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Tambuwalla, M. M. (2019). Antibacterial and antioxidant potential of biosynthesized copper nanoparticles mediated through *Cissus arnotiana* plant extract. *JOURNAL OF PHOTOCHEMISTRY AND PHOTOBIOLOGY B-BIOLOGY*, 197, [111531]. <https://doi.org/10.1016/j.jphotobiol.2019.111531>, <https://doi.org/10.1016/j.jphotobiol.2019.111531>

[Link to publication record in Ulster University Research Portal](#)

Published in:
JOURNAL OF PHOTOCHEMISTRY AND PHOTOBIOLOGY B-BIOLOGY

Publication Status:
Published (in print/issue): 31/08/2019

DOI:
[10.1016/j.jphotobiol.2019.111531](https://doi.org/10.1016/j.jphotobiol.2019.111531)
<https://doi.org/10.1016/j.jphotobiol.2019.111531>

Document Version
Author Accepted version

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Accepted Manuscript

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PII: S1011-1344(19)30521-4

DOI: <https://doi.org/10.1016/j.jphotobiol.2019.111531>

Article Number: 111531

Reference: JPB 111531

To appear in: *Journal of Photochemistry & Photobiology, B: Biology*

Received date: 29 April 2019

Revised date: 29 May 2019

Accepted date: 5 June 2019

Please cite this article as: S. Rajeshkumar, S. Menon, S. Venkat Kumar, et al., Antibacterial and antioxidant potential of biosynthesized copper nanoparticles mediated through *Cissus arnotiana* plant extract, *Journal of Photochemistry & Photobiology, B: Biology*, <https://doi.org/10.1016/j.jphotobiol.2019.111531>

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Antibacterial and antioxidant potential of biosynthesized copper nanoparticles mediated through *Cissus arnotiana* plant extract

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Abstract

Environment friendly methods for the synthesis of copper nanoparticles have become a valuable trend in the current scenario. The utilization of phytochemicals from plant extracts has become a unique technology for the synthesis of nanoparticles, as they possess dual nature of reducing and capping agents to the nanoparticles. In the present investigation we have synthesized copper nanoparticles (CuNPs) using a rare medicinal plant *Cissus arnotiana* and evaluated their antibacterial activity against gram negative and gram positive bacteria. The morphology and characterization of the synthesized CuNPs were studied and done using UV-Visible spectroscopy at a wavelength range of 350-380nm. XRD studies were performed for analyzing the crystalline nature; SEM and TEM for evaluating the spherical shape within the size range of 60-90nm and AFM was performed to check the surface roughness. The biosynthesized CuNPs showed better antibacterial activity against the gram-negative bacteria, *E. coli* with an inhibition zone of 22.20 ± 0.16 mm at 75 µg/ml. The antioxidant property observed was comparatively equal with the standard antioxidant agent ascorbic acid at a maximum concentration of 40 µg/ ml. This is the first study reported on *C. arnotiana* mediated biosynthesis of copper nanoparticles, where we believe that the findings can pave way for a new direction in the field of nanotechnology and nanomedicine where there is a significant potential for antibacterial and antioxidant activities. We predict that, these could lead to an exponential increase in the field of biomedical applications, with the utilization of green synthesized CuNPs, due to its remarkable properties. The highest antibacterial property was observed with gram-negative strains mainly, *E. coli*, due to its thin peptidoglycan layer and electrostatic interactions between the bacterial cell wall and CuNPs surfaces. Hence, CuNPs can be potent therapeutic agents in several biomedical applications, which are yet to be explored in the near future.

Keywords: Copper nanoparticles; DPPH Assay; Antibacterial activity; Morphology evaluation; peptidoglycan layer; electrostatic interactions; therapeutic applications

1. Introduction

Copper is a chemical substance with the nuclear number 29. It is a soft, mouldable and bendable substance in nature, which also has high thermal and electrical conductivities [1]. Among the different transition metals under examination, copper nanoparticles are more affordable when contrasted with similar other metals, for example; platinum, silver and gold

[2]. CuNPs have significant physical and chemical properties [3], optical, catalytic [4], heat transfer [5], magnetic properties [6], high surface area to volume ratio [7] and also biocidal [8] properties. Due to these properties, they are utilized step by step as part of different applications, for example, in gas sensors, catalysis, thermal vitality, batteries and heat transfer fluids to name a few [9-13]. A number of methods are currently being used to prepare CuNPs, which also include sonochemical reduction, thermal reduction, capping agent method, induced radiation, vapour deposition method, laser irradiation and microemulsion techniques [14-19]. But, these methods come with few drawbacks, namely, incurring high maintenance towards the equipments, transferring hazardous chemicals to the environment and also the low availability of resources [20].

Currently, green fabrication of synthetic compounds or materials plays a key part in the betterment of humanity and for the sustainment of nature. 'Green Chemistry' is believed to be a better alternative for the production of non-toxic nanomaterials in contrast to perilous chemical compounds [21-23]. In this perspective, a new approach is developed for the synthesis of CuNPs that are mediated through *Cissus arnotiana* plant extract, without the utilization of any toxic chemicals or reagents.

At low concentrations, copper act as a co-factor for enzymes and metalloproteins. However, at higher concentrations, it causes hazardous effects on microbes and inhibits the bacterial growth effectively. It has been reported that copper enables the substitution of essential ions, the blockage of functional groups of proteins, generation of hydroperoxide free radicals, inactivation of crucial enzymes and modification of membrane integrity [24, 25], thereby working efficiently against microbes.

The focus of current antimicrobial research primarily revolves around developing antimicrobial agents that are cost-effective, focussing on economic healthcare strategies with less burden, and developing stronger antibiotics that are effective against several resistant microbes [26]. The demand in the utilization of natural disinfectants has led scientists to exploit the use of antimicrobial agents like iodine, copper or silver. Among these, copper has seen a significant rise in the usage as an antimicrobial agent. It is further reported that when surfaces contained no less than 55%-70% of copper, it resulted in destroying numerous pathogenic microorganisms. In 2008, the US Environmental Protection Agency (EPA) enlisted about 300 copper containing amalgams as antimicrobial operators that battle effectively against the multiplication of microscopic organisms responsible of dangerous contaminations. Previous reports have suggested that the mechanism behind the antibacterial

activity of copper is due to accumulation of CuNPs, which damage the cell membrane, cytoplasm components, and intracellular enzymes, thereby releasing proteins and ions from the bacterial cells thus, inhibiting its growth [27].

In the present study, CuNPs were synthesized using *Cissus arnotiana* leaf extract; an effortless single step process, without the usage of toxic chemicals or reagents. The biosynthesized CuNPs were then subjected to test the antimicrobial activity against *E. coli*, *Streptococcus sp.*, *Rhizobium sp.* and *Klebsiella sp.*, while the antioxidant property was compared with standard ascorbic acid, by calculating the degree of free radical scavenging activity.

2. Materials and methods

Copper sulphate, DPPH and ascorbic acid were purchased from Sigma Aldrich, India. The plant samples were collected from VIT, Vellore campus garden. The bacterial cultures *Escherichia coli* (MTCC 1687), *Streptococcus sp.* (MTCC 389), *Rhizobium sp.* (MTCC 616) and *Klebsiella sp.* (MTCC 4030) were collected from MTCC India.

2.1 Preparation of plant extract

Fresh leaves were collected from a garden and were thoroughly double washed with running water and then with Mili-Q water. They were then dried under the sun for 5 days. The dried leaves were eventually crushed and powdered. Accurately, 1g of the powder was weighed and was added to 100ml double distilled water, which was then boiled at 70°C for 30min. This allows the phytochemicals present in the powder to get activated. The extract was collected from Whatman filter paper 1, and stored for further use at low temperature.

2.2 Biosynthesis of CuNPs

A measured quantity of 10ml of the extract was added to 90ml of 10mM of copper sulphate and an optimized ratio of 9:1 was maintained. The mixture was kept in the stirrer at room temperature (RT) for 4h. The pellet was collected by centrifugation at 10,000 rpm for 5min and was washed with Double distilled water, followed by ethanol, to remove all the debris and untreated contents. The pure nanoparticle powder was collected by lyophilisation and stored at RT for further use.

2.3 Characterisation of Copper Nanoparticles

The maximum absorbance was measured within the range of 200-600nm [28] using a UV-visible spectrophotometer (ELICO SL 210 UV-Vis spectrophotometer). The diffraction patterns were collected through X-ray diffraction [29], using a Bruker D8 diffractometer, measured at a scanning speed of $4^{\circ} \text{ min}^{-1}$ and a step size of 0.02° . The morphology of the nanoparticles was evaluated with a scanning electron microscope [30], ZEISS (EVO18) Japan 15Kv and a transmission electron microscope [31]. The surface roughness was observed with atomic force microscope [32].

2.4 Antibacterial Activity of CuNPs

Fresh bacterial cultures were prepared, in Hi-Veg broth medium, where 10ul cultures of *E. coli*, *Streptococcus sp.*, *Rhizobium sp.* and *Klebsiella sp.* were inoculated, and incubated for 18h, in a shaker. A nutrient agar medium was prepared and 5 mm wells were made, with different concentrations (25-75 $\mu\text{g/ml}$) of CuNPs added, along with the positive control ampicillin antibiotic disks. The plates were incubated for 18h, at 37°C and the zones of inhibition were measured [33, 34].

2.5 Antioxidant Activity of CuNPs

Hydrogen donating capacity or free radical scavenging by the nanoparticles was evaluated by the DPPH measure, which depends on the reduction of the methanolic coloured radical type of the DPPH to the non-coloured solution. A measured quantity of 0.2mM of DPPH was added to methanol solution, with the concentration of CuNPs at a range of 20-100 $\mu\text{g/ml}$. Ascorbic acid was used as the standard, which was employed to compare with test nanoparticles. The solution was vortexed and incubated for 30min in dark conditions. The absorbances of both test and standard were analyzed at 517nm after the incubation period. The antioxidant activity was calculated by the Equation (1) [35]:

$$\% \text{ Radical scavenging activity} = \frac{\text{Absorbance of the control} - \text{Absorbance of the Test sample}}{\text{Absorbance of the control}} \times 100$$

...Equation (1)

2.6 Statistical Analysis

All the experimental results were performed in triplicate and the results were expressed as mean $\pm$ Standard Deviation (SD) for 4 isolates of each type of bacterium. The calculation was done using Microsoft Excel 2010 software. Origin software was used for drawing the graphs.

Statistical significance between the groups was determined by one-way ANOVA followed by a test for trial trend. A p-value > 0.05 was considered statistically significant.

3. Results and Discussion

3.1 UV –Visible Analysis

The biomolecules from the plant extract were responsible for the reduction of copper sulphate to elemental forms of copper nanoparticles (zero-valent ions). These phytochemicals have the capability of reducing as well as stabilizing the synthesis reaction. The copper (II) sulphate dissolved in water dissociated to give Cu^{2+} and SO_4 . The Cu^{2+} further dissociates to give Cu^0 by reduction action [36] by phytochemicals present in the *Cissus arnotiana* plant, which further aggregates to form nanoparticles from copper nuclei, with reaction time. The maximum absorbance is captured within a range of 350-380nm. As shown in the Fig.1; at the 3rd hour, the maximum absorbance was at 1.1, which dramatically decreased to 0.5 at the 4th hour. This proves the agglomeration of the nanoparticles between the 3rd and 4th hour, which indicates the conclusion of the reaction. The centrifugation of mixture helps in separation of untreated copper sulphate, at 5000 rpm for 7min. The collected pellet was double washed with double distilled water and then with ethanol, to remove all the debris. After various washing stages, the collected pellet was lyophilized and the powder was stored at RT for further usage. SPR (Surface Plasmon Resonance) was used to assay the morphology of the synthesized nanoparticles. The change of colour confirms the formation of CuNPs, which can be detected with the maximum absorbance [37].

3.2 Morphology of Biosynthesized CuNPs using Scanning Electron Microscopy, X-ray Diffraction, Atomic Force Microscopy and Transmission Electron Microscopy

The Fig 2(a); shows the agglomerated CuNPs observed under SEM. The shape was irregular and spherical. The results were further confirmed with TEM, as shown in Fig 2(b). The size range was evaluated using IMAGE J software, where, the average size range of the CuNPs was within 60-90nm, monodispersed and spherical shaped. Similar morphology was observed for CuNPs when synthesized using *Acalypha indica* [38], *Shewanella loihica* PV-4 [39], CuNPs stabilized with L-cysteine [40] and *Thymus vulgaris* L. leaf extract [41]. The XRD peaks are shown in Fig. 2 (c), at '111', '200' and '220' which correspond to crystalline copper nanoparticles, that were indexed to be spherical in shape. Similar results were observed, when compared with fermented fenugreek seeds [42] and also with chitosan clotted

surface modification on CuNPs [43]. The Scherer's formula $d = K\lambda / \beta \cos\theta$ [44]; was applied to calculate the average size of the CuNPs, which was found to be in the range of 56 ± 8 nm. The XRD analysis was conducted in compliance with the JCPDS (Joint Committee on Powder Diffraction Standards). This confirmed the crystalline nature of the CuNPs. The AFM data as shown in Fig. 2(d) demonstrates the surface morphology of the nanoparticles. The white spots indicate the height, while the black indicates the depth.

3.3 Antimicrobial Activity of CuNPs

As shown in Fig. 3; the Zone of Inhibition (ZOI) of CuNPs is demonstrated against bacterial cultures. The zone of inhibition increased with the concentration of CuNPs, therefore, at $75 \mu\text{g/ml}$; the ZOI was the highest at 22.20 ± 0.16 , while the lowest ZOI for *Klebsiella sp.* was 13.16 ± 0.39 at $25 \mu\text{g/ml}$ as shown in Table 1. Similar results were seen, when CuNPs synthesized using glycerol-polyvinyl alcohol [45], polyurethane materials with silver and copper nanoparticles [46], copper based additives [47] and copper-resistant *Bacillus cereus* [48]. The activity was two-fold greater than positive control antibiotics. CuNPs are highly reactive due to the property of high surface area to volume ratio, which permits them to abundantly interact with the cell membrane, and damaging the cellular genetic materials, causing cell death. The reason for the highest interaction with *E. coli* might be attributed to the negative charge present on the cells surface, which causes electrostatic interactions with the positive charges of the CuNPs. The possible mechanism proposed for the antibacterial activity is either endocytosis or direct diffusion. The adhesion of the CuNPs on the bacterial surface depends clearly on surface roughness, electrostatic interactions, chemical composition and hydrophobicity.

Furthermore, the attack of oxy radicals to the outer membrane, RNA, DNA or lipids, causes oxidative stress, resulting in cell death [48]. The gram-negative strains were more sensitive against the action of CuNPs, due to the unique outer layer and single peptidoglycan layer, when compared with gram-positive strains.

3.1 Antioxidant activity of CuNPs

The mechanism behind the antioxidant property is attributed to the inhibition of chain reaction, decomposition of peroxides, binding of transition metal ion catalysts, radical scavenging activity and inhibition of continued hydrogen abstraction. The free radicals present are unstable which cause cellular damage due to the generation of ROS that interact with other molecules in the biochemical reactions. The properties of absorbing, neutralizing

these free radicals or quenching singlet and triplet oxygen are few crucial factors that are responsible for the antioxidant activity [49]. The highest antioxidant activity is attributed due to the presence of various bio-reductive groups of the phytochemicals present on the surface of the CuNPs [50].

According to Fig.4 and Table 2; the radical scavenging property of the CuNPs, when compared with the standard ascorbic acid, is quite similar, the highest % of inhibition is seen at 40µg/ml. During the experiment the presence of CuNPs dissolved in DPPH, the colour changed from deep violet to pale yellow solution, which indicated the scavenging of free radicals is complete [51]. Similar results were seen for CuNPs synthesized using *Persea americana* seeds [52].

4. Conclusion

We have successfully biosynthesized CuNPs using *C. arnotiana* plant extract, which is the first ever study that has been carried out and reported. The use of toxic chemicals was limited in the synthesis process, as the phytochemicals present in the extract were substituted as reducing as well as a stabilizing agent. The characterization of the CuNPs gave knowledge about the morphology, like electron microscopy of SEM and TEM, which suggested the nanoparticles have an average size range of 60-90nm with a spherical shape. The absorption peak was within the range of 350-380nm, while the XRD proved its crystalline nature. The AFM data provided an idea about the surface roughness, which is an important aspect for the bio-adhesion on bacterial surfaces. The characterized CuNPs were then subjected to antibacterial activity against gram negative and gram positive bacterial strains, as well as antioxidant activity, against positive control ascorbic acid. The highest antibacterial property was observed with gram-negative strains, mainly, *E. coli* due to its thin peptidoglycan layer and also due to the electrostatic interactions between the bacterial cell wall and CuNPs surfaces. Hence, CuNPs can be a potent therapeutic agent against many biomedical applications, which could be a potential area that can be explored in future.

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Table 1: Antibacterial activity of CuNPs containing *C. arnotiana* plant extract

Concentration of CuNPs (µg/ml)	<i>E. coli</i>	<i>Streptococcus sp.</i>	<i>Rhizobium sp.</i>	<i>Klebsiella sp.</i>

25	16.20±0.17	15.37±0.79	14.27±0.24	13.16±0.39
50	19.20±0.11	20.59±0.12	16.07±0.25	15.20±0.12
75	22.20±0.16	20.23±0.35	16.33±0.13	18.25±0.12
Ampicillin	6.00±0	6.00±0	6.00±0	6.00±0

±Standard deviation, p-value > 0.05

Table 2: Antioxidant activity of CuNPs biosynthesized using *C. arnotiana* compared with ascorbic acid

Sample concentration (µg/ml)	% radical scavenging activity	
	CuNPs	Ascorbic acid
20	18±1	23±1
40	21±2	22±4
60	20±8	23±7
80	19±6	22±9
100	18±2	23±3

±Standard deviation, p-value > 0.05

Figure 1: UV- Visible spectroscopic data for synthesized CuNPs containing *Cissus arnotiana* plant extract

Figure 2 (a) SEM analysis (b) TEM analysis (c) XRD data and (f) AFM data analysis of CuNPs biosynthesized using *C. arnotiana* plant extract

Figure 3: Zone of inhibition with CuNPs containing *C. arnotiana* plant extract against (a) *Klebsiella* sp. (b) *Rhizobium* sp. (c) *Streptococcus* sp. and (d) *E. coli*

Figure 4: Antioxidant activity of CuNPs when compared with standard Ascorbic acid

Highlights

- To prepare the copper nanoparticles using novel medicinal plant *Cissus arnotiana*
- Characterization of CuNPs by different microscopic techniques
- To evaluate the antioxidant and antibacterial activity

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