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## 1 **Elastase activity on sputum neutrophils correlates with severity of** 2 **lung disease in cystic fibrosis**

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30 content: A.S.D., C.C.T., F.H., C.S., M.A.M.

31

32 **Sources of support:**

33 Funded in part by the German Ministry for Education and Research (FKZ 82DZL00401 and  
34 FKZ 82DZL004A1 to M.A.M and C.S.), the European Commission (Seventh Framework  
35 Programme Project No. 603038 CFMatters to M.A.M) and the German Cystic Fibrosis  
36 Association Mukoviszidose e. V. (Project number 1605 to A.S.D.). A.S.D. was supported by a  
37 HRCMM (Heidelberg Research Center for Molecular Medicine) Career Development  
38 Fellowship.

39

40 **Running title:** Increased elastase activity on CF sputum neutrophils

41

42 **Descriptor:** 9.17 Cystic Fibrosis: Translational & Clinical Studies

43

44 **Word count for manuscript body:** 2772 words

45

46 **AT A GLANCE COMMENTARY**

47 **Scientific knowledge on the subject**

48 Neutrophil elastase (NE) is a key risk factor for the onset and progression of structural lung  
49 disease in patients with cystic fibrosis (CF). Recent studies identified increased NE activity  
50 on the surface of neutrophils from airways of mice with CF-like lung disease and patients  
51 with CF, even in the absence of free NE activity in airway samples. However, the relationship  
52 between increased NE activity on the surface of airway neutrophils and severity of lung  
53 disease in patients with CF remains unknown.

54

55 **What this study adds to the field**

56 This study investigated the relationship between NE activity on the surface of sputum  
57 neutrophils and severity of lung disease in adult patients with CF. We demonstrate that NE  
58 activity is increased on the surface of CF sputum neutrophils, even at low levels of free NE  
59 activity in cell-free sputum supernatants. Further, cell surface-bound NE activity correlated  
60 inversely with FEV<sub>1</sub> % predicted and FRCpleth % predicted as outcome measures of airflow  
61 limitation and air trapping. These results suggest that surface-bound NE activity may  
62 contribute to severity of lung disease and serve as a novel biomarker in patients with CF.

63

64

65 This article has an online data supplement, which is accessible from this issue's table of  
66 content online at [www.atsjournals.org](http://www.atsjournals.org).

67

68

69 **ABSTRACT**

70 **Rationale:** Neutrophil elastase (NE) is a key risk factor for the onset and progression of  
71 cystic fibrosis (CF) lung disease. Recent studies identified increased NE activity on the  
72 surface of neutrophils from airways of mice with CF-like lung disease and patients with CF.  
73 However, the role of NE activity on neutrophil surfaces in CF lung disease remains unknown.

74 **Objectives:** To determine the relationship between surface-bound NE activity on sputum  
75 neutrophils and severity of lung disease in patients with CF.

76 **Methods:** Surface-bound NE activity was measured on sputum neutrophils from a  
77 prospective cohort of 35 patients with CF using novel lipidated and soluble Foerster  
78 resonance energy transfer (FRET) reporters and correlated with free NE activity, neutrophil  
79 counts, IL-8, MPO and antiproteases in cell-free sputum supernatants and with parameters  
80 of lung function.

81 **Measurement and main results** Surface-bound NE activity on sputum neutrophils was  
82 increased in CF compared to healthy controls ( $P<0.01$ ) and correlated with free NE activity  
83 ( $P<0.05$ ), but not with other inflammation markers in CF sputum. Surface-bound and free NE  
84 activity correlated with FEV<sub>1</sub> % predicted ( $P<0.01$  and  $P<0.05$ ), but only surface-bound NE  
85 activity correlated with FRCpleth % predicted ( $P<0.01$ ).

86 **Conclusions:** Surface-bound NE activity on airway neutrophils is increased and correlates  
87 with severity of lung disease independent of other markers of inflammation in patients with  
88 CF. Surface-bound NE activity, probably reflecting a freshly secreted pool of NE not inhibited  
89 by antiproteases, may play an important role in the pathogenesis and serve as novel  
90 biomarker of neutrophil activation in CF lung disease.

91

92 **Abstract word count:** 250 words

93

94 **Keywords:** airway inflammation; cystic fibrosis, neutrophilic airway disease, biomarker,  
95 protease

96 **INTRODUCTION**

97 Chronic neutrophilic airway inflammation is a hallmark of cystic fibrosis (CF) and increased  
98 activity of neutrophil elastase (NE), a major product of activated neutrophils, has been  
99 identified as a key risk factor for the onset and progression of bronchiectasis and lung  
100 function decline in patients with CF (1–3). Beyond structural damage of airway walls, NE has  
101 been implicated in the pathogenesis of mucus hypersecretion (4–6), airway inflammation (7–  
102 9), and impaired defenses against *Pseudomonas aeruginosa* infection (10–14). In addition,  
103 increased NE activity was shown to disable CF transmembrane conductance regulator  
104 (CFTR) Cl<sup>-</sup> channels and activate epithelial Na<sup>+</sup> channels (ENaC), thus aggravating basic  
105 defects in anion secretion and Na<sup>+</sup> absorption in CF airways (15–17). These results from  
106 observational and experimental studies suggest NE activity in airway specimen such as  
107 sputum or bronchoalveolar lavage (BAL) fluid as a promising biomarker of neutrophilic  
108 inflammation in CF lung disease (2, 3). So far, measurements have focused on the detection  
109 of free NE activity in BAL and sputum supernatant (2, 3, 18–22). Since NE is a highly cationic  
110 molecule, a significant proportion of secreted NE is bound to the neutrophil membrane via  
111 electrostatic interactions (23–25). Using a novel Foerster resonance energy transfer (FRET)-  
112 based NE reporter assay (26), we recently demonstrated that NE activity is also increased on  
113 the surface of airway neutrophils in patients with CF (4). In addition, we showed that elevated  
114 surface-bound NE activity is implicated in airway inflammation, mucus hyper-secretion and  
115 structural lung damage in mice with CF-like lung disease, even in the context of moderate  
116 airway neutrophilia, where free NE is effectively inhibited by an intact antiprotease shield and  
117 no free NE activity is detectable in BAL fluid (4). However, the role of NE activity on  
118 neutrophil surfaces in CF lung disease remains unknown.

119

120 The aim of this study was, therefore, to determine the relationship between surface-bound  
121 NE activity on the cell membrane of airway neutrophils and the severity of lung disease in  
122 patients with CF. To achieve this goal, we collected sputum from a prospective cohort of 35  
123 patients with CF and 8 healthy non-smokers and used FRET reporters to quantify surface-



124 bound NE activity on sputum neutrophils and free NE activity in sputum supernatants.  
125 Further, we determined sputum neutrophil counts and levels of interleukin-8 (IL-8),  
126 myeloperoxidase (MPO) and antiproteases such as  $\alpha$ 1-antitrypsin-NE complexes (AAT-NE)  
127 and secretory leukocyte protease inhibitor (SLPI) in sputum supernatant, performed paired  
128 pulmonary function testing, and correlated surface-bound NE activity with these markers of  
129 disease severity in patients with CF. Some of the results have been previously reported in  
130 the form of abstracts (27, 28).

131

132

## 133 **METHODS**

### 134 **Study population**

135 This study was approved by the ethics committee of the University of Heidelberg and  
136 informed written consent was obtained from all subjects. The diagnosis of CF was verified by  
137 established diagnostic criteria (29, 30). Spontaneously expectorated (n=36) or induced  
138 sputum (n=3) of sufficient quantity (total cell count of inflammatory cells >60,000) was  
139 collected from 35 clinically stable patients with CF during routine visits at the CF Center at  
140 the University Hospital Heidelberg. Patient characteristics are summarized in Table 1 and  
141 *CFTR* genotypes are provided in Table E1. Colonization with *Pseudomonas aeruginosa* was  
142 defined as negative when 0%, intermittent when  $\leq$ 50% and chronic when >50% of airway  
143 cultures were positive in the previous twelve month. Airflow obstruction and pulmonary  
144 hyperinflation were detected by measurement of forced expiratory volume in one second  
145 (FEV<sub>1</sub>) and plethysmographic functional residual capacity (FRC<sub>pleth</sub>) on the same day of  
146 sputum collection according to ATS/ERS guidelines (31, 32). As control group, we collected  
147 induced sputum from 8 age-matched, healthy, non-smoking volunteers (5 females and 3  
148 males; median age 31.1 range 22.01-45.02 years) by hypertonic saline inhalation as  
149 previously described (4, 33). Briefly, the mouth was rinsed with water and 100  $\mu$ g salbutamol  
150 was inhaled prior to 6% hypertonic saline. Sputum samples were directly collected in a  
151 specimen container, stored on ice immediately after production and processed within two

152 hours.

153

154 **Sputum processing and measurements of free and surface-bound NE activity,**  
155 **cytokines and antiproteases**

156 Sputum was separated from saliva and homogenized using 10% sputolysin (Calbiochem,  
157 Darmstadt, Germany). Sputum inflammatory cells were isolated and total immune cell counts  
158 were performed. Free NE activity was quantified in sputum supernatants using the FRET  
159 probe NEmo-1 and compared with activity levels determined by the chromogenic substrate  
160 MeO-Suc-AAPV-pNA (Sigma, St Louis, MO, USA) (1–3). Surface-bound NE activity on  
161 sputum neutrophils was measured using the lipidated FRET reporter NEmo-2 (4, 26) and  
162 determined from the ratio of donor to acceptor fluorescence (D/A ratio) as previously  
163 described and detailed in the online supplement (4). Levels of IL-8, MPO, SLPI and AAT-NE  
164 were measured using ELISA. Differential cell counts were performed on May-Grünwald-  
165 Giemsa stained cytopsin preparations. For three CF and one control subject, differential cell  
166 count could not be determined because the cytopsin were of poor quality. Values below the  
167 detection limit are reported as 0. Additional information is provided in the online supplement.

168

169 **Statistical analysis**

170 Data were analyzed with “R” (R Foundation for Statistical Computing, Vienna, Austria) or  
171 SigmaPlot (Systat Software GmbH, Erkrath, Germany) and are reported as median  
172 (interquartile range, 25–75<sup>th</sup> percentile). Statistical analysis was performed using Shapiro-wilk  
173 test, unpaired Student’s t test, Wilcoxon rank sum test, one-way analysis of variance,  
174 Kruskal-Wallis test, Dunn’s test or Dunn’s test versus control as appropriate. Correlation  
175 analyses were performed using the Spearman rank order method. A *P* value less than 0.05  
176 was considered statistically significant. In the case of multiple comparisons, individual *P*  
177 levels are indicated only if not rejected by the Bonferroni–Holm method.

178

179



## 180 **RESULTS**

### 181 **NE activity is increased on the surface of sputum neutrophils in CF, even in patients** 182 **with low levels of free NE activity in sputum supernatant**

183 To determine surface-bound NE activity on airway neutrophils and its relationship with free  
184 NE activity in CF airway inflammation, we assessed prospectively collected sputum samples  
185 from 35 clinically stable adult patients with CF (Table 1) and 8 healthy non-smokers using  
186 highly sensitive NE-specific FRET reporters developed to quantify free (NEmo-1) and  
187 surface-bound (NEmo-2) NE activity (4, 26). As expected, absolute neutrophil counts  
188 ( $P<0.001$ ) and percentage of neutrophils ( $P<0.001$ ) in sputum were significantly increased in  
189 our cohort of adult patients with CF compared to healthy controls (Figures 1A and 1B). Free  
190 NE activity detected by NEmo-1 was significantly increased in CF compared to control  
191 sputum ( $P<0.01$ ), was completely inhibited by the NE inhibitor sivelestat (Figure 1D), and  
192 showed a strong correlation with free NE activity detected by the established chromogenic  
193 substrate MeO-Suc-AAPV-pNA ( $r=0.91$ ,  $P<0.001$  and Figure E1). Similar to free NE activity,  
194 surface-bound NE activity was significantly increased on CF compared to control neutrophils  
195 ( $P<0.01$ ) and completely inhibited by sivelestat (Figure 1C and 1E). Surface-bound and free  
196 NE activity showed a moderate correlation in CF samples ( $P<0.05$ , Figure 1F). Of note,  
197 grouping of CF samples according to the levels (quartiles) of free NE activity in sputum  
198 supernatant demonstrated that surface-bound NE activity was significantly increased on CF  
199 compared to control neutrophils, even in patients with low levels ( $\leq 25^{\text{th}}$  percentile) of free NE  
200 activity ( $P<0.01$ ; Figure 1G). Taken together, these results demonstrate that, in addition to  
201 free NE activity in airway secretions, surface-bound NE activity on airway neutrophils is  
202 increased and contributes to the protease burden in the lungs of patients with CF.

203

### 204 **Relationship of surface-bound and free NE activity with markers of neutrophilic** 205 **inflammation and antiproteases**

206 Next, we determined the relationship of free and surface-bound NE activity in CF sputum  
207 with markers of neutrophilic inflammation including neutrophil counts, IL-8 and MPO, and

208 antiproteases that inhibit NE activity in the airway lumen. Free NE activity in CF sputum  
209 supernatants correlated with absolute neutrophil counts, IL-8 and MPO (Figures 2A, C and  
210 E). Surface-bound NE activity did not correlate with these markers of neutrophilic  
211 inflammation (Figures 2 B, D and F). Neither free nor surface-bound NE activity correlated  
212 with percentage of sputum neutrophils ( $r=0.11$ ,  $P=0.53$  and  $r=0.15$ ,  $P=0.36$ ). To investigate  
213 the relationship of free and surface-bound NE activity with antiproteases, we measured  
214 levels of SLPI and complexes of NE with  $\alpha$ 1-antitrypsin (AAT-NE), two major endogenous  
215 inhibitors of NE in the airways (34), in sputum supernatants. As expected from previous  
216 studies (10, 35), AAT-NE was significantly increased ( $P<0.001$ ), whereas SLPI was  
217 decreased ( $P<0.001$ ) in CF compared to control sputum (Table 2). Free, but not surface-  
218 bound NE activity correlated with AAT-NE (Figure 2G and H). Neither free, nor surface-  
219 bound NE activity were correlated with SLPI (Figure 2I and J). Collectively, these data  
220 indicate that free NE activity depends on the level of airway inflammation, as determined  
221 from the number of neutrophils, levels of IL-8 and AAT-NE in sputum, whereas surface-  
222 bound NE activity is increased on CF neutrophils independent of these indices of neutrophilic  
223 airway inflammation.

224

### 225 **Surface-bound NE activity on sputum neutrophils correlates with airflow obstruction** 226 **and air trapping**

227 To determine the clinical relevance of increased NE activity on the surface of CF neutrophils,  
228 we correlated free and surface-bound NE activity with FEV<sub>1</sub> and (FRCpleth) as lung function  
229 parameters of airflow obstruction and air trapping. As expected from previous studies (3, 19,  
230 22, 36), free NE activity in CF sputum showed a negative correlation with FEV<sub>1</sub> % predicted  
231 ( $P<0.05$ ) in our cohort of patients with CF (Figure 3A), whereas no relationship was found  
232 between free NE and FRCpleth % predicted (Figure 3C). Surface-bound NE activity on CF  
233 sputum neutrophils was also inversely correlated with FEV<sub>1</sub> % predicted ( $P<0.01$ , Figure 3B).  
234 In addition, surface-bound NE activity was directly correlated with FRC % predicted in  
235 patients with CF ( $P<0.01$ , Figure 3D). These results show that the level of surface-bound NE

236 activity is related to the severity of airflow obstruction and air trapping in adult patients with  
237 CF.

238

239

## 240 **DISCUSSION**

241 The mucostatic environment in CF lung disease sustains a destructive cascade of oxidative  
242 stress, ineffective host defense and chronic infection, resulting in a massive recruitment of  
243 neutrophils to the lungs (37). During homing to the CF airways, viable neutrophils undergo  
244 activation and extensively mobilize NE-rich granula to the cell surface (38, 39). *In vitro*  
245 studies demonstrated that activated blood neutrophils express 6-fold more NE on the cell  
246 surface than is freely released, whereas unstimulated neutrophils express only minimal  
247 amounts of NE on the cell surface (24). NE binds charge-dependently to low affinity, high  
248 volume binding sites on the neutrophil membrane (25) and surface-bound NE has a similar  
249 spectrum of catalytic activity and efficiency as free NE (24, 25, 40). The clinical relevance of  
250 NE activity on the cell surface of intact airway neutrophils in CF lung disease, however,  
251 remains unknown. Thus, we conducted this prospective, cross-sectional study in 35 patients  
252 with CF covering a wide spectrum of disease severity to compare the role of surface-bound  
253 with free NE activity in advanced CF lung disease. Our work shows for the first time that  
254 surface-bound NE activity is associated with severity of CF lung disease.

255

256 Preclinical studies utilizing  $\beta$ ENaC-overexpressing mice, an established model of CF-like  
257 lung disease, provided first insights into the pathophysiologic role of surface-bound NE  
258 activity in the context of early-onset airway mucus plugging, spontaneous bacterial infection  
259 and chronic airway inflammation (4, 41–44). Similar to mild lung disease in infants and young  
260 children with CF, this mouse model exhibits a moderate airway neutrophilia with 5-30 %  
261 neutrophils in BAL fluid (1, 41, 44). Genetic deletion of NE demonstrated that a lack of NE  
262 significantly reduces airway inflammation, mucus hypersecretion and structural lung damage  
263 in  $\beta$ ENaC-overexpressing mice. However, no free NE activity was detectable in the cell-free

264 supernatants of BAL fluid from  $\beta$ ENaC-overexpressing mice, whereas surface-bound NE  
265 activity on BAL neutrophils was constantly increased. This was likely due to an intact  
266 antiprotease shield, as BAL supernatants could inhibit activity of purified NE in a dose-  
267 dependent manner (4). So far, the massive influx, necrosis, cell lysis and impaired clearance  
268 of neutrophils has been considered as the main mechanism leading to NE burden in  
269 advanced CF lung disease (37). In our cohort, sputum neutrophil counts were markedly  
270 elevated, consistent with reported neutrophil numbers in sputum from adult patients with CF  
271 (4, 20). However, we found that surface-bound NE activity was increased on sputum  
272 neutrophils, even when free NE activity was low. Further, free but not surface-bound NE  
273 activity correlated with markers of neutrophilic airway inflammation and absolute neutrophil  
274 counts. This supports the hypothesis that viable, non-apoptotic airway neutrophils contribute  
275 to CF lung disease (38, 39) and proposes that surface-bound NE activity rather depicts  
276 neutrophil activation at the single cell level than unspecific NE liberation from disintegrating  
277 cells.

278

279 In the lungs,  $\alpha$ 1-antitrypsin and SLPI are the most abundant serine antiproteases that  
280 counterbalance the harmful effects of excessive NE activity (34). The acute phase protein  
281  $\alpha$ 1-antitrypsin is primarily produced in the liver, distributed via the blood stream and  
282 inactivates NE by forming stable complexes (34). SLPI is secreted locally in the airways by  
283 various cell types, including neutrophils, macrophages and airway epithelial cells, and is  
284 cleaved and inactivated by free NE (10). Studies on human BAL neutrophils have shown that  
285 surface-bound NE on non-adherent neutrophils can be fully inhibited by  $\alpha$ 1-antitrypsin,  
286 leading to a permanent clearance of NE from the cell surface (45). In our CF cohort,  
287 however, the antiprotease shield was considerably impaired, as SLPI was decreased and did  
288 not correlate with NE activity. Interestingly, free but not surface-bound NE activity correlated  
289 with NE- $\alpha$ 1-antitrypsin-complexes. Therefore, we speculate that the high levels of free NE  
290 consume a significant proportion of  $\alpha$ 1-antitrypsin in advanced CF lung disease. Surface-

291 bound NE activity might represent a pool of freshly secreted NE, not inhibited by the  
292 antiprotease shield.

293

294 Finally, we could show that NE activity on sputum neutrophils was associated with impaired  
295 lung function in adult patients with CF. Both, free and surface-bound NE activities correlated  
296 with FEV<sub>1</sub> % predicted, the most widely accepted pulmonary function test for disease  
297 progression in CF. Moreover, the novel FRET approach demonstrated that surface-bound,  
298 but not free NE activity, correlates with air trapping, a surrogate measure for airflow  
299 obstruction and structural lung damage in CF lung disease. This is in line with preclinical data  
300 in  $\beta$ ENaC-overexpressing mice that identified surface-bound NE activity as a potent trigger of  
301 emphysematous airspace enlargement in CF-like lung disease (4). Recent CT studies have  
302 further highlighted the important pathophysiologic role of early-onset emphysema in patients  
303 with CF (46, 47). Mechanistically, It has been proposed that adherence of neutrophils to the  
304 site of proteolysis might protect surface-bound NE activity against endogenous antiproteases  
305 and thus aggravate local tissue damage (45). Taken together, these data suggest that  
306 surface-bound NE activity is associated with severity of CF lung disease and might be a  
307 sensitive measure for tissue destruction in CF airways.

308

309 NE inhibitors are proposed as a promising anti-inflammatory and tissue-protective therapy in  
310 CF lung disease (48–50). This study confirms that NE needs to be inhibited and monitored  
311 on the neutrophil membrane for optimal therapeutic efficiency (4). Recent clinical studies in  
312 3-month-old infants with CF have shown that free NE activity in BAL fluid is the major risk  
313 factor for bronchiectasis at 12 month, but free NE activity was below the detection limit in  
314 more than 70 % of the analyzed samples (1, 2). This is similar to findings in  $\beta$ ENaC-  
315 overexpressing mice, showing that free NE activity cannot be measured in cell-free BAL  
316 supernatans from mice with CF-like lung disease in presence of an intact antiprotease shield  
317 (4). Hence, more sensitive methods for the measurement of NE activity in airway secretions  
318 are required. The current study showed that even in adults with CF, surface-bound NE

319 activity can be increased when free NE activity is low. Further, our data have shown that  
320 surface-bound NE activity was independent from established markers of neutrophilic  
321 inflammation. This proposes that quantification of surface-bound NE activity could serve as a  
322 high-sensitivity approach for detection of neutrophilic inflammation in airway secretions.

323

324 An important limitation of this study is the single-center, cross-sectional design. Therefore,  
325 future longitudinal clinical studies are required to estimate the predictive value of surface-  
326 bound NE activity in stable CF lung disease and in exacerbation.

327

328 In summary, this study demonstrated for the first time that NE activity on sputum neutrophils  
329 is associated with severity of CF lung disease. Our data suggest that surface-bound NE  
330 activity might represent neutrophil activation rather than neutrophil number. Further, the  
331 antiprotease shield predominantly counteracts free NE activity while freshly secreted NE on  
332 the neutrophil surface might be protected from endogenous inhibitors. Correlations with lung  
333 function data revealed that surface-bound NE activity is associated with both airflow limitation  
334 and air trapping. Taken together, our results suggest that NE activity on airway neutrophils  
335 may play an important role in pathogenesis and could provide a valuable biomarker for  
336 monitoring of progression in CF lung disease.

337 **ACKNOWLEDGEMENTS**

338 The authors thank all patients with CF for their participation in this study, Y. Koch and S.  
339 Korsten for assistance in sample collection, and N. Heath, F. Stein, A. Halavatyi and M.  
340 Lampe (TLRC Microscopy Laboratory) for expert assistance in microscopy and data  
341 analysis.

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## FIGURE LEGENDS

**Figure 1.** NE activity is increased on the surface of CF sputum neutrophils. (A-B) Absolute (A) and relative (B) number of neutrophils in control and CF sputum. (C) Representative ratio images calculated from donor and acceptor fluorescence of sputum neutrophils from a healthy non-smoker (control) and a patient with cystic fibrosis (CF). (D-E) Free NE activity in sputum supernatants (D) and cell surface-bound NE activity on sputum neutrophils (E) from controls and patients with CF in the absence and presence of the NE inhibitor sivelestat. (F) Correlation between surface-bound and free NE activity in CF sputum. (G) Surface-bound NE activity on neutrophils from controls (Con) and stratified according to quartile groups of free NE activity in sputum from patients with CF (25:  $\leq 25^{\text{th}}$  percentile, 50:  $>25^{\text{th}}-50^{\text{th}}$  percentile, 75:  $>50^{\text{th}}-75^{\text{th}}$  percentile and 100:  $>75^{\text{th}}-100^{\text{th}}$  percentile). Dots represent individual samples and lines represent the group median. \* $P < 0.05$ , \*\* $P < 0.01$  and \*\*\* $P < 0.001$  compared with control. † $P < 0.001$  compared with CF without sivelestat

**Figure 2.** Relationship of free and surface-bound NE activity with parameters of neutrophilic inflammation and antiproteases in CF sputum. (A-J) Correlations of free NE activity in sputum supernatant (A,C,E,G,I) and surface-bound NE activity on sputum neutrophils (B,D,F,H,J) with neutrophil counts (A and B), and levels of interleukin-8 (IL-8) (C and D), myeloperoxidase (MPO) (E and F),  $\alpha 1$ -antitrypsin-NE complexes (AAT-NE) (G and H) and secretory leukocyte protease inhibitor (SLPI) (I and J) in CF sputum. Spearman correlation coefficient  $r$  and  $P$  values are provided for each correlation.

**Figure 3.** Relationship of free and surface-bound NE activity with lung function parameters of airflow obstruction and air trapping in patients with CF. (A-D) Correlations of free NE activity in sputum supernatant and surface-bound NE activity on sputum neutrophils with forced expiratory volume in one second % predicted (FEV<sub>1</sub> % pred.) (A and B) and plethysmographic functional

residual capacity % predicted (FRCpleth % pred.) (C and D). Spearman correlation coefficient  $r$  and  $P$  values are provided for each correlation.

## TABLES

**Table 1.** Clinical characteristics of patients with cystic fibrosis

Number of subjects	n	35
Number of visits	n	39
Age (years)	Median (IQR)	27.7 (23.8–30.8)
	Range	19.1 – 59.0
Sex	n, males/females	23/12
<sup>2</sup>	Median (IQR)	19.79 (18.88–21.43)
	Range	16.35– 27.72
FEV <sub>1</sub> % predicted	Median (IQR)	53.30 (38.70–68.10)
	Range	18.00 – 114.80
FRCpleth % predicted*	Median (IQR)	140.40 (113.78–169.38)
	Range	89.60–212.40
CFTR genotype		
F508del/F508del	n (Percentage)	13/35 (37.14%)
F508del/other	n (Percentage)	19/35 (54.29%)
other/other	n (Percentage)	3/35 (8.57%)
Pseudomonas infection		
negative	n (Percentage)	13/39 (33.33%)
intermittent	n (Percentage)	3/39 (7.69%)
chronic	n (Percentage)	23/39 (58.97%)
Pancreatic insufficiency	n (Percentage)	30/35 (83.33%)

Definition of abbreviations: BMI: Body mass index, FEV<sub>1</sub> % predicted: forced expiratory volume in one second % predicted, FRCpleth % predicted: plethysmographic functional residual capacity % predicted, IQR: interquartile range 25–75<sup>th</sup> percentile\*FRCpleth % predicted determined by body plethysmography was available in 28 of 39 visits.



**Table 2. Myeloperoxidase, antiproteases and IL-8 in control and CF sputum**

	<b>Control</b>	<b>CF</b>	<b>P-value</b>
MPO	0.41 (0.32–0.55)	29.69 (18.44–51.81)	<0.001
SLPI (ng/mL)	1211.55 (923.27–1811.72)	180.81 (87.30–474.10)	<0.001
AAT-NE (ng/mL)	24.84 (15.62–33.24)	82.57 (40.41–183.14)	<0.001
IL-8 (ng/mL)	0.56 (0.29–0.80)	11.15 (8.23–16.58)	<0.001

Definition of abbreviations: MPO: myeloperoxidase, SLPI: secretory leukocyte protease inhibitor, AAT-NE:  $\alpha$ 1-antitrypsin-NE complexes, IL-8: interleukin-8.

FIGURES

Figure 1

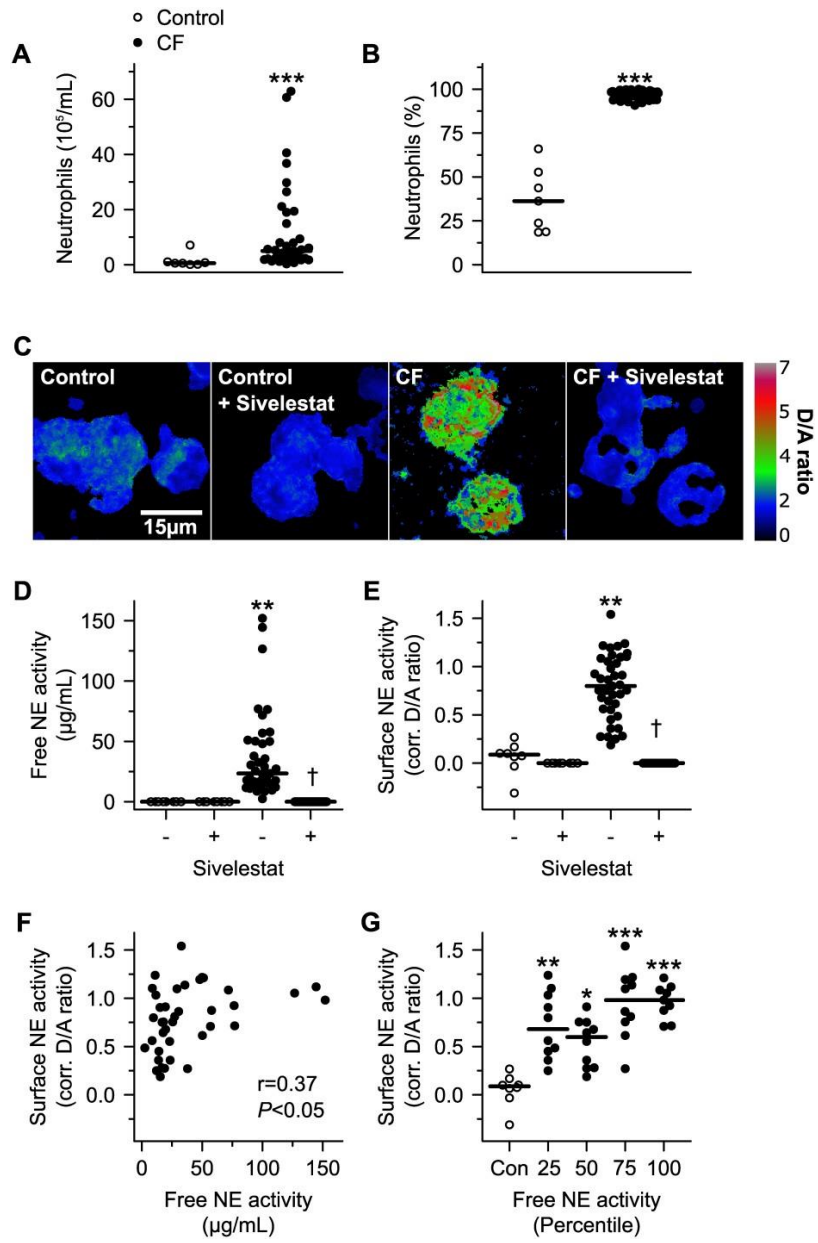


Figure 2

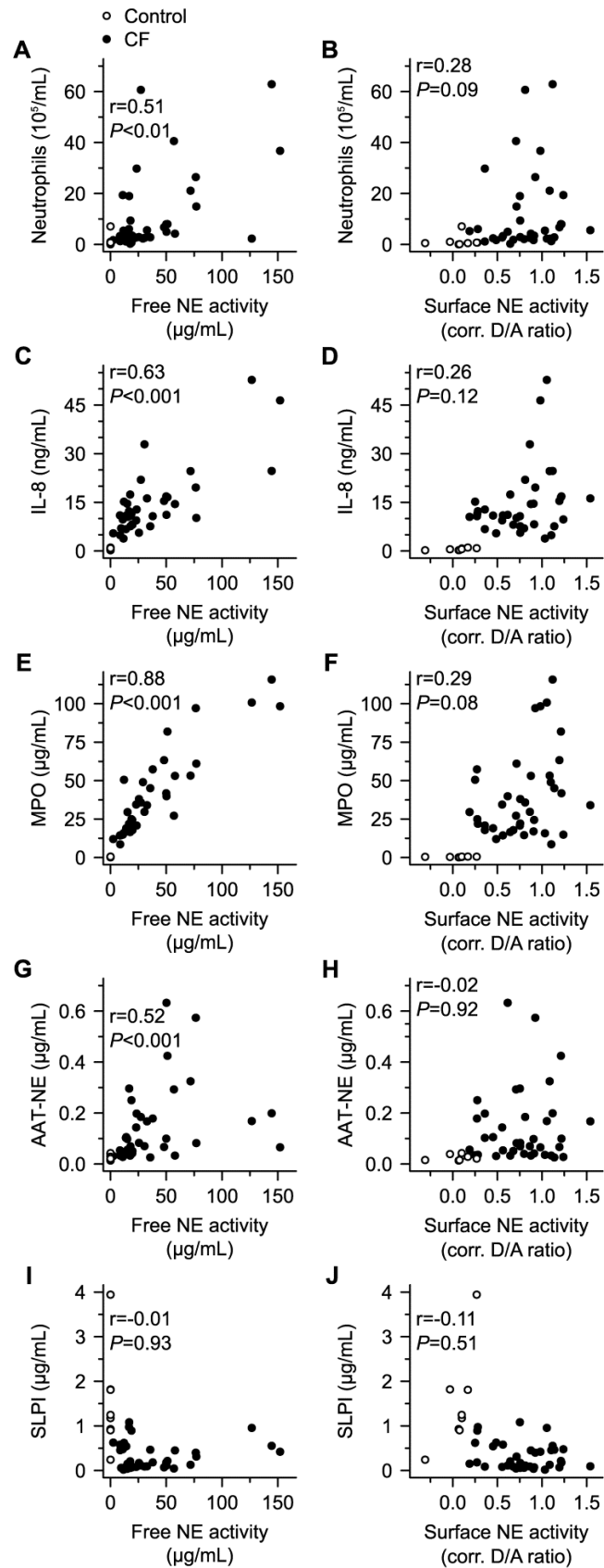


Figure 3

