to take the survey immediately or to postpone it by pressing a ‘remind me later’ button as shown in Fig. 4. When a survey is completed, either the MondayQHttpPostService or the ThursdayQHttpPostService is invoked to upload the data immediately or store it locally as explained in the previous section.

In order to allow for easy modification and reusability, most of the survey questions are not hard-coded onto the activities that display the questionnaire screen. Instead, they are loaded on demand from the strings.xml resource file located in the app’s resources folder. The questions are grouped into string arrays according to their categories. Fig. 5 illustrates this with code example from one of the MobiQ questionnaire activities. It shows how the getSharedPreferences().getStringArray() object is used to dynamically load questions from a non_club_array string array containing survey questions related to non club activities. In the for loop, the questions are subsequently displayed as text next to checkboxes. In addition to the questions, the URL addresses of the server files that receive the uploaded data for processing and storage in the remote database are also listed in the strings.xml resource file. This implementation allows the remote data upload location as well as the survey questions to be easily modified to accommodate changes and allow code re-use with minimal modification.

3.2.3. Remote server components

MobiQ is designed to continuously upload data to a remote database located on a secure server. In order to accomplish this, two key components were used in the back-end; Web server scripts and a structured database. MobiQ can be used with any Web server scripting language and any database format. In our project we used PHP for the server side scripts and MySQL for the database. Both of these were installed on an Apache web server running on a Windows 2012 R2 cloud server. The database (mobiq) incorporates the following tables: deviceinfo, location, callslog, smlog, mondaysurvey, thursdaysurvey, reportproblem, and photosinfo respectively. Each of the tables store different data (if available) at intervals corresponding to the flowchart depicted in Fig. 2. The fields created for each table are shown in Table 1, while Fig. 6 shows the thursdaysurvey table with uploaded sample data from survey users. As can be seen from Table 1, the device imei is essentially used as the primary key that connects all of the tables in a relational database structure. The id field in the device info table also stores the device imei. Note that all of the personally identifiable information (i.e. imei, phone numbers) are encrypted before storing and/or uploading the data.¹ Also, data file storage on the phone is private, so that the user cannot see or access the collected data.

¹ The encryption key can be changed in the cipher module of the MobiQ source code.
4. Impact and conclusions

As far as we know, there are no existing open source apps or frameworks accessible to social sciences researchers that offer the range of functionalities of the MobiQ app. MobiQ provides an easy to use tool for conducting social research on a large scale, while collecting data longitudinally with minimal fieldwork resources. The ability to collect data without information being stored on the phone itself makes it particularly suited to collecting data where concerns exist over data security or the possibility of others accessing information on the phone.

In our project, MobiQ has been applied in the field where 200 secondary school pupils (16–18 year olds) from two schools in Northern Ireland were invited to take part in a pilot study (following ethical approval granted by the School ethics committee). The study was focused on substance use and social activities [15].
The app was pre-programmed to administer questions on Monday afternoons (substance use) and Thursday afternoons (leisure activities), with calls and texts messages logged as indicators of social interaction. The app successfully collected and stored anonymised data from participants over a period of six months. The outcomes of this pilot study demonstrated a successful achievement of the proof-of-concept.

The data collected from the app has also been applied to a study investigating GIS spatial analysis of the relationship between spatial movements and behavioural patterns [16]. This study concluded that the data provided a novel method to analyse patterns of movement in relation to social demographics, social settings and lifestyle choices.

Although MobiQ was developed to provide longitudinal survey capabilities on smartphones, with enriched contextual data capture to enhance social sciences research, the software project has had an impact on research in other areas as well. The successful field application of the software on survey participants’ smartphones inspired the re-use of the architecture in other smartphone-based projects. For example, the architecture has been used in the design of a data collection app for a data-driven smartphone-based implicit authentication project overseen by a member of the MobiQ development team. In particular, the MobiQ Broadcast receiver-Alarm manager architecture provided the basis for the app implemented to investigate event-driven implicit
authentication schemes for mobile access control as reported in [7,8], and [9]. This demonstrates that the MobiQ software can have potential impact beyond application in the social sciences. We are therefore motivated to make the MobiQ source code public so that researchers across multiple domains may benefit from our contribution.

4.1. Other ways to reuse the MobiQ software

As mentioned earlier, MobiQ has several re-useable components, including its core design architecture. Other possible ways the app could be adapted include: (a) leveraging the existing services such as CallLogHttpService to log and upload other types of data. (b) Modifying the activities for a different set of questions. (c) Employing a different backend architecture or a different web application/database technology while leaving the app unchanged (except for changing the URL addresses in the strings.xml file). (d) Using a webview to link to online questionnaires instead of administering the question on-phone using activities. Note that this option will not allow for offline questionnaires but could suffice for some projects. (e) Combining user supplied, sensor or communications data with social media data obtained from (other social media survey apps [17]. (f) Complementing data obtainable from open source toolkits such as ODK [14] with passive sensor or communications data.

Acknowledgements

MobiQ was developed as part of the project: Using smartphones to enhance longitudinal survey methods, funded by an ESRC Transforming Social Sciences Grant (ES/L003198/1). Mark McCann holds a Medical Research Council/University fellowship supported by MRC partnership grant (MC/PC/13 027), and Medical Research Council and Chief Scientist Office through the SPHSU Complexity in Health Improvement (MC_UU_12017/14/SPHSU14) and Social Relationships and Health Improvement (MC_UU_12017/11/SPHSU11) programmes. Helen McAneney wishes to acknowledge the Medical Research Council Research Methodology Fellowship (G0902112), which funded her during this project.

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