



Our Generation

Ramsey, C., O'Neill, T., O'Neill, S., Ennis, E., Mulvenna, M., Bond, RR., & Potts, C. (2023). *Our Generation: Developing an App to Engender Peacebuilding and Resilient Mindsets in Young People*. 331-331. Poster session presented at International Association for Suicide Prevention 32nd World Congress, Piran, Slovenia.

[Link to publication record in Ulster University Research Portal](#)

Publication Status:

Published (in print/issue): 23/09/2023

Document Version

Publisher's PDF, also known as Version of record

General rights

The copyright and moral rights to the output are retained by the output author(s), unless otherwise stated by the document licence.

Unless otherwise stated, users are permitted to download a copy of the output for personal study or non-commercial research and are permitted to freely distribute the URL of the output. They are not permitted to alter, reproduce, distribute or make any commercial use of the output without obtaining the permission of the author(s).

If the document is licenced under Creative Commons, the rights of users of the documents can be found at <https://creativecommons.org/share-your-work/licenses/>.

Take down policy

The Research Portal is Ulster University's institutional repository that provides access to Ulster's research outputs. Every effort has been made to ensure that content in the Research Portal does not infringe any person's rights, or applicable UK laws. If you discover content in the Research Portal that you believe breaches copyright or violates any law, please contact pure-support@ulster.ac.uk



Our Generation - Developing an App to Engender Peacebuilding and Resilient Mindsets in Young People.

Dr Colette Ramsey, Dr Tara O'Neill, Prof. Siobhan O'Neill, Dr Edel Ennis, School of Psychology. Professor Maurice Mulvenna and Professor Raymond Bond, Courtney Potts, School of Computing, Ulster University.



Background

The OUR Generation Project sought to build peace through emotional resilience by engaging children & young people and their key contacts in activities which build emotional resilience & improve good relations. The Project delivered 23 different programmes to achieve these outcomes. The development of an App based in the Project, allows wider access to children and young people and ensures a greater legacy of the Project. This poster outlines the concept of the App which was launched in May 2023.

Aim

This App aims to improve resilience and peacebuilding in children and young people by engaging them in gaming activities based on 5 key indicators that promote these outcomes. It also evaluates the outcomes pre and post after each game activity.

Methods

Project Indicators

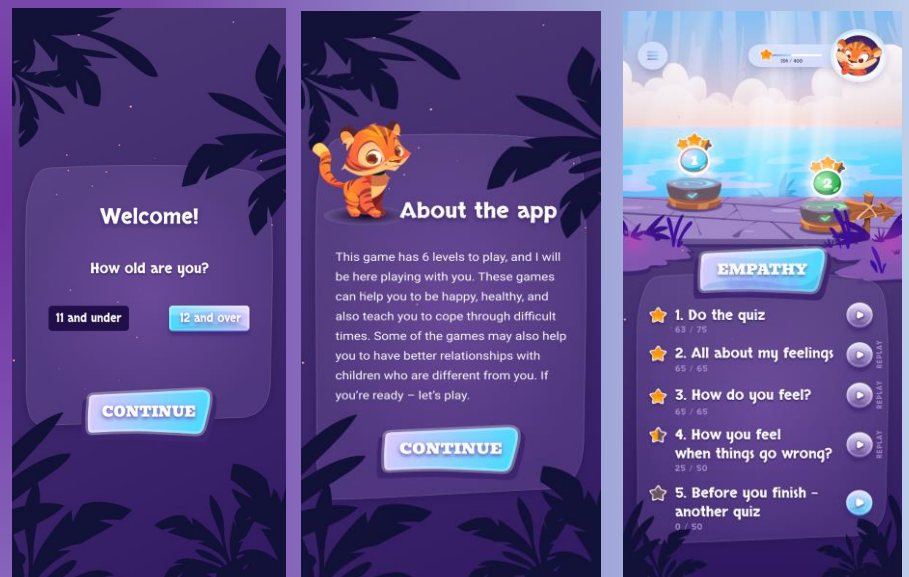
Outcomes are measured against 5 Key Indicators using questionnaires adopted for each.

App Structure and Content

Two versions of the games were developed for ages 11 and under and 12+ years. Each version has 3 challenges to complete for each of the 5 indicators.

Rewards are earned as players move through the games and these rewards move a player up through a 4-stage leader board.

Sample Screens for 11 years and under version



Peacebuilding Through Improved Resilience



App Development Workshops

Feedback was gathered from 6 children and young people's workshops which explored the potential structure and content of the App. All feedback was provided to Fluxguide, Austria who won the tender for the App development.

The app has been available for 90 days and initial data shows...

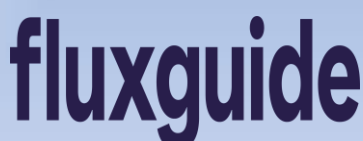
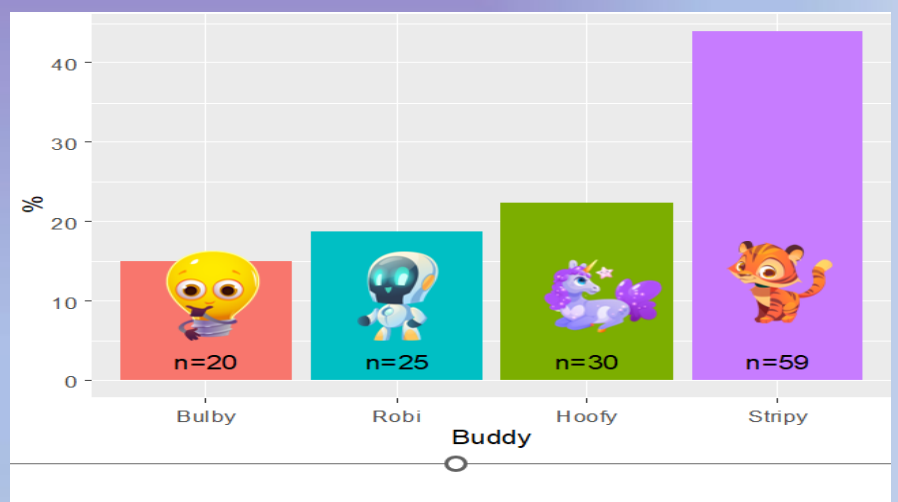
170 users of which 126 have engaged or are currently engaged in the App games. 33%(n=41) were 11 years and under and 67% (n=85) were 12+years. The most popular buddy so far is Stripy – across both ages!

Holistic Gamification Concept

The App includes 6 generic game types which can be used within all 5 indicators.

Using text and images, it includes:

- Single, multiple-choice, and binary questions.
- Drag and drop game (text or images).
- Estimation exercises.
- Simplified Puzzle game.



Contact: OUR Generation Project
Twitter: @ourgeneration
c.ramsey@ulster.ac.uk or t.oneill2@ulster.ac.uk
School of Psychology, Ulster University NI