Development of *Ganoderma lucidum* spore powder and antioxidant function

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A new natural proteoglycan from Ganoderma lucidum spore powder (GLSP) was obtained via solvent extraction and optimized using response surface methodology (RSM). The differences among the characteristics of the new proteoglycan from cracked (proteoglycan-C) and uncracked GLSP (proteoglycan-UC) were explored. The SDS-PAGE results showed the molecular weight of protein contained in proteoglycan-UC (55, 72, 95 kDa) was different to that proteoglycan-C (43, 95 kDa). The differences of these amino acids (Glu, Arg, Leu and Lys) content and monosaccharides (Fuc, Gal, Glc, Man and Gal-AC) content between proteoglycan-C and proteoglycan-UC were determined by HPLC/ ion chromatography. The 2,2′-azino-bis (3-ethylbenzthiazoline-6-sulphonic acid) (ABTS) and 1,1-Diphenyl-2-picrylhydrazyl (DPPH) radical scavenging activities of proteoglycan-C were higher than that proteoglycan-UC. The proteoglycan-UC exhibited stronger hypoglycemic and antibacterial effects against E. coli and S. aureus, and the proteoglycan-C and proteoglycan-UC showed antitumor effects with potential for therapeutic applications.

**Keywords:** proteoglycan; *Ganoderma lucidum* spore powder; hypoglycemic; antibacterial; antitumor.
In recent years, special attention has been paid to natural products due to the prominent effects and minor side effects of the products in prevention and alleviation of cancer, hypertension and diabetes [1]. For example, Lentinan, a polysaccharide obtained from the stipe portion of *Lentinus edodes* mushroom, revealed anticancer activities against human colon cancer [2]. In addition, the proteoglycan obtained from *Ganoderma lucidum* (*G. lucidum*) fruiting bodies has demonstrated protective effects on the kidneys and amelioration of diabetic nephropathy [3]. *G. lucidum* is a well-known traditional Chinese medicine herb that has been used to promote health and longevity for several thousands of years [4]. During the past few decades, applications of *G. lucidum* have been explored and include alleviating symptoms of asthma [5], promoting wound healing [6], as antitumor agents [7] and also as an oral multidrug [8, 9]. Among the bioactive ingredients, the proteoglycans and polysaccharides have shown important roles in medicinal potencies [10]. The proteoglycan is a kind of glycoprotein consisting of a core protein linked to one or more glycosaminoglycan chains via covalent bonding [11], and shows efficient hypoglycemic activity in vitro [12] as well as excellent anti-herpetic activities against type 1 and type 2 herpes simplex virus has been revealed [13]. This suggests the polysaccharides presence during the extraction of protein is advantageous with regards to the bioactive effects of the proteoglycan.
firstly confirmed. The differences between physicochemical properties, amino acid, and monosaccharide in cracked GLSP and uncracked GLSP were then explored through Fourier transform infrared spectroscopy (FTIR), High Performance Liquid Chromatography (HPLC) and ion chromatography. Subsequently, the antioxidant, antitumor and antibacterial effects of proteoglycan from cracked and uncracked GLSP were compared. In consideration of the widespread applications of proteoglycans and G. lucidum, the results in this study may broaden the source of proteoglycans and application of GLSP.

2. Materials and methods

2.1 Materials

GLSP (cracked and uncracked wall) was offered by TianHe Agricultural Group (ZheJiang LongQuan, China). Sodium hydroxide (troche), ammonium sulfate (powder), methanol, absolute ethanol and hydrochloric acid were purchased from Sinopharm Chemical Reagent Co., Ltd (Shanghai, China). Fetal bovine serum (FBS) was purchased from Sijiqin (Sijiqin, Hangzhou, zhejiang, China), Dulbecco’s modified eagle’s medium (DMEM) was purchased from Gibico (Gibco, USA) and deionized water (DI) were offered by the Millipore Milli-Q Reference ultrapure water purifier.
electrophoresis (SDS-PAGE) Gel Quick Preparation Kit were offered by Shanghai Beyotime biotechnology Co., Ltd (Shanghai, China). Violet red bile agar, baird-parker agar base, adding egg-yolk tellurite emulsion, nutrient broth, 7.5% sodium chloride broth were from Qingdao Hope Bio-Technology Co., Ltd (Shandong, China). Universal indicator paper (pH 1-14, Shanghai SSS reagent Co., Ltd). All chemicals were analytical grade with no further purification before experimentation.

2.2 Extraction of proteoglycan

The proteoglycan was obtained using conventional water extraction via a water bath (DZKW-D-4, Suzhou Jiangdong precise instrument Co., Ltd, Suzhou, China). Approximately 1g of dried GLSP (uncracked) was dispersed with DI water according to a predetermined solid-to-liquid ratio, and then kept in the water bath at the predetermined temperature for predetermined time. The mixture was then centrifuged at 8000 rpm, at 4 ℃ for 30 min using Centrifuge 5810 R (Eppendorf, Germany), according the method in previous work [14]. The supernatant was collected and concentrated using Rotavapor (RE-52A, Shanghai, China) at -0.09 MPa and 55 ℃ to one-tenth of the volume. Ammonium sulfate was introduced to the concentrated mixture until saturation. NaOH was introduced to achieve a neutral pH and left to stand
The proteoglycan content was measured using the Bradford method via a Bio-Rad protein assay reagent (Bio-Rad, USA). Since proteoglycan is similar to glycoprotein and there is no single standard for proteoglycan, BSA was used as a standard protein. Absorbance of BSA was examined at 595 nm using UV spectrophotometer (UV-2600, Shimadzu, Japan). The standard curve of concentration-absorbance was plotted (in Fig. S1), and fitting equation is shown in Eq. (1):

\[ y = 9.1755x + 0.011 \]  \hspace{1cm} (1)

where, \( y \) was the absorbance, \( x \) was the concentration (mg/mL).

Box-behnken design was used to optimize the extraction parameters according to the results from response surface methodology (RSM) (Design-Expert 8.0.6 Trial, StatEase, Inc. USA). Four three-level independent variables (Table S1) were selected based on the single factorial assays.

2.3 Molecular weight determination of protein

The protein molecular weight was determined using Sodium Dodecyl Sulfate Polyacrylamide Gel electrophoresis (SDS-PAGE) [16]. Each sample (20 µL, 10 mg/mL) was determined in SDS-PAGE with a 6% resolving gel and a 5% stacking gel (SDS-PAGE Gel Quick Preparation Kit). The operation was performed at 100 V through stacking gel followed by 120 V to the end of resolving gel using Power Pac™ Basic Power Supply (E1100, Bio-Rad, USA).
The proteoglycans were determined using Fourier transform infrared (FT-IR) spectroscopy (IR Affinity 1, Shimadzu, Japan). The samples were grounded with KBr powder and then pressed into pellet using powder compressing machine (FW-4A, Tianjin TUOPU instrument Co., Ltd, Tianjin, China) under the pressure ~14 MPa for 2 min, and getting the spectrum with 20 scans at a resolution of 4 cm\(^{-1}\) (4000–400 cm\(^{-1}\)).

2.5 Amino acid and monosaccharide composition of proteoglycan

The amino acid content of the protein was determined using a High Performance Liquid Chromatography system (HPLC, UitMate 3000, Thermo-Fisher Scientific, USA), which was equipped with a DAD-3000 (RS) fluorescence detector. The analyte was separated using an analytical column ZORBAX Eclipse-AAA (4.6 mm×150 mm, Agilent ZORBAX Eclipse, Agilent Technology, USA). The mobile phase consisted of Na\(_2\)HPO\(_4\) (pH 7.8) with a concentration of 40 mM and acetonitrile-methanol-DI (45: 45: 10, v/v/v).

The monosaccharide was detected using an ion chromatograph system (Dionex ICS-5000, Thermo-Fisher Scientific Dionex, USA) combining a chromatographic guard column (3 mm×50mm, Dionex Carbo PAC\(^\text{TM}\) PA20) and anion exchange column (3 mm×250 mm, Dionex Carbo PAC\(^\text{TM}\) PA20). The ICS-5000 electrochemical detector was equipped with Au working electrode and Ag/AgCl composite reference electrode.
The ABTS radical scavenging activity was determined using a total antioxidant capacity assay kit. In brief, the ABTS radical solution and trolox standard solution with various concentrations (0.1, 0.2, 0.4, 0.6, 0.8, 1.0 mM) were prepared according to manufacturer instructions. Peroxidase stock solution was added to a 96-well plate (20 µL/well). DI water was used as blank control, trolox standard solution was added for the positive control and sample solution was added for the sample group (10 µL/well).

Following that, ABTS radical solution was added (170 µL/well) and the plate was cultured for 6 minutes at 25°C. The absorbance was measured at 414 nm using SpectraMax 190 microplate reader (NanoDrop, USA). The antioxidant activity of sample was shown as Trolox equivalent antioxidant capacity (TEAC) and calculated as Eq. (2), according to previous works [14, 17]:

\[
\text{TEAC (mM Trolox/ mg protein of sample)} = \frac{A_s - A_b}{A_p} \times \frac{1}{mX}
\]  

Where, the \(A_s\) is the absorbance of sample; the \(A_b\) is the absorbance of blank control; the \(m\) is slope of a plot between antioxidant capacity and mM Trolox; the \(X\) is mg protein of sample.

The DPPH radical scavenging activity was measured using the previous method of Yang et al. [18]. Using DI water and ethanol to dissolve proteoglycan and DPPH, to the final concentration of 100 µg/mL and 0.2 mM, respectively. Mixing 1 mL sample solution with 2 mL DPPH solution, then incubating for 20 min at 25°C after being blended. Determining the solution absorbance using microplate reader at 517 nm.
DPPH radical scavenging activity (%) = \[1 - (A_s - A_c)/A_b\]×100\%  \hspace{1cm} (3)

Where, the \(A_s\) is the absorbance of sample solution; the \(A_c\) is the absorbance of control, which the DPPH was replaced by ethanol in equal volume; the \(A_b\) is the absorbance of blank, which the sample solution was replaced by DI water in equal volume.

2.7 Hypoglycemic activity assay in vitro

2.7.1 Hypoglycemic effect on normal HepG2 cells

HepG2 (human hepatocellular liver carcinoma) cells (ca. \(1.4\times10^5\) cells/mL) were cultured in DMEM supplemented with 10% FBS and 1% penicillin-streptomycin in cell culture dishes (diameter, \(\Phi = 6\) cm) under standard conditions (37 °C, 5% CO\(_2\)) for 48 h. Then, pipetted cell suspensions into a 96-well plate (100 µL/well) and incubated in serum-free DMEM at standard conditions for 12 h. Following this, cells for blank control were incubated in serum-free DMEM, and cells for positive control were incubated in serum-free DMEM supplemented with metformin (1×10^{-3} mol/L). The treatment groups were incubated in serum-free DMEM supplemented with various concentrations of proteoglycan (0.1, 1, 10 mg/mL). After being incubated 24 h, measuring the glucose content of supernatant of media using Micro Blood Sugar Content Assay Kit.
HepG2 cells (ca. $1.4 \times 10^5$ cells/mL) were seeded into a 12-well plate for 24 h in serum-
free DMEM. The cells were then treated with serum-free DMEM with insulin ($1 \times 10^{-7}$
mol/L) for 1 h. Subsequently, the cells were incubated in serum-free DMEM with
metformin ($1 \times 10^{-3}$ mol/L) or various concentrations of proteoglycan (1, 5, 10 mg/mL)
for 24 h. Finally, the glucose content of supernatant of media was measured by using
UV-Vis.

2.8 Antitumor activities assay in vitro

2.8.1 Cell viability assay

The antitumor effects of proteoglycan on tumor cell lines were determined using
CCK-8 (cell counting Kit-8 reagent, Dojindo Laboratories, Kumamoto, Japan) assay
[20]. In brief, HeLa cell suspension (ca. $1.4 \times 10^5$ cells/mL) was obtained after being
cultured in DMEM supplemented with 10% FBS and 1% penicillin-streptomycin in cell
culture dishes ($\Phi = 6$ cm) under standard conditions for 48 h. 100 µL cell suspensions
were pipetted into a 96-well plate and incubated at standard conditions for 24 h. For
treatment group, 100 µL each well of proteoglycan solution was added after being
disinfected using UV radiation for 4 h; and 100 µL medium was added to the control.
After being cultured for 24 h, the cells were added 10 µL CCK-8 solution and the
Cell viability (% of untreated cells) = \[\frac{(A_s - A_b)}{(A_c - A_b)} \times 100\%\].

Where, \(A_s\), \(A_c\) and \(A_b\) is the absorbance of treatment group, control group and blank group, respectively.

2.8.2 AO/EB staining

HeLa cells were stained using AO/EB dye mixture. In brief, cell suspension (\(1.4 \times 10^5\) cells/mL) were seeded into a 6-well plate. After being incubated 24 h for adherence, the cells were treated with proteoglycan solution with various concentrations (1 or 5 mg/mL) for another 48 h. 20 \(\mu\)L of AO/EB dye mixture (100\(\mu\)g/mL EB and 100 \(\mu\)g/mL AO) into the 6-well plate and left to stand for 30 min at 37°C. The plate was analyzed using fluorescence microscopy (Olympus, BX61W1-FV1000, Tokyo, Japan).

2.9 Antibacterial activity assay

The antibacterial effects of proteoglycan on \(E.\ coli\) (NW1014 (8099), Nanjing Maojie Microbiology Technology Co., Ltd, Jiangsu, China) and \(S.\ aureus\) (CMCC(B)26003, Shanghai Luwei Microbial SCI. & TECH. Co., Ltd, China) was studied using the method [22]. Pressing proteoglycan powder (ca. 100 mg) to a disk by the powder compressing machine. Coating 0.2 mL (\(1.2 \times 10^6\) CFU/mL) inoculums of \(E.\ coli\) and \(S.\ aureus\) on violet red bile agar and baird-parker agar base plates adding egg-yolk tellurite emulsion, respectively. Then, put the agar plate (\(\Phi\approx 3\) cm) in biochemical incubator (SHP-080 Biochemical Incubator, Shanghai Jinghong Laboratory Instrument Co., Ltd., Shanghai, China).
Meanwhile, 0.01 mL (ca. $1.2 \times 10^6$ CFU/mL) inoculum of *E. coli* and *S. aureus* was added into 100 mL nutrient broth and 7.5% sodium chloride broth respectively, and then incubated in the biochemical incubator at 37°C for 24 h. After that, using 25 µg/mL FDA and PI to stain the bacteria for 20 min at 25°C and was kept away from light. The fluorescence value was measured using a fluorescence microplate reader (FlexStation II, NanoDrop, USA), and the fluorescence value was calculated using previous method [22].

### 2.10 Statistical analysis

All experiments were performed in triplicate and data is given as mean ± standard deviation (n=3). Statistical analysis was performed using SPSS software (SPSS Statistics v18, IBM, UK). The one-way analysis of variance (ANOVA) were revealed using RSM (Design-Expert 8.0.6 Trial, Stat-Ease, Inc., USA). All the statistical plots were plotted using Origin software (OriginLab, USA).

### 3. Results and discussion

#### 3.1 Optimization of the proteoglycan extraction

This study of controlling parameters (e.g. time, temperature, extraction times, solid-liquid ratio and pH value) have showed significant effects on the protein yields [23]. Here, we evaluated the proteoglycan extraction efficiency from crude protein content...
Based on the single-factor experiments results (Fig. S2) and feasibility, three-level (-1, 0, 1) four-factor (Table S1) was selected to evaluate the main experimental effects on yields. The experimental data and results are shown in Table S2. Then, the regression equation was obtained according to the results of ANOVA:

\[
Y = 3.93 + 0.027 \times A - 0.044 \times B + 0.044 \times C + 0.12 \times D - 0.20 \times A \times B + 0.099 \times A \times C + 0.079 \times A \times D - 0.12 \times B \times C + 4.75 \times B \times D \times 10^{-3} - 0.24 \times C \times D - 0.63 \times A^2 - 0.78 \times B^2 - 0.94 \times C^2 - 0.88 \times D^2
\]

(5)

where, \( Y \) is the proteoglycan yield (%) in the resultant product probably; \( A, B, C \) and \( D \) was the solid-liquid ratio, time, temperature and pH value, respectively.

The RSM results (Fig. 1 & Fig. S3) revealed the interactions among the experimental parameters. As the results shown (Table S3), the fitting model F-value was 3.23 and p-value was 0.024 (< 0.05), which revealed the quadratic model was significant. The linear coefficients (\( A, B, C, D \)), cross product coefficients (\( AB, AC, AD, BC, BD, CD \)) were found insignificant (\( p > 0.05 \)), whereas the quadratic coefficients (\( A^2, B^2, C^2, D^2 \)) exhibited significant effect (\( p < 0.05 \)). The significant order priority of the four factors on the result was pH value > time = temperature > solid-liquid ratio, which confirmed the fact that the little longer extraction time [24] with appropriate temperature [25], and neutral pH [26] may be improved protein extraction.

After calculations, the predictive maximum protein yield (4.525%) was obtained on the optimizing parameters: 1:40 (g: mL), 2.93 h, 35.19 ℃ and 10.07 (pH value). For feasibility, the actual extraction conditions were modified as follows:
optimizing extraction parameters of proteoglycan.

Then, the difference in physicochemical properties, amino acid, and monosaccharide content of the proteoglycan from cracked well GLSP (proteoglycan-C) and uncracked well GLSP (proteoglycan-UC) were explored through FTIR, HPLC and Ion chromatography. Following that, the antioxidant, antitumor and antibacterial effects of proteoglycan-C and proteoglycan-UC were compared.

3.2 FT-IR analysis

FT-IR is frequently used to analyze functional groups of a compound [27-29]. The FT-IR spectra of proteoglycan-C and proteoglycan-UC are presented in Fig. 2a. The peaks at 1527 and 1664 cm⁻¹ were due to the presence of amide II and amide I respectively, which revealed the isolated compound contained protein fractions [30]. The signals at 2920, 2850, 1478, 1160, 1078 cm⁻¹ were attributed to the presence of pyranose ring [31]. Moreover, the absorption peaks around 2920, 1620 and 1400cm⁻¹ were the characteristic absorption peaks of polysaccharide [32] due to C-H and –COOH groups, respectively [24]. The FT-IR results confirmed that the isolated proteoglycan was a polysaccharide and protein complex. Also, there were no obvious differences in the functional group between the proteoglycan from cracked and uncracked GLSP; just
stained using Coomassie brilliant blue, which revealed the protein was a non-
monomeric protein. Comparing with standard protein molecular weight marker (lane
1), the molecular weight of protein in proteoglycan-C (lane 2-4) was 43 and 95 kDa;
and the protein contained in proteoglycan-UC (lane 5-7) possessed molecular weight
as follows: 55, 72 and 95 kDa. The band width of protein with molecular weight 95
kDa of proteoglycan-UC (lanes 5-7) is wider than that of proteoglycan-C (lanes 2-4),
which indicates proteoglycan-UC contains a higher protein content than proteoglycan-
C. The protein obtained in this work was consistent with the protein with molecular
range 12 to 150 kDa from *Ganoderma boninense* [33].

### 3.4 Amino acid content and constitution of polysaccharide

The amino acid content of proteoglycan was determined using HPLC (Fig. 3a & b).
The content of amino acids (e.g. Asp, Glu, Lys) were calculated (Table S4). The Arg
content of proteoglycan-UC (10.74%) was did not appeared in proteoglycan-C; the
content of Lys in proteoglycan-C (6.32%) was not detected in proteoglycan-UC. The
Asn and Gln were not detected in proteoglycan-C and proteoglycan-UC.

The monosaccharide contained in proteoglycan was determined using Ion
chromatograph system. The results (Fig. 3c & d) revealed the presence of several kinds
of monosaccharides such as Fuc, Gal, and Gal-AC in resulting proteoglycan.
monosaccharides were measured (Table S5). The Ara and Gal-AC content of proteoglycan-UC was 0.125 µg/mg and n.a., respectively, but did not appear in proteoglycan-C. Besides, the Glc and Man contents of proteoglycan-UC (524.281, 6.386 µg/mg, respectively) were more than twice of that proteoglycan-C (247.959, 2.667 µg/mg, respectively). While the Fuc and Gal content of proteoglycan-UC was 1.186 µg/mg and 7.421 µg/mg respectively, higher content was found in proteoglycan-C (3.308 µg/mg and 13.320 µg/mg, respectively). The Xyl, Fru, Rib and Glc-AC were not detected in proteoglycan-C and proteoglycan-UC. The results confirmed that the effect of GLSP (cracked or uncracked) on the monosaccharide content was significant. Differences in amino acid and monosaccharide content of proteoglycan between cracked and uncracked wall GLSP may be attributed to two main causes. The first is oxidation reactions which occur in cracked wall GLSP. Secondly, Maillard reaction between monosaccharides and amino acids influence ion chromatography detection. The latter can also occur (and impact) during ion chromatography experimental conditions [34].

3.5 Free radical scavenging activity

The scavenging effect of ABTS was expressed as Trolox equivalent antioxidant capacity (TEAC), as shown in Fig. 4. The ABTS scavenging activity of proteoglycan-C and proteoglycan-UC (1 mg/mL) was 73.3±6.7% and 47.2±5.9%, respectively while the DPPH scavenging of proteoglycan-C and proteoglycan-UC (1 mg/mL) was 90.6±8.5% and 72.6±3.7%, respectively.
The scavenging effects of ABTS and DPPH radicals confirmed the antioxidant activities of the resulting proteoglycan. The radical scavenging value of proteoglycan-C was higher than that of proteoglycan-UC, which was the same for both ABTS and DPPH test. The differences among these amino acid contents might be the key causes responsible for the antioxidant activities differences of the proteoglycans as the peptides contained in the amino acids (His, Phe and Pro) (Tables S4 & S5) have shown antioxidant activity [35].

3.6 Hypoglycemic activity in vitro

Metformin is used for the treatment of type 2 diabetes, and is a commercially available hypoglycemic drug [36]. Numerous studies have used this drug to demonstrate hypoglycemic activity, typically as a positive control when examining hypoglycemic effects between various treatment groups. Therefore, metformin was selected to compare hypoglycemic activity of proteoglycan in the current work. The glucose concentration of the supernatant of media after being cultured for 24 h indicated the capacity of glucose consumption of HepG2 cell. The hypoglycemic potency of proteoglycan on normal HepG2 cells is shown in Fig. 5a. The glucose concentration in the proteoglycan treatment (10 mg/mL) was comparable with the metformin treatment group (10^{-3} \text{ mol/L}). Differences in hypoglycemic effect on normal HepG2 cells between treatment and control groups was not significant. This may be due to normal HepG2
proteoglycan-C was stronger than proteoglycan-UC, and indicates proteoglycan-UC (concentration of 10 mg/mL) exhibits a similar hypoglycemic effect as metformin at a concentration of 10⁻³ mol/L on normal HeG2 cells.

The hypoglycemic effect of proteoglycan on insulin-induced insulin resistance type HepG2 cells, which used to imitate T2DM patients [12] is shown in Fig. 5b. The glucose concentration in insulin treatment group (10.91 ± 0.56 mM) was comparable with that of control (10.92±0.18 mM), indicating that the insulin-induced insulin resistance type HepG2 cells were constructed successfully. Comparing with control, the hypoglycemic effect of resulting proteoglycan-C and proteoglycan-UC on insulin resistance type HepG2 cells were obvious, for the P- < 0.05 (p-value was 0.03 and 0.02, respectively). Furthermore, the glucose concentration treated by proteoglycan-C was little lower than that of proteoglycan-UC.

The mechanism under the hypoglycemic effect of the proteoglycan is most likely an interaction between proteoglycan and protein tyrosine phosphatase 1B (PTP1B), which was inhibited via interactions between the carboxyl groups of Asp and Glu and Tyr20, Arg24 and Arg254 active sites of PTP1B [37]. Thus, the differences of Asp and Glu content (Table S4) in proteoglycan-C and proteoglycan-UC were the major causes for the difference in hypoglycemic activity.
antitumor activity in vitro [16, 38]. As shown in Fig. 6a, the HeLa cell viability decreased as treatment dose and time increases. When HeLa cells were treated with 0.5 or 1.0 mg/mL of proteoglycan-C for 12 h, the cell viability was 95.2 ± 1.5% and 72.5 ± 1.9%, respectively, and decreased further (to 69.9 ± 2.6% and 62.3 ± 0.9%) at the treatment of 48 h. The result of proteoglycan-UC on the cell viability was 90.3 ± 0.9% and 78.2 ± 5.3% for 0.5 or 1.0 mg/mL for 12 h, respectively, and then decreased to 69.1±1.0% and 58.2 ± 0.9% when treated for 48 h, respectively.

The antitumor effect can be visualized via AO/EB dual staining results (Fig. 6). The blank control (Fig. 6b) presented bright green with slight orange fluorescence, indicating most vital cells. At the treatment of proteoglycan-C or proteoglycan-UC (1.0 mg/mL) (Fig. 6b1 & c1), the green fluorescence was weaker and orange fluorescence was brighter, while little less orange fluorescence showed with lower concentration (0.5 mg/mL) treatment (Fig. 6b2 & c2). This indicates the number of viable cells was less than that of the control and the number of necrotic cells had increased; consistent with previously reported studies [39]. The results confirmed the antitumor activity of proteoglycan, which probably due to the polysaccharide fraction in proteoglycan can stimulate the immune system [40] or suppress the cell growth by inhibiting the activity of Akt and transcription factors AP-1 and nuclear factor-kappa B (NF-κB) [41].
The antibacterial properties of the resulting proteoglycan were tested against *E. coli* 411 (G-) and *S. aureus* (G+), which were quantified using FDA/PI staining method [22]. Compared to control, the proportion of viable cells for *E. coli* decreased to 89.6 ± 9.9% and the necrotic cells proportion increased to 112.5 ± 9.1% (Fig. 7a) at the treatment of proteoglycan-C (1mg/mL). The proportion of viable and necrotic cells of was 93.6 ± 9.2% and 107.5 ± 3.9% respectively when *E. coli* was treated with proteoglycan-UC (1mg/mL). For *S. aureus* (Fig. 7b), at the treatment of proteoglycan-C (1 mg/mL), the proportion of viable and necrotic cells was 90.8 ± 8.7% and 124.9 ± 6.5% respectively. The same treatment of proteoglycan-UC induced the proportion of viable and necrotic cells was 97.5 ± 5.4% and 108.4 ± 7.1% respectively. Thus, these results indicate the antibacterial activities against *E. coli* and *S. aureus* of proteoglycan-UC were stronger than proteoglycan-C.

The antibacterial properties can be visualized using disk diffusion method [42]. Figs. 7 c1-d2 presents a clear inhibition zone with agar plates coated with *E. coli* and *S. aureus*. The diameter of inhibition zone for *S. aureus* is larger than that for *E. coli* (Table 1). The difference in activity is attributed to the bacterial cell type. *S. aureus* is Gram-positive bacteria and restricting entry of nutrients into cells leads to death. *E. coli* is Gram-negative bacteria and an increase in cell permeability results in death [43]. This is the same case for both proteoglycan-C and proteoglycan-UC, which was consistent with previous works [44]. The probable mechanism was that binding of polysaccharides
4. Conclusion

In summary, the proteoglycan from GLSP was obtained using conventional water extraction. The extraction parameters were optimized through RSM results. The results revealed that the proteoglycan obtained from cracked and uncracked GLSP differed its characteristics with respect to molecular weight, amino acid content, monosaccharide content and antibacterial activity. The proteoglycan-C (from cracked GLSP) possessed smaller molecular weight, higher content amino acid of Lys and monosaccharide of Gal comparing with that proteoglycan-UC (from uncracked GLSP). Moreover, the proteoglycan-UC contained higher content amino acids of Arg, Glc, monosaccharide of Man, and revealed stronger antibacterial effects against *E. coli* and *S. aureus* and stronger hypoglycemic effect in vitro than that of proteoglycan-C. Meanwhile, the proteoglycan-C exhibited stronger scavenging effects against ABTS and DPPH radicals. The antitumor effects against HeLa cells of proteoglycan-C were similar to that of proteoglycan-UC. Overall, the obtained results regarding antioxidant, hypoglycemic, antitumor and antibacterial activity revealed that the resulting proteoglycan from GLSP is useful as a functional additive as well as a potential candidate for a therapeutic agent.
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**Competing interests**

There are no conflicts of interests to declare.


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Table 1. Inhibition zone obtained using agar plates method against *E. coli* and *S. aureus*.

Fig. 1. Contour plots (2D) for response surface plots results: a-f corresponding to temperature and time, pH and temperature, pH and time, time and solid-to-liquid ratio, pH and solid-to-liquid ratio, and temperature and solid-to-liquid ratio, respectively.

Fig. 2. FT-IR spectroscopy of proteoglycan (a) and SDS-PAGE of crude protein contained in proteoglycan (b): lane 1, molecular weight markers; lane 2-4, proteoglycan-C in triplicate; lane 5-7, proteoglycan-UC in triplicate.

Fig. 3. Amino acids content of proteoglycan-UC (a) and proteoglycan-C (b); monosaccharides content of proteoglycan-UC (c) and proteoglycan-C (d).

Fig. 4. The antioxidant effects of proteoglycan-C and proteoglycan-UC.

Fig. 5. The hypoglycemic capacity against normal HepG2 cells (a) and insulin resistance type HepG2 cells (b) of proteoglycan.

Fig. 6. Effects of proteoglycan on HeLa cell viability using CCK-8 assay (a); Fluorescent images of HeLa cells morphology of blank control group (b) and treated with proteoglycan-C of 1.0 mg/mL (b1), 0.5 mg/mL (b2) and proteoglycan-UC of 1.0 mg/mL (c1), 0.5 mg/mL (c2).

Fig. 7. Effects of proteoglycan on HeLa cell viability using CCK-8 assay (a); and on proliferation of *E. coli* (a) and *S. aureus* (b); inhibition zone results of proteoglycan-UC (c1, d1) and proteoglycan-C (c2, d2) against *E. coli* (c1, c2) and *S. aureus* (d1, d2).
<table>
<thead>
<tr>
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<th>Proteoglycan-UC</th>
<th>Proteoglycan-C</th>
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<tr>
<td><strong>S. aureus</strong></td>
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Inhibition zone diameter (Φ, mm)
Fig. 1
Fig. 2
Fig. 3.
Fig. 4

Fig. 5
Fig. 6
Fig. 7