

Published Abstracts

I regularly present and encourage my PhD researchers to present at both local, national and international scientific conferences to help disseminate my research and get feedback from peers. To-date, these conference presentations and/or posters have resulted in 72 peer-reviewed published abstracts (2009-23).

Forsythe LK, Livingstone MBE, Barnes MS, Horigan G & Wallace JMW (2009) C-reactive protein and body composition in a representative sample of young adults. *Proceedings of the Nutrition Society* **67**(OCE7), E267.

Forsythe LK, Livingstone MBE, Barnes MS, Horigan G & Wallace JMW (2009) Body composition and insulin resistance in a representative sample of young adults. *Obesity Facts* **2**(Suppl.2), 100.

Forsythe LK, Wallace JMW, Barnes MS, Horigan G, Cashman KD, Kiely M, Lucey AJ, Hill TR & Livingstone MBE (2009) Effect of body composition on vitamin D response to supplementation in healthy adults. *Proceedings of the Nutrition Society* **68**(OCE), E127.

Barnes MS, Forsythe LK, Horigan G, Bonham MP, Duffy EM, Hill TR, Lucey AJ, Cashman KD, Kiely M, Strain JJ & Wallace JMW (2009) No effect of vitamin D supplementation on markers of immune function in apparently healthy young adults. *Proceedings of the Nutrition Society* **68**(OCE), E128.

Barnes MS, Forsythe LK, Horigan G, Bonham MP, Duffy EM, Hill TR, Lucey AJ, Cashman KD, Kiely M, Strain JJ & Wallace JMW (2010) No effect of vitamin D supplementation on serum fibrinogen concentrations in adults aged ≥ 64 years. *Proceedings of the Nutrition Society* **69**(OCE3), E319.

Forsythe LK, Livingstone MBE, Barnes MS, Horigan G & Wallace JMW (2010) Indices of body composition as predictors of glucose metabolism and inflammation in healthy young adults. *Obesity Reviews* **11**(Suppl.1), 348.

Kerr SMP, Wallace JMW, Forsythe LK & Livingstone MBE (2010) Relationship between body mass index, waist circumference and blood pressure in apparently healthy males. *Obesity Reviews* **11**(Suppl.1), 349.

Kerr SMP, Wallace JMW, Forsythe LK & Livingstone MBE (2010) Relationship between body mass index, waist circumference and blood pressure in apparently healthy males. *Proceedings of the Nutrition Society* **69**(OCE5), E361.

Forsythe LK, Wallace JMW, Kerr SMP & Livingstone MBE (2010) Bone mineral density in apparently healthy young men aged 18-30 years. *Proceedings of the Nutrition Society* **69**(OCE5), E376.

Forsythe LK, Wallace JMW & Livingstone MBE (2011) Relationships between indices of body composition and a range of metabolic parameters in healthy young men. *Obesity Reviews* **12**(Suppl.1), 201.

Forsythe LK, Wallace JMW, Laird E & Livingstone MBE (2011) Vitamin D status, body composition and physical activity in healthy young men. *Proceedings of the Nutrition Society* **70**(OCE3), E95.

Faulkner GP, Pourshahidi LK, Wallace JMW, Kerr MA, McCrorie TA & Livingstone MBE (2012) Can portion size and energy density estimates be influenced by perceived "healthiness" of foods? *Proceedings of the Nutrition Society* **71**(OCE2), E43.

Magee PJ, Pourshahidi LK, Leech L, McFadden J, Wallace JMW, Conway J, Harney E & Madigan SM (2012) Vitamin D status in elite Irish athletes. *Proceedings of the Nutrition Society* **71**(OCE2), E100.

Pourshahidi LK, Faulkner GP, Kerr MA, McCrorie TA, Wallace JMW & Livingstone MBE (2012) Secular trends in the serving sizes of published UK and Irish recipes. *Proceedings of the Nutrition Society* **71**(OCE2), E175.

Pourshahidi LK, Faulkner GP, Spence M, O'Brien S, Kerr MA, McCrorie TA, Wallace JMW & Livingstone MBE (2012) Raising consumer awareness of portion size distortion on the island of Ireland. *Proceedings of the Nutrition Society* **71**(OCE2), E177.

Carson EL, Livingstone MBE, Pourshahidi LK, McCrorie TA & Wallace JMW (2012) Associations between leptin, adiponectin and body composition in healthy adults. *Proceedings of the Nutrition Society* **71**(OCE2), E187.

- Spence M, Dean M, Pourshahidi LK, O'Brien S & Livingstone MBE (2012) An exploration of consumer barriers to healthy portion control on the island of Ireland. *Proceedings of the Nutrition Society* **71**(OCE2), E212.
- Carson EL, Pourshahidi LK, Boreham CA, Strain JJ & Mulhern MS (2013) Vitamin D and muscle function in adolescents from the Young Hearts study. *Proceedings of the Nutrition Society* **72**(OCE3), E115.
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- Robinson C, Pourshahidi LK, McCarthy H & Kerr MA (2013) Parental awareness of vitamin D for children under five years. *Proceedings of the Nutrition Society* **72**(OCE3), E174.
- Weir RR, Carson EL, Mulhern MS, Strain JJ, Laird E, Healy M & Pourshahidi LK (2014) Validation of a vitamin D food frequency questionnaire using the method of triads. *Nutrients* **6**(7), 2871-2872.
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- Todd JJ, Pourshahidi LK, McSorley EM, Madigan SM, Wallace JMW & Magee PJ (2014) Vitamin D and cathelicidin concentrations in elite Irish athletes. *Proceedings of the Nutrition Society* **73**(OCE2), E90.
- Gilkinson A, Mulhern MS, Burns AA, Weir RR & Pourshahidi LK (2014) Investigation of the sensory characteristics and acceptability of vitamin D₃ fortified semi-skimmed milk. *Proceedings of the Nutrition Society* **73**(OCE2), E96.
- Kearney S, Saunders KJ, Pourshahidi LK, Richardson P & O'Donoghue L (2014) Repeatability of conjunctival ultraviolet autofluorescence measurement. Abstracts. *Ophthalmic and Physiological Optics* **34**(6), 683–695.
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- Carson EL, Pourshahidi LK, O'Kane MJ, Strain JJ & Mulhern MS (2015) Vitamin D status and muscular side-effects in statin users: preliminary findings from a seasonal observation study. *Proceedings of the Nutrition Society* **74**(OCE4), E210.
- O'Kane SM, Pourshahidi LK, Farren KM, Mulhern MS, Strain JJ & Yeates AJ (2015) Knowledge and awareness of iodine nutrition among women of childbearing age. *Proceedings of the Nutrition Society* **74**(OCE4), E260.
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- Todd JJ, McSorley EM, [Pourshahidi LK](#), Madigan SM, Laird E, Weir RR, Healy M & Magee PJ (2016) Lower cathelicidin concentrations in Irish athletes compared to healthy controls: A role for vitamin D? *Medicine and Science in Sports and Exercise* **48**(5 Suppl 1), 341.
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- Yeates AJ, Gilmartin N, O'Kane SM, [Pourshahidi LK](#), Mulhern MS & Strain JJ (2017) The effect of cow's milk consumption on cardiometabolic health in women of childbearing age. *Proceedings of the Nutrition Society* **76**(OCE3), E58.
- Mulhern MS, Boyle S, Burgess HC, Byrne N, McKeown C & [Pourshahidi LK](#) (2017) Knowledge and awareness of the new SACN vitamin D dietary guidelines. *Proceedings of the Nutrition Society* **76**(OCE3), E61.
- Todd JJ, McSorley EM, [Pourshahidi LK](#), Madigan SM, Laird E, Weir RR, Healy M, Livingstone MBE, Beggan C, Beggan L & Magee PJ (2017) Lower cathelicidin concentrations in Irish athletes compared to controls: a role for vitamin D? *Proceedings of the Nutrition Society* **76**(OCE3), E63.
- [Pourshahidi LK](#), Navarini L, Petracco M & Strain JJ (2017) Coffee consumption and cardiometabolic health in UK adults: cross-sectional analysis of the National Diet and Nutrition Survey. *Proceedings of the Nutrition Society* **76**(OCE3), E102.
- [Pourshahidi LK](#), Livingstone MBE, McCotter LE, McCaffrey TA, McCarthy H & Kerr MA (2017) An exploration of parental barriers to appropriate portion sizes for young children: a qualitative study. *Proceedings of the Nutrition Society* **76**(OCE3), E105.
- O'Brien V, Nea F, [Pourshahidi LK](#), Kearney J, Livingstone MBE & Corish CA (2018) An investigation into the lifestyle and dietary characteristics of normal weight versus overweight and obese shift workers on the island of Ireland. *Proceedings of the Nutrition Society* **77**(OCE3), E94.
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- Tagliamonte S, Gill CIR, [Pourshahidi LK](#), Slevin M, Lawther R, O'Connor G, Ferracane R & Vitaglione P (2020) Endocannabinoids and endocannabinoid-like molecules are present in foods, blood and ileal fluids from ileostomy subjects: insight into possible metabolic implications. *Proceedings of the Nutrition Society* **79**(OCE2), E487.
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- Glatt DU, Slevin MM, Beggan L, [Pourshahidi LK](#), McSorley E, Revuelta Iniesta R, McCluskey J, Gleeson N, Cobice DF, Dobbin S & Magee PJ (2021) Vitamin D status in school children in Northern Ireland. *Proceedings of the Nutrition Society* **80**(OCE3), E107.
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